



**M:** Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. demonstrate professional values, knowledge and skills in the practice of therapeutic recreation
2. demonstrate knowledge of the agency and the delivery of therapeutic recreation service
3. demonstrate one-to-one leisure education and leisure counselling interventions
4. apply systems theory in developing comprehensive, leisure related client assessments and individual program plans
5. develop therapeutic relationships with individuals and groups based upon the values and skills taught within the Therapeutic Recreation Program
6. demonstrate recreation activity analysis and activity adaptation skills
7. design, implement and evaluate therapeutic recreation group programs, including leisure education programs
8. describe the administrative practices of therapeutic recreation service
9. promote the profession of therapeutic recreation through a formal in service presentation

**N:** Course Content: The following global ideas guide the design and delivery of this course:

## Preceptorship Seminars and Learning Experiences

- attends all seminars
- completes all written assignments

## Professionalism

- self-awareness and self evaluation skills
- seeks and accepts feedback
- demonstrates knowledge of the agency and adheres to all policies and procedures
- safe practice and safety awareness
- effective working relationships with team members
- effective client interaction skills
- confidentiality in all communications concerning the agency
- personal wellness and appropriate work habits
- responds to the changing needs of the agency, balancing flexibility and organizational skills
- adherence to agency policies and procedures

## Therapeutic Interventions

## Administrative Practice

- aware of fiscal management practices
- policy and procedures, risk management
- aware of quality management practices, quality assurance & continuous quality improvement
- summarizes promotion of therapeutic within agency

## Assessment and Individual Program Planning

- understands and responds to the disabling condition(s) of the client
- analyses the system: family, agency, community, economic, environmental, political, etc. which may impact upon a client's health and leisure well-being
- observes and interviews the client to identify strengths and needs
- prepares with the client an individual leisure lifestyle program plan
- implements, monitors and evaluates the plan

## Leisure: Education and Counselling

- demonstrates knowledge of the theories and practices of leisure education and counselling
- demonstrates knowledge of group dynamics and theory of group development
- facilitates leisure education groups
- demonstrates leisure counselling strategies with individual clients
- documentation of assessment, planning, implementation and evaluation of all leisure counselling and leisure education interventions

<p>Therapeutic Recreation Program Leadership</p> <ul style="list-style-type: none"> <li>• demonstrates breadth and depth in recreation activity skills</li> <li>• demonstrates effective group leadership</li> <li>• applies activity analysis and adaptation skills</li> <li>• group assessment awareness of group dynamics and needs</li> <li>• writes effective program protocols</li> <li>• documentation of program plans</li> <li>• documentation of program evaluation</li> <li>• recognizes wellness, leisure, phenomenological &amp; ecological perspectives when implementing all therapeutic recreation interventions</li> </ul> <p>Group Assessment</p> <ul style="list-style-type: none"> <li>• summarizes group dynamics and needs</li> </ul> <p>Promotion of Therapeutic Recreation</p> <ul style="list-style-type: none"> <li>• describes the professional practice of therapeutic recreation within the agency &amp; within the province</li> <li>• assesses agency needs regarding knowledge of therapeutic recreation</li> <li>• designs a formal in-service based on agency needs; markets the in-service</li> <li>• demonstrates effective presentation skills, aware of group dynamics</li> <li>• format includes: lecture, discussion and activity</li> <li>• therapeutic recreation philosophies and perspectives are evident; evaluates in-service</li> </ul>
<p><b>O:</b> Methods of Instruction</p> <ul style="list-style-type: none"> <li>• modeling of Therapeutic Recreation in Practice</li> <li>• providing opportunity for leadership practice</li> <li>• assigning documentation of theory and practice analysis</li> </ul>
<p><b>P:</b> Textbooks and Materials to be Purchased by Students</p> <p>A list of recommended textbooks and materials is provided for students at the beginning of each semester.</p> <p>Resources include:</p> <ul style="list-style-type: none"> <li>• Selected readings from a variety of TR practice textbooks</li> <li>• Selected audio-visual and computer resources</li> <li>• Selected readings from books and journals</li> <li>• TR fine arts, adaptive equipment and supplies</li> </ul>
<p><b>Q:</b> Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations</p> <p>This is a Mastery/Non-Mastery course.</p>
<p><b>R:</b> Prior Learning Assessment and Recognition:</p> <p>No for PLAR</p>

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