



Douglas College Course Information

Date: 16 September 1997

A: Division: Instructional Division

B: Dept.: Child, Family and Community Studies

Program: Therapeutic Recreation

New Course: X

Revision of Course Information form:
Dated:

C: THRT 330

D: Therapeutic Recreation Practice III

E: 5

Subject & Course No.

Descriptive Title

Semester Credit

F: **Calendar Description:** The purpose of this practicum is to provide students with an opportunity to apply their Therapeutic Recreation knowledge and demonstrate professional skills in Therapeutic Recreation practice. By developing therapeutic relationships with clients and applying systems theory to individual client assessments and program plans, students will be able to demonstrate a range of Therapeutic Recreation interventions promoting health and wellness of the client.

Summary of Revisions: (Enter date & section)
Eg: Section C,E,F

G: **Type of Instruction: Hours per Semester**

Lecture\Practice:	Hrs.
Laboratory:	Hrs.
Seminar:	15 Hrs.
Clinical Experience:	Hrs.
Field Experience:	185 Hrs.
Practicum:	Hrs.
Shop:	Hrs.
Studio:	Hrs.
Student Directed Learning:	Hrs.
Other:	Hrs.
Total:	200 Hrs.

H **Course Prerequisites:**
THRT 110,112,114,115,121,130
210,221,222,226,230

I: **Course Corequisites:**
Nil

J: **Course for which this Course is a Prerequisite:**
THRT 410,421,425,426,430

K **Maximum Class Size:**
30

L: College Credit Transfer
College Credit Non-Transfer

M **Transfer Credit:** Requested:
Granted:

Specify Course Equivalents or Unassigned Credit as appropriate:

U.B.C.

S.F.U.

U. Vic.

Other:

Non-Credit

Therapeutic Recreation Faculty

Course Designer(s)

B. Miller

Dean

Vice-President, Instruction

Registrar

N. Textbooks and Materials to be Purchased by Students:

A list of recommended textbooks and materials is provided for students at the beginning of each semester.

Resources include:

- Selected readings from a variety of therapeutic recreation practice textbooks
- Selected audio-visual and computer resources
- Selected readings from books and journals
- Therapeutic Recreation fine arts, adaptive equipment and supplies

O. Goals

1. demonstrate professional skills in the practice of therapeutic recreation
2. demonstrate knowledge of the agency and the delivery of therapeutic recreation services
3. apply systems theory in developing comprehensive, leisure related client assessments and individual program plans
4. develop therapeutic relationships with individuals and groups based upon the values and skills taught within the Therapeutic Recreation Program
5. demonstrate one-to-one, leisure education and leisure counseling interventions
6. demonstrate recreation activity analysis and activity adaptation skills
7. design, implement and evaluate therapeutic recreation group programs, including leisure education programs

P. Content

Professionalism

- self awareness and self evaluation skills
- safe practice and safety awareness
- effective working relationships with team members
- effective client interaction skills

- confidentiality in all communications concerning the agency
- personal wellness and appropriate work habits
- responds to the changing needs of the agency, balancing flexibility and organizational skills

Knowledge of Agency

- organizational structure, mandate, vision, goals
- therapeutic recreation goals, structure, practitioner role, etc.
- a leisure perspective is central to the delivery of therapeutic recreation services
- application of therapeutic recreation service models

Therapeutic Interventions

Assessment and Individual Program Planning

- understands, and responds to, the disabling condition(s) of the client
- analyses the systems: family, agency, community, economic, environmental, political, etc. which may impact upon a client's health and leisure well-being
- observes and interviews the client to identify strengths and needs
- prepares, with the client, an individual leisure lifestyle program plan

Helping Relationships and Skills

- client-centered, age appropriate approach to all interventions
- helping relationships build upon humanistic values
- basic and advanced communication skills
- adopts a problem management/opportunity development approach to helping
- applies helping skills to discussions about healthy leisure lifestyles

Leisure: Education and Counseling

- demonstrates knowledge of the theories and practices of leisure education counselling
- demonstrates knowledge of the theories and practices of leisure education and counseling
- demonstrates knowledge of group dynamics and theory of group development
- facilitates leisure education groups
- demonstrates leisure counseling strategies with individual clients
- documentation of assessment, planning, implementation and evaluation of all leisure counseling and leisure education interventions

Therapeutic Recreation Group Programming

- demonstrates breadth and depth in recreation activity skills
- demonstrates effective group leadership
- applies activity analysis and adaptation skills
- group assessment, awareness of group dynamics and needs
- writes effective program protocols
- documentation of program plans
- documentation of program evaluation
- recognizes wellness, leisure, phenomenological and ecological perspectives when implementing all therapeutic recreation interventions

R. Evaluation:

Evaluation is consistent with Douglas College Course Evaluation Policy. An evaluation schedule is presented at the beginning of the course.

This is a mastery, non-mastery course.