



**EFFECTIVE: SEPTEMBER 2006  
CURRICULUM GUIDELINES**

**A:** Division: Instructional Division Effective Date: September, 2006

**B:** Department / Program Area: Faculty of Child, Family & Community Studies: Therapeutic Recreation  
Revision  New Course

If Revision, Section(s) Revised:  
Date of Previous Revision:  
Current Date: 25 November 2004

**C:** THRT 4855 **D:** Therapeutic Recreation and Recreation Health **E:** 12  
Promotion: Internship

Subject & Course No.	Descriptive Title	Semester Credits
<b>F:</b> Calendar Description:  This internship provides students with an opportunity to build upon the basic knowledge and skills demonstrated in the first practicum. Students will conduct assessments and, in concert with the client, design, implement and evaluate individual and group program plans. This internship includes opportunities to demonstrate knowledge of management philosophies and practices, advanced counselling and/or assessment and awareness of current issues and trends. Students will develop and deliver a formal in-service presentation designed to promote therapeutic recreation and / or recreation health promotion as a profession.		
<b>G:</b> Allocation of Contact Hours to Type of Instruction / Learning Settings  Primary Methods of Instructional Delivery and/or Learning Settings:  Practicum Seminar  Number of Contact Hours: (per week / semester for each descriptor)  Seminar             15 Hours/semester Practicum:       420 Hours/semester Total                 435 Hours/semester  Number of Weeks per Semester:  Flexible Delivery ranging over 1 to 15 weeks	<b>H:</b> Course Prerequisites:  (THRT 2477 or THRT 2455) and THRT 4701 and THRT 4704 and THRT 3601 and THRT 4705 and THRT 4802	
	<b>I:</b> Course Corequisites:  NIL	
	<b>J:</b> Course for which this Course is a Prerequisite  NIL	
	<b>K:</b> Maximum Class Size:  18	
	<b>L:</b> PLEASE INDICATE:  <input type="checkbox"/> Non-Credit <input type="checkbox"/> College Credit Non-Transfer <input checked="" type="checkbox"/> College Credit Transfer:  SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)	

**M:** Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. demonstrate professional values, knowledge and skills
2. demonstrate knowledge of the agency and the delivery of service
3. demonstrate leisure education and / or leisure counselling interventions
4. apply systems theory in developing comprehensive, leisure related client assessments and individual program plans
5. develop therapeutic relationships with individuals and groups based upon the values and skills taught within the program
6. demonstrate recreation activity analysis and activity adaptation skills
7. design, implement and evaluate therapeutic recreation and/ or health promotion programs, including leisure education programs
8. describe the management practices of the service
9. demonstrate knowledge of current issues and trends
10. promote the profession through an in-service presentation

**N:** Course Content: The following global ideas guide the design and delivery of this course:

## Professionalism

- Self-awareness and self evaluation skills
- Constructive criticism
- Knowledge of the agency and adherence to all policies and procedures
- Safe practice and safety awareness
- Working relationships with team members
- Client interaction skills
- Confidentiality in all communications concerning the agency
- Personal wellness and appropriate work habits

## Management Practice

- Fiscal management practices
- Policy and procedures, risk management
- Quality management practices, quality assurance & continuous quality improvement
- Promotes therapeutic recreation

## Assessment and Individual Program Planning

- Disabling conditions
- Systems theory
- Assessment measures: observation, interview, leisure questionnaire
- Individual program plan
- Implements, monitors and evaluates the plan

## Leisure: Education and Counselling

- Theories and practices of leisure education and counselling
- Group dynamics and theory of group development
- Leisure education groups
- Leisure counselling strategies with individual clients
- Assessment, planning, implementation and evaluation

<p>Therapeutic Recreation Program Leadership</p> <ul style="list-style-type: none"> <li>• Breadth and depth in recreation activity skills</li> <li>• Group assessment awareness of group dynamics and needs</li> <li>• Group leadership</li> <li>• Activity analysis and adaptation skills</li> <li>• Program protocols</li> <li>• Wellness coaching (optional)</li> </ul> <p>Promotion of Therapeutic Recreation and/or Recreation Health Promotion</p> <ul style="list-style-type: none"> <li>• In-service Presentation</li> <li>• Marketing and Promotion</li> <li>• Current trends, issues and professional practice</li> <li>• Evaluation</li> </ul>
<p><b>O:</b> Methods of Instruction</p> <ul style="list-style-type: none"> <li>• Practice seminars</li> <li>• Modeling of Therapeutic Recreation in Practice</li> <li>• Providing placement opportunity for practice</li> <li>• Assigning documentation of theory and practice analysis</li> </ul>
<p><b>P:</b> Textbooks and Materials to be Purchased by Students</p> <p style="padding-left: 40px;">Textbooks and materials from relevant theory courses</p>
<p><b>Q:</b> Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations</p> <p style="padding-left: 40px;">An evaluation booklet and schedule is presented at the beginning of the course.</p> <p style="padding-left: 40px;">This is a Mastery/Non-Mastery course.</p>
<p><b>R:</b> Prior Learning Assessment and Recognition:</p> <p style="padding-left: 40px;">No for PLAR</p>

---

Course Designer(s) Therapeutic Recreation Faculty

---

Education Council / Curriculum Committee Representative

---

Dean

---

Registrar