



# EFFECTIVE: SEPTEMBER 2004 CURRICULUM GUIDELINES

A. Division: **Education** Effective Date: **September 2004**

B. Department / **Science and Technology** Revision  New Course   
Program Area: **Sport Science**  
If Revision, Section(s) Revised: **C**  
Date of Previous Revision: **November 16, 2000**  
Date of Current Revision: **September 2004**

C: **SPSC 1105** D: **Introduction to the Study of Sport** E: **3**

Subject & Course No.	Descriptive Title	Semester Credits
<b>F:</b> Calendar Description:  This course will provide students with knowledge of classifications for leisure, play, games, contests, dance and sport, together with an understanding of their relationships. (This is one of the three courses that are required in the first year, and designed to provide the basis with which to understand the field of Physical Education.)		
<b>G:</b> Allocation of Contact Hours to Type of Instruction / Learning Settings  Primary Methods of Instructional Delivery and/or Learning Settings: <b>Lecture / Seminar</b>  Number of Contact Hours: (per week / semester for each descriptor) <b>3 hours lecture / 1 hour seminar per week</b>  Number of Weeks per Semester: <b>15</b>	<b>H:</b> Course Prerequisites:  <b>none</b>	
	<b>I:</b> Course Corequisites:  <b>none</b>	
	<b>J:</b> Course for which this Course is a Prerequisite  <b>P.E. Sport in Canadian Society</b>	
	<b>K:</b> Maximum Class Size:  <b>35</b>	
<b>L:</b> PLEASE INDICATE:  <input type="checkbox"/> Non-Credit <input type="checkbox"/> College Credit Non-Transfer <input checked="" type="checkbox"/> College Credit Transfer:  SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS ( <a href="http://www.bccat.bc.ca">www.bccat.bc.ca</a> )		

**M:** Course Objectives / Learning Outcomes

After completing the studies outlined below, students will have acquired a basic knowledge of:

1. Play forms / their definition, relationships and classifications
2. Leisure and its relationship to play
3. Approaches to the examination of play behaviour
4. Introductory analysis of competition and cooperation
5. A definitional overview of sport
6. Socio-political and religious influences on the view of the human body and play

**N:** Course Content:

1. Play Forms, Definitions, Relationships and Classifications
  - 1.1. Survey of selected literature on the characteristics of play: Groos Huizinga, Callios, McIntosh, Loy Ellis, Levy
  - 1.2. Game classifications – Callios, Sutton-Smith, et al.
    - 1.2.1. Characteristics of classification schemes
    - 1.2.2. Critiques of these classifications
2. Leisure and its Relationships to Play
  - 2.1. Approaches to defining leisure
    - 2.1.1. Leisure as a time and class concept
    - 2.1.2. Leisure as an activity concept
    - 2.1.3. Leisure as an attitude or state of mind
    - 2.1.4. Operationalizing leisure and its relationship to play
  - 2.2. Leisure, play forms and the creation of culture
    - 2.2.1. Value culture and popular culture as created by leisure
    - 2.2.2. Elevation and escape via leisure and play forms
    - 2.2.3. Leisure and play forms as ends, means or both
3. Approaches to the Examination of Play Behaviour
  - 3.1. The construction of play structures – Callios, Ingham, Ingham and Loy
    - 3.1.1. The genesis of formal play forms
    - 3.1.2. The development of formal play forms: the process of institutionalization
  - 3.2. The determination of the “playfulness” of formal play forms
    - 3.2.1. Analysis of the contents of the behaviour
    - 3.2.2. Analysis of the participant’s motive
    - 3.2.3. Analysis of the participant’s level of arousal
4. Introductory Analysis of Competition and Cooperation
  - 4.1. The agonal framework: rise and demise
    - 4.1.1. Necessary pre-conditions for its operation, e.g. the play community, conditional equality among participants, peer governance, etc.
    - 4.1.2. Its role in warrior societies and in primitive societies
    - 4.1.3. Its erosion with the development of cooperative socio-political frameworks (emergence of the pseudo-agon)
    - 4.1.4. Ethical and moral concerns – conditional equality, fair play, cheating, the case of the spoil sport, the threat of technology to the human element in sport, etc.

continued .....

5. Sport: A Definitional Overview

- 5.1. Characteristics of sport as a highly organized form of the contest (as opposed to an informal, playful diversion.)
- 5.2. Levels of analysis of sport, i.e. as a game occurrence, as an institutionalized game, as a social institution, as a social situation.
- 5.3. Violence in sport: brutality or prowess?
- 5.4. Sport as a performing art
  - 5.4.1. Cultural barriers to the appreciation of sport as a performing art
  - 5.4.2. Commonalities between sport and the other performing arts
- 5.5. The nature of the sport experience
- 5.6. Questions of aesthetics in sport and dance

6. Socio-political and Religious Influences on View of the Human Body and Play

- 6.1. The mind-body dichotomy in Western thought
- 6.2. The relationship of play to work
- 6.3. The harnessing of play forms to achieve socio-political purpose
- 6.4. Sport and the market place

**O:** Methods of Instruction

Lectures (including “guests,”) seminars, book reports, films, slides

**P:** Textbooks and Materials to be Purchased by Students

Weiss, P. Sport, A Philosophic Inquiry, Southern Illinois University Press, University Press, Carbondale, 1971.

Additional References:

Avedon, E. and B. Sutton-Smith. The Study of Games. New York: John Wiley, 1971.  
 Ellis, M. J. Why People Play. Englewood Cliffs: Prentice Hall, 1973.  
 Gerber, E. (Ed.) Sport and the Body. Philadelphia: Lea and Febiger, 1974.  
 Huizinga, J. Homo Ludens: A Study of the Play-Element in Culture. Boston: Beacon Press, 1955.  
 Levy, J. Play Behavior. Toronto: Wiley, 1978.  
 Lowe, B. The Beauty of Sport: A Cross-Disciplinary Inquiry. Englewood Cliffs: Prentice-Hall, 1977.  
 McIntosh, P. Fair Play: Ethics in Sport and Education. London: Heinemann, 1979.  
 Segal, E.M. and McCain, G. The Game of Science. Monterey, California: Brooks-Cole Publishing Co., 1973.  
 Shea, E.J. Ethical Decisions in Physical Education and Sport. Springfield, Ill: Charles C. Thomas, 1978.  
 Suits, B. The Grasshopper: Games, Life and Utopia. Toronto: The University of Toronto Press, 1978.  
 Vander Zwagg, H. J. and Sheehan, T.J. Introduction to Sport Studies.

Readings Selected from the Following Anthologies:

Hart, M. Sport in the Socio-Cultural Process. Dubuque, Ia: W.C. Brown, 1976.  
 Murphy, J. Concepts of Leisure: Philosophical Implications. Englewood Cliffs: Prentice Hall, 1974.  
 Stone, G. Games, Sport and Power. New Brunswick, N.J: Transaction Books, 1974.  
 Talamini, J.T. and Page, C.H. Sport and Society. Toronto: Little Brown and Co., 1973.

Readings from Novel and Short Stories:

Hemingway, E. The Old Man and the Sea. New York: Scubners and Sons, 1952.  
 Sillitoe, A. The Loneliness of the Long Distance Runner. New York: Signet, 1959.  
 Parandowski, J. The Olympic Discus. New York: Frederick Urgan, 1964.  
 Higgs, R.J. and Isaacs, Neil D. The Sporting Spirit: Athletes in Literature and in Life. New York: Harcourt  
 Brace Jovanovick, 1977.  
 Chapin, H.B. Sports in Literature. New York: David McKay Co., 1976.

**Q:** Means of Assessment

Mid-term Examination	20%
Seminar	15%
Book Reports	15%
Major Assignment	20%
Final Examination	20%
Attendance and Participation	<u>10%</u>
	100%

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

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Course Designer(s)

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Education Council / Curriculum Committee Representative

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Dean / Director

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Registrar