



EFFECTIVE: SEPTEMBER 2008 CURRICULUM GUIDELINES

A. Division: **Education** Effective Date: **September 2008**

B. Department / Program Area: **Faculty of Child, Family and Community Studies
Therapeutic Recreation** Revision New Course

If Revision, Section(s) Revised: **F, G, H, K, M, N, O, Q, R**
Date of Previous Revision: **November 2004**
Date of Current Revision: **March 2008**

C: **THRT 4855** D: **Therapeutic Recreation and Recreation Health Promotion: Internship** E: **12**

Subject & Course No.	Descriptive Title	Semester Credits						
<p>F: Calendar Description:</p> <p>The Internship, implemented in partnership between Douglas College and an approved Agency, offers the student the opportunity to apply classroom theory and skills. Supervised by the College faculty and qualified Agency staff, students will plan, develop, implement, monitor and evaluate individual and group programs and projects aimed to provide and promote therapeutic recreation and/or health promotion.</p>								
<p>G: Allocation of Contact Hours to Type of Instruction / Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Seminar Practicum</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <table style="width: 100%;"> <tr> <td>Seminar</td> <td style="text-align: right;">11 Hours/semester</td> </tr> <tr> <td>Practicum</td> <td style="text-align: right;">480 Hours/semester</td> </tr> <tr> <td>Total</td> <td style="text-align: right;">491 Hours/semester</td> </tr> </table> <p>Number of Weeks per Semester:</p> <p>Flexible delivery ranging over 12 to 15 weeks</p>	Seminar	11 Hours/semester	Practicum	480 Hours/semester	Total	491 Hours/semester	<p>H: Course Prerequisites:</p> <p>(THRT 2444 or THRT 2455) and THRT 4701 and THRT 4704 and THRT 3601</p>	
	Seminar	11 Hours/semester						
	Practicum	480 Hours/semester						
	Total	491 Hours/semester						
<p>I: Course Corequisites:</p> <p>NIL</p>								
<p>J: Course for which this Course is a Prerequisite</p> <p>NIL</p>								
<p>K: Maximum Class Size:</p> <p>20</p>								
<p>L: PLEASE INDICATE:</p> <table style="width: 100%;"> <tr> <td style="width: 5%; text-align: center;"><input type="checkbox"/></td> <td>Non-Credit</td> </tr> <tr> <td style="text-align: center;"><input type="checkbox"/></td> <td>College Credit Non-Transfer</td> </tr> <tr> <td style="text-align: center;"><input checked="" type="checkbox"/></td> <td>College Credit Transfer:</td> </tr> </table> <p>SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bctransferguide.ca)</p>			<input type="checkbox"/>	Non-Credit	<input type="checkbox"/>	College Credit Non-Transfer	<input checked="" type="checkbox"/>	College Credit Transfer:
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M: Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

- 1. demonstrate professional values, roles and responsibilities**
- 2. conduct leisure and health related client assessments**
- 3. plan, implement, monitor, evaluate and document individual program plans**
- 4. plan, implement, evaluate and document health promotion and therapeutic recreation programs and projects**
- 5. demonstrate the ability to work effectively with treatment or service teams**
- 6. describe the management practices of the agency**
- 7. promote therapeutic recreation as a profession**
- 8. demonstrate health promotion strategies which enable consumers to increase control over and to improve health**
- 9. demonstrate health promotion strategies that strengthen community development.**

N: Course Content:**Professional Roles and Responsibilities**

- Therapeutic relationships
- Safe practice and safety awareness
- Adhere to professional and agency standards, code of ethics and policies and procedures
- Quality improvement process
- Confidentiality in all communications concerning the agency
- Self-awareness and self-evaluation skills
- Accept and apply constructive criticism
- Personal wellness and appropriate work habits

Assessment

- Referral processes
- Pertinent client information including disabling conditions
- Knowledge and use of a variety of assessment tools and techniques
- Conduct assessments including behavioural observations
- Documentation of assessment results

Individual Interventions, Planning and Implementing

- Individual program plan
- Appropriate interventions
- Leisure counselling strategies with individual clients
- Facilitation techniques
- Activity/task analysis and activity adaptation

Therapeutic Recreation Programs

- Program protocols
- Group assessment including awareness of group development, dynamics and needs
- Breadth and depth in recreation activity skills
- Group leadership including leisure education groups
- Activity/task analysis and activity adaptation
- Theories and practice of leisure education and counselling

Evaluate Outcomes of Interventions and Programs

- Changes in functioning
- Goal attainment scaling
- Effectiveness and outcomes of individual plans
- Revisions of individual plans as identified
- Effectiveness of protocols and programs for groups
- Revisions of group protocols and programs as identified

Working with Treatment/Service Teams

- **Therapeutic Recreation information shared with team**
- **Communication with client**
- **Integrate intervention plan**
- **Work collaboratively**

Managing Therapeutic Recreation Services

- **Program inventory**
- **Coordination of support services**
- **Program budget and expenses records**
- **Scheduling of program, staff and volunteers**
- **Risk Management**
- **Standards and regulations at agency**
- **Fiscal management practices**
- **Quality management practices**
- **Human resource management**

Promotion of Profession

- **Community networking**
- **Advocacy of clients**
- **Education to community and agency**
- **Marketing and public relations**
- **Multi agency projects**

Health Promotion Strategies: Empower Individuals

- **Educates about healthy lifestyle**
- **Provides information about healthy choices**
- **Promotes self-responsibility for health**
- **Leisure a source for health**

Health Promotion Strategies: Empower Communities

- **Identify public health promotion policy**
- **Create supportive environments**
- **Community development a source for health**
- **Social support**
- **Public participation in health**

O: Methods of Instruction

- **Field practice and guidance**
- **Small and large group seminars**

P: Textbooks and Materials to be Purchased by Students

T.B.A.

Q: Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations. Typical means of evaluation would include a combination of:

- **Demonstration of skills**
- **Self assessment**
- **Observations by site and college supervisor**
- **Completion of written assignments**
- **Participation in seminars**
- **Midpoint and final evaluation meetings with site supervisor and college supervisor.**

This is a Mastery/Non-Mastery course.

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR. If not available for PLAR, please provide rationale.

Not open for PLAR as it would preclude eligibility to apply for National Council for Therapeutic Recreation Certification (NCTRC).

Course Designer(s): **Tricia Rachfall, Julie Roper**
Therapeutic Recreation Faculty

Education Council / Curriculum Committee Representative

Dean: Jan Carrie

Registrar