

## **EFFECTIVE: SEPTEMBER 2004** CURRICULUM GUIDELINES

A.	Division:	n: Education		Effective Date:		September 2004		
B.	Department / Program Area:	Science and Technology Sport Science		Revision X		New Course		
			Re Da	If Revision, Section(s) Revised: Date of Previous Revision: Date of Current Revision:		C, H November 23, 2000 September 2004		
C:	SPSC 2323		D: Performance Analysis: Lacrosse and E: 3 Wheelchair Basketball					
	Subject & Cour	rse No. Descript	tive Ti	le Semester Credi		nester Credits		
F:	Calendar Description: In this course, the sports of lacrosse (box lacrosse and inter-lacrosse) and wheelchair basketball will be analyzed from theoretical and practical points of view. The essential nature of each sport will be studied, along with critical performance factors. Topics include the qualitative and quantitative analysis of each sport, the study of the respective techniques, tactics and strategies of the two sports and pedagogical principles.							
G:	Allocation of Contact Hours to Type of Instruction / Learning Settings Primary Methods of Instructional Delivery and/or Learning Settings: Lecture / Practice Number of Contact Hours: (per week / semester for each descriptor) 4 hours per week		H:	Course Prerequisites SPSC 1300	:			
			I:	Course Corequisites:	:			
			J:	Course for which this Course is a Prerequisite none				
			K:	Maximum Class Size	Iaximum Class Size:			
	Number of Wee.	Number of Weeks per Semester: 15		35				
L:	PLEASE INDI	CATE:						
	Non-Credi	Non-Credit						
	College Cr	College Credit Non-Transfer						
	X College Cr	redit Transfer:						
	SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)							

<b>M:</b>	Co	Course Objectives / Learning Outcomes					
	1.	. Describe the conceptual nature of lacrosse and wheelchair basketball.					
	2.	2. Describe and demonstrate the techniques involved in the performance of lacrosse and wheelchair basketball.					
	3. Describe and demonstrate the tactics and strategies involved in the performance of lacrosse and wheel basketball.						
	4. Describe and demonstrate the qualitative and quantitative analysis of lacrosse and wheelchair basketba						
	5.	Describe and demonstrate the development of skills and strategies / tactics for lacrosse and wheelchair basketball.					
N:	Co	urse Content:					
	1.	Concepts					
		The student will:					
		<ol> <li>Describe the historical development of the sport.</li> <li>Describe the terminology of the sport.</li> </ol>					
		1.3. Describe rules, concepts and where applicable, classification systems.					
		1.4. Describe positional concepts.					
	2.	Techniques					
		The student will:					
		2.1. Describe the purpose of individual skills.					
		<ul><li>2.2. Describe the sequence of skilled performance for individual skills.</li><li>2.3. Demonstrate competent performance for individual skills.</li></ul>					
		2.4. Describe and demonstrate individual skill learning progressions.					
		2.5. Describe and demonstrate feedback techniques:					
		2.5.1. Positive specific feedback 2.5.2. Error detection / correction					
		2.5.2. Error detection / correction					
	3.	Tactics and Strategies					
		The student will:					
		3.1. Describe the purpose of common tactics and strategies: 3.1.1. Offense					
		3.1.2. Defense					
		3.1.3. Transition					
		3.2. Demonstrate basic tactical and strategical formations: 3.2.1. Offense					
		3.2.2. Defense					
		3.2.3. Transition					
		3.3. Describe and demonstrate tactical and strategical coaching interactions:					
		3.3.1. recognition 3.3.2. reaction					
		3.3.3. scouting					
		3.4. Describe planning and training principles in relation to the analysis of each sport.					
		continued					

4. Qualitative and Quantitative Analysis

The student will:

- 4.1. Describe and demonstrate the analysis of each sport:
  - 4.1.1. Elements
  - 4.1.2. Dimensions
  - 4.1.3. Hierarchies
- 4.2. Describe and demonstrate the formative and summative qualitative analysis of each sport.
- 4.3. Describe and demonstrate the analysis of each sport:
  - 4.3.1. Statistical
  - 4.3.2. Flow
  - 4.3.3. Time / motion
- 4.4. Describe and demonstrate the formative and summative quantitative analysis of each sport.
- 5. Development of Skills and Strategies / Tactics

The student will:

- 5.1. Describe and apply pedagogical principles for the instruction of skills:
  - 5.1.1. Skill progressions
  - 5.1.2. Teaching styles
  - 5.1.3. Design of learning activities
- 5.2. Describe and apply pedagogical principles for the instruction of strategies / tactics:
  - 5.2.1. Strategy concepts
  - 5.2.2. Tactical progressions
  - 5.2.3. Design of learning activities

## **O:** Methods of Instruction

Lecture

Discussion groups and group projects Practical applications and experiences Field observation Guest presenters Technology assisted learning

P: Textbooks and Materials to be Purchased by Students

Hedrick, B., Byrnes, D. and Shaver, L. (1989), <u>Wheelchair Basketball.</u> Paralyzed Veterans of America, Washington, D.C.

Hinkson, J. (1993), Lacrosse Fundamentals. Warwick Publishing Inc., Toronto, Ontario.

Lewis, J., Ed., (1990), Inter-Lacrosse Instructional Manual. Canadian Lacrosse Association, Ottawa, Ontario.

**Q:** Means of Assessment

	<b>2</b> 004
Mid-term Examination	20%
Final Examination	10%
Term Project	20%
Practical Application Project	30%
Research Project	20%
TOTAL:	100%

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Course Designer(s)

Education Council / Curriculum Committee Representative

Dean / Director

Registrar

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