

A. Division: ACADEMIC Date: June 1988

 B. Department: SOCIAL SCIENCES New Course:

 Revision of Course Information Form:

 Dated: October 1975

 C. PSY 322 Subject & Course No. **DEVELOPMENTAL PSYCHOLOGY:**
EARLY MIDDLE and LATE ADULTHOOD Descriptive Title E. 3 Semester Credits

F. Calendar Description:

The course will examine the process of aging in basic areas of psychology: motivation, sensation, perception, physical maturation and cognition. It will also consider both the social implications of aging, as well as our changing values towards death. Solutions to the problems discovered will be explored.

 Summary of Revisions:
 (Enter date and Section Revised)

e.g. 1982-08-25
 Section C,E,F, and R.
1988-06-30
 Sections D,F,G,M,
 N,O,P,Q,R

G. Type of Instruction:	Hours Per Week / Per Semester	H. Course Prerequisites:
Lecture	<u>2</u> Hrs.	PSY 200
Laboratory	_____ Hrs.	I. Course Corequisites:
Seminar	<u>2</u> Hrs.	N11
Clinical Experience	_____ Hrs.	J. Courses for which this Course is a Pre-requisite:
Field Experience	_____ Hrs.	N11
Practicum	_____ Hrs.	K. Maximum Class Size:
Shop	_____ Hrs.	35
Studio	_____ Hrs.	
Student Directed Learning	_____ Hrs.	
Other (Specify)	_____ Hrs.	
Total	<u>4</u> Hrs.	

L. College Credit Transfer	<input checked="" type="checkbox"/>	M. Transfer Credit: Requested <input type="checkbox"/>
College Credit Non-Transfer	<input type="checkbox"/>	Granted <input checked="" type="checkbox"/>
Non-Credit	<input type="checkbox"/>	(Specify Course Equivalents or Unassigned Credit as Appropriate)
		U.B.C. Psy (1.5)
		S.F.U. Psy (3)
		U. Vic. Psy (1.5) 200 level
		Other

V. Mack
 Course Designer(s)
A. [Signature]
 Director / Chairperson

B.M. [Signature]
 Divisional Dean
P.H. [Signature]
 Registrar

N. Textbooks and Materials to be Purchased by Students (Use Bibliographic Form):

Perlmutter & Hall, Adult Development and Aging.
1st Edit., John Wiley & Sons: Toronto, 1985.

Suggested contemporary readings.

Text to be updated periodically.

Complete Form with Entries Under the Following Headings: O. Course Objectives; P. Course Content;
Q. Method of Instruction; R. Course Evaluation

O. COURSE OBJECTIVES

The student will be able to:

1. Describe the changing skills and responsibilities of adulthood throughout the lifespan.
2. List the factors contributing to mental and physical health.
3. Explain the basic demographic principles of disease and maladaptive behaviours.
4. Articulate some of the social problems of aging and explore proposed solutions.

P. COURSE CONTENT

Part I - The Psychology of Aging and Developmental Psychology

- a) The life cycle
- b) Childhood and adulthood
- c) Psychology of aging
- d) Biological aging
- e) Psychological aging
- f) Social aging
- g) Behavioural theory of aging

Part II

- a) Social, cultural and environmental factors in aging
- b) Longevity and health in aging
- c) Aging in learning, memory, sleep, arousal, intelligence, and sexuality

Part III

- a) Work, play and social behaviour in early adulthood
- b) Work, play and social behaviour in midlife
- c) Work, play and social behaviour in early old age
- d) Work, play and social behaviour in late old age

P. COURSE CONTENT - cont'dPart IV

- a) sickness and dying
- b) wellness and dying
- c) summative philosophies of Jung, Maslow, Freud, Adler, and Erikson concerning the living of life.

Q. METHOD OF INSTRUCTION

The course will develop through lectures and seminar presentations. There will be supplementary reading on a chosen subject with critique presented orally.

R. COURSE EVALUATION

The course evaluation will be based on the course objectives and in accordance with Douglas College policy. Evaluation will include both formative and summative components and will include one or more of the following: multiple choice examinations, essay type examinations, term paper or essay. Other methods of evaluation may include quizzes, oral presentations, participation and attendance. The specific evaluation criteria will be provided by the instructor at the beginning of the semester.

One example of an evaluation scheme:

Exam for Part I	15%
Exam for Part II	15%
Exam for Part III	15%
Exam for Part IV	15%
Seminar presentation	30%
Participation	10%