



Douglas College Course Information

Date: 20 March 1999

A: Division: Instructional Division

B: Dept.: Child, Family and Community Studies

New Course:

Program: Therapeutic Recreation

Revision of Course Information form: X

Dated:

C: THRT 210 D: Therapeutic Recreation: E: 2
Individual Program Planning

Subject & Course No. Descriptive Title Semester Credit

F: **Calendar Description:** The purpose of this course is to assist student development of individual program plans, through the Therapeutic Recreation process of assessment, planning, implementation and evaluation. Standardized assessment instruments, goal attainment scales and various methods of writing, monitoring, and evaluating individual plans will be explored

Summary of Revisions: (Enter date & section) Eg: Section C,E,F
20 March 1999: E,F,G,P

G: **Type of Instruction: Hours per Semester**

Lecture\Practice:	40	Hrs.
Laboratory:		Hrs.
Seminar:		Hrs.
Clinical Experience:		Hrs.
Field Experience:		Hrs.
Practicum:		Hrs.
Shop:		Hrs.
Studio:		Hrs.
Student Directed Learning:		Hrs.
Other:		Hrs.
Total:	40	Hrs.

H **Course Prerequisites:**
THRT 110, 121, 112, 114, 115, 130

I: **Course Corequisites:**
Nil

J: **Course for which this Course is a Prerequisite:**
THRT 310,312,314,321,330,410,421, 425,426,430

K **Maximum Class Size:**
30

L: College Credit Transfer
College Credit Non-Transfer

M **Transfer Credit:** Requested:
Granted:

Specify Course Equivalents or Unassigned Credit as appropriate:
U.B.C.
S.F.U.
U. Vic.
Other:

Non-Credit

M. Peterson
Therapeutic Recreation Faculty

Course Designer(s)

B. Meller

Dean

J. H. [Signature]
Vice-President, Instruction
[Signature]
Registrar

N. Textbooks and Materials to be Purchased by Students:

A list of recommended textbooks and materials is provided for students at the beginning of each semester.

Resources include:

- Selected readings from a variety of therapeutic recreation practice textbooks
- Selected audio-visual and computer resources
- Selected readings from books and journals
- Therapeutic Recreation fine arts, adaptive equipment and supplies

O. Goals

1. analyze behaviour of self and others within theoretical frameworks
2. apply therapeutic recreation process with individuals using the Therapeutic Recreation Service Models

P. Content

Therapeutic Recreation Practice

- Describe the Theoretical Frameworks of humanism, leisure, wellness, and phenomenology
- apply these frameworks to the principles and practices of Therapeutic Recreation

Therapeutic Recreation Process

Assessment

- apply various methods of assessment, including: leisure interview skills, observation methods, interdisciplinary information, background information, standardized tools and computer application
- philosophy of assessment
- ecological perspective as it applies to assessment
- client-centered assessment
- assessment summary that identifies strengths and needs
- apply effective helping skills including leisure interview skills

Planning

- apply different methods of writing individual program plans
- write client centered goals and objectives
- write goals and objectives that involve the environment

Implementing

- monitor individual program plans (IPPs) using a variety of techniques
- write progress notes
- apply leadership skills

Evaluating

- determine the criteria for evaluating the individual program plans
- methods of documenting evaluation of IPPs
- recommendations and follow-up
- discharge planning
- self evaluate

R. Evaluation:

Evaluation is consistent with Douglas College Course Evaluation Policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course.