



Douglas College Course Information

Date: 16 September 1997

A: Division: Instructional Division

B: Dept.: Child, Family and Community Studies

New Course: X

Program: Therapeutic Recreation

Revision of Course
Information form:

Dated:

C THRT 230

D: Therapeutic Recreation Practice II

E: 3

Subject & Course No.

Descriptive Title

Semester Credit

F: Calendar Description: The purpose of this practicum is to provide students with an opportunity to apply their knowledge and demonstrate professional skills in therapeutic recreation practice. By developing therapeutic relationships with clients and applying systems theory to individual client assessments and program plans, students will be able to demonstrate a range of therapeutic interventions.

Summary of Revisions: (Enter date & section)
Eg: Section C,E,F

G: Type of Instruction: Hours per Semester

| | | |
|----------------------------|-------|------|
| Lecture\Practice: | | Hrs. |
| Laboratory: | | Hrs. |
| Seminar: | 8 | Hrs. |
| Clinical Experience: | | Hrs. |
| Field Experience: | | Hrs. |
| Practicum: | 112.5 | Hrs. |
| Shop: | | Hrs. |
| Studio: | | Hrs. |
| Student Directed Learning: | | Hrs. |
| Other: | | Hrs. |
| Total: | 120.5 | Hrs. |

H Course Prerequisites:

THRT 110,112,114,115,121,130

I: Course Corequisites:

Nil

J: Course for which this Course is a
Prerequisite:

THRT 310,312,314,321,330,410,421,425,
426,430

K Maximum Class Size:

30

L: College Credit Transfer

College Credit Non-Transfer

| |
|-------------------------------------|
| <input type="checkbox"/> |
| <input checked="" type="checkbox"/> |

M Transfer Credit: Requested:

X

Granted:

☐

Specify Course Equivalents or Unassigned
Credit as appropriate:

U.B.C.

S.F.U.

U. Vic.

Other:

Non-Credit

☐

Therapeutic Recreation Faculty

Course Designer(s)

B. Miller

Dean

P. H. Dwyer
Vice-President, Instruction

Registrar

N. Textbooks and Materials to be Purchased by Students:

A list of recommended textbooks and materials is provided for students at the beginning each semester.

Resources include:

- Selected readings from a variety of therapeutic recreation practice textbooks
- Selected audio-visual and computer resources
- Selected readings from books and journals
- Therapeutic Recreation fine arts, adaptive equipment and supplies

O. Goals

1. demonstrate professional skills in the practice of therapeutic recreation
2. demonstrate knowledge of the agency and the delivery of therapeutic recreation services
3. develop therapeutic relationships with individual clients based upon the values and skills taught within the TR program
4. apply systems theory in developing comprehensive, leisure related, client assessments and individual program plans
5. demonstrate a range of therapeutic recreation interventions designed to promote health and wellness of the client

P. Content

Professionalism

- self awareness and self evaluation skills
- safe practice and safety awareness
- effective working relationships with team members
- effective client interaction skills
- confidentiality in all communications concerning the agency
- personal wellness and appropriate work habits
- responds to the changing needs of the agency, balancing flexibility and organizational skills

Knowledge of the Agency

- organizational structure, mandate, vision, goals
- therapeutic recreation goals, structure, practitioner role, etc.
- a leisure perspective is central to the delivery of therapeutic recreation services
- application of therapeutic recreation service models

Therapeutic Interventions

Assessment and Individual Program Planning

- applies knowledge of the age related changes and the needs of older adults
- understand and responds to the disabilities an older adult may experience
- analyses the systems: family, agency, community, economic, environmental, political etc. which may impact upon a client's health and leisure well-being
- observes and interviews the client to identify strengths and needs
- prepares, with the client an individual, leisure lifestyle, program plan

Helping Relationships and Skills

- client-centered, age appropriate approach to all interventions
- helping relationships build upon humanistic values
- basic and advanced communication skills
- adopts a problem management / opportunity development approach to helping
- applies helping skills to discussions about healthy leisure lifestyles

Therapeutic Recreation Programming

- demonstrates knowledge of a range of recreation skills and experiences
- adhering to a client-philosophy, matches client need with recreation/leisure experiences
- aware of recreation activity adaptations
- demonstrates effective leadership in one-to-one situations
- applies a specific therapeutic intervention (i.e. pet therapy, horticulture therapy, humour therapy) with an individual client
- recognizes wellness, leisure, phenomenological and ecological perspectives when implementing all therapeutic recreation interventions

R. Evaluation:

Evaluation is consistent with Douglas College Course Evaluation Policy. An evaluation schedule is presented at the beginning of the course.

This is a mastery, non-mastery course.

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