

M: Course Objectives / Learning Outcomes

Upon successful completion of this course, the student will be able to:

1. Apply therapeutic recreation process with individuals using the Therapeutic Recreation service models
2. Analyze behavior of self and others within theoretical frameworks

N: Course Content: The following global ideas guide the design and delivery of this course:

Therapeutic Recreation Process

Assessment

- various methods, including leisure interview, observation and inference, interdisciplinary information, background information, standardized tools and computer application
- philosophy of assessment
- ecological perspective as it applies to assessment
- client-centered assessment
- assessment summary that identifies strengths and needs

Planning

- apply different methods of writing individual program plans
- write client centered goals and objectives
- write goals and objectives that involve the environment

Implementing

- techniques of monitoring individual program plans (IPPs)
- write progress notes

Evaluating

- determine the criteria for evaluating the individual program plans
- recommendations and follow-up

Therapeutic Recreation Practice

Therapeutic Recreation Theoretical Frameworks

- humanism
- leisure
- wellness
- phenomenology

Analyze Behaviours

- observation skills
- apply theoretical frameworks
- apply leadership models
- self reflection
- helping skills

O: Methods of Instruction

- Lecture/discussion
- Media
- Computer applications
- Case Studies

P: Textbooks and Materials to be Purchased by Students

A list of recommended textbooks and materials is provided for students at the beginning of each semester.

Resources include:

- Selected readings from a variety of TR practice textbooks
- Selected audio-visual and computer resources
- Selected readings from books and journals

Q: Means of Assessment: This course will conform to Douglas College policy regarding the number and weighting of evaluations

An evaluation schedule is presented at the beginning of the course.

This is a graded course

R: Prior Learning Assessment and Recognition:

Open for PLAR

Course Designer(s) Geri Paterson

Education Council / Curriculum Committee Representative

Dean / Director: Jan Lindsay

Registrar