



# Douglas College Course Information

Date: 16 September 1997

A: Division: Instructional Division

B: Dept.: Child, Family and Community Studies

Program: Therapeutic Recreation

New Course: X

Revision of Course Information form:  
Dated:

C: THRT 130 D: Therapeutic Recreation Practice I E: 1  
Subject & Course No. Descriptive Title Semester Credit

F: Calendar Description: The purpose of this practicum is to provide students with an opportunity to sample the breadth of the Therapeutic Recreation profession. Shadowing Therapeutic Recreation professionals will foster the development of Therapeutic Recreation philosophies, increase student awareness of Therapeutic Recreation concepts, and establish an understanding of the relationship between professional practice and the classroom.

Summary of Revisions: (Enter date & section)  
Eg: Section C,E,F

G: Type of Instruction: Hours per Semester  
 Lecture\Practice: Hrs.  
 Laboratory: Hrs.  
 Seminar: 5 Hrs.  
 Clinical Experience: Hrs.  
 Field Experience: Hrs.  
 Practicum: 37.5 Hrs.  
 Shop: Hrs.  
 Studio: Hrs.  
 Student Directed Learning: Hrs.  
 Other: Hrs.  
 Total: 42.5 Hrs.

H Course Prerequisites:  
Enrolment in T.R. Program

I: Course Corequisites:  
Nil

J: Course for which this Course is a Prerequisite:  
THRT 210,221, 222, 226, 230, 310, 312, 314, 321, 330, 410, 421, 425,426,430

K Maximum Class Size:  
30

L: College Credit Transfer   
College Credit Non-Transfer

M Transfer Credit: Requested:   
Granted:

Specify Course Equivalents or Unassigned Credit as appropriate:  
U.B.C.  
S.F.U.  
U. Vic.  
Other:

Non-Credit

Therapeutic Recreation Faculty  
Course Designer(s)  
*B. Miller*  
Dean

*[Signature]*  
Vice-President, Instruction  
*[Signature]*  
Registrar

## **N. Textbooks and Materials** to be Purchased by Students:

A list of recommended textbooks and materials is provided for students at the beginning of each semester

Resources include:

- Selected readings from a variety of therapeutic recreation practice textbooks
- Selected audio-visual and computer resources
- Selected readings from books and journals
- Therapeutic Recreation fine arts, adaptive equipment and supplies

## **O. Goals**

1. discuss the role of the Therapeutic Recreation Practitioner to increase awareness of knowledge, skills, and values in the professional practice of Therapeutic Recreation
2. describe the range of therapeutic recreation services

## **P. Content**

### **Professional Partnerships**

- observes client and therapeutic recreation relationships
- participates actively in daily recreation schedule
- assists in recreation programs
- interviews therapeutic recreation practitioner to increase knowledge of philosophy, practice and roles

### **Therapeutic Recreation; practice**

- person centered philosophy
- leisure perspective
- therapeutic recreation process
- therapeutic relationships

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### **Therapeutic Recreation; settings**

- health care; adult day programs, mental health, cognitive disabilities, continuing care, rehabilitation centres, hospitals, assessment centres
- social services; group homes, community based drop-in centres, municipal parks and recreation; seniors centres, youth centres, integrated services, leisure access
- correctional facilities; youth services, camps, penitentiaries

## **R. Evaluation:**

Evaluation is consistent with Douglas College Course Evaluation Policy. An evaluation schedule is presented at the beginning of the course.

This is a mastery/non mastery course.