



**M:** Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. describe theories of group dynamics
2. describe the process for developing, facilitating and managing effective groups
3. explain the meaning of leadership, including: definitions, theories, skills and qualities, principles and methods, roles and responsibilities
4. demonstrate activity analysis and adaptation in expressive and creative arts skills
5. demonstrate knowledge of a wide variety of expressive and creative arts group activities
6. assess the dynamics of a small group
7. plan an appropriate small group expressive or creative arts activity
8. demonstrate leadership in a small group expressive or creative arts activity
9. evaluate the program plan

**N:** Course Content: The following global ideas guide the design and delivery of this course:**Theories of Group Dynamics**

- Types and definitions of groups
- Variables effecting group dynamics
- Theories of group dynamics
- Stages of group development

**Assessing Group Dynamics**

- Observe group and interview group members
- Record assessment information in the following areas:
  - Group climate: physical and emotional
  - Group attraction/involvement
  - Group interaction/communication
  - Group cohesion and norms
  - Group goals/productivity

**Leadership**

- Constructs of leadership
- Leadership style theories
- Skills and qualities, principles and methods of leadership
- Roles and responsibilities of leadership

**Activity Analysis and Adaptation**

- Demonstrates activity analysis
- Describes possible individual adaptations
- Implements planned adaptations during leadership
- Demonstrates the ability to spontaneously adapt expressive and creative arts activity to meet emergent situational needs

**Group Program Plan and Leadership**

- Reviews client group assessment
- Plans appropriate expressive and creative arts programs
- Implements the planned program
- Demonstrates appropriate leadership styles
- Evaluates leadership, groups dynamics and the success of the program in meeting clients' needs

<p>Leading Effective Groups</p> <ul style="list-style-type: none"> <li>• Expressive groups including discussion groups and drama activities</li> <li>• Creative arts groups including fine arts activity and craft groups</li> </ul>
<p><b>O:</b> Methods of Instruction</p> <p>Lecture/discussion          Group assessment practice session          Experiential creative arts groups          Media</p>
<p><b>P:</b> Textbooks and Materials to be Purchased by Students</p> <p>A list of recommended textbooks and materials is provided for students at the beginning of each semester</p> <p>Resources include:</p> <ul style="list-style-type: none"> <li>• selected readings from a variety of textbooks</li> <li>• selected audio-visual and computer resources</li> <li>• selected readings from books and journals and fine arts</li> <li>• adaptive equipment and supplies</li> </ul>
<p><b>Q:</b> Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations.</p> <p>An evaluation schedule is presented at the beginning of the course. Typical means of evaluation will include a combination of written assignments, presentations and testing.</p> <p>This is a graded course</p>
<p><b>R:</b> Prior Learning Assessment and Recognition:</p> <p>Open for PLAR</p>

\_\_\_\_\_  
 Course Designer(s) Therapeutic Recreation Faculty

\_\_\_\_\_  
 Education Council / Curriculum Committee Representative

\_\_\_\_\_  
 Dean

\_\_\_\_\_  
 Registrar