

M: Course Objectives / Learning Outcomes

Upon completion of the course, the successful student should:

1. Design his/her own personal warm-up regime
2. Understand the technique of various new movement methods for use in character development as related to acting
3. Continue to expand his/her movement vocabulary
4. Continue to develop a greater kinesthetic sense
5. Develop, explore and acquire a vocabulary in dance/movement techniques.

N: Course Content:

1. Body Awareness and Exploration
Alignment; centering; breath; physical conditioning; disciplined warm-up regimen; greater emotional connection to movement; more powerful and relaxed vocal connection to movement.
2. Movement Techniques
Movement Concepts; Yoga; Abstract and Symbolic Movement; Laban; Feldenkrais; Alexander Technique; Contact Improv; Stage Fighting.
3. Character Development Through Physicalization
Laban Character exploration; environmental character studies; improvisation; self story and embellishment; scene study work.
4. Dance Technique
Introduction of a dance technique such as ballet, modern, jazz, folk, tap.
5. The Actor's Body on Stage
Relaxation; presence; energy; tasking; different spaces, different truths; styles of movement.

O: Methods of Instruction

1. Lectures to illustrate physiology and the philosophy behind physical and vocal impulse.
2. Lectures to illustrate movement and dance techniques.
3. Lectures to encourage interesting character exploration and the sources available to the actor.
4. Introduction of additional warm-up exercises to encourage good physical preparation.
5. Practical application of acquired body techniques to text including poems, plays, self story, film scripts, prose, songs and choreographed pieces.
6. Discussion of material and presentations in a manner that encourages constructive criticism.
7. Video and audio tapings of rehearsals, exercises and performances in order to allow the student the opportunity for self-observation, analysis, and evaluation.
8. Public performances of selected projects to ensure the body techniques are efficiently and effectively maintained under the pressure of audience observation.

P: Textbooks and Materials to be Purchased by Students

A list of recommended textbooks and materials is provided on the Instructor's Course Outline, which is available to students at the beginning of each semester.

Example:

Appropriate Studio attire (see handout provided)

Personal Yoga mat

Knee pads and elbow pads

Q: Means of Assessment

Attendance (10%)

Attendance and punctuality is mandatory in this course. Therefore, the following penalties will apply: 3% of the final mark lost per missed class and .5% lost per late class.

Written Journal or Paper (10%)

My Voice/Body: A Year's Journey (or other appropriate topic as determined by the instructor).

Attitude/ Participation/ Progress (10%)

Students are expected to approach their work in a mature, professional manner. Promptness, out-of-class preparation, and consideration for others will be reflected in this mark.

Students are expected to participate fully in all aspects of the class work.

Students will be assessed on an ongoing basis according to level of commitment and dedication to the process of class work and practical application of techniques and levels of awareness.

Presented Work (60%)

Students will be assessed on their individual progress towards achieving course objectives and completing assignments with regard to presented work.

2 assignments x 15%

3 assignments x 10%

1 assignment x 5%

or other appropriate breakdown as determined by the instructor.

Written Exam (10%)

An Exam will be given towards the end of term on theory and related term discussions.

Attendance	10%
Written Journal or Paper	10%
Attitude/Participation/Progress	10%
Presented Work	60%
Final Exam	<u>10%</u>

TOTAL 100%

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

No.

Course Designer(s)

Education Council / Curriculum Committee Representative

Dean / Director

Registrar