

A: Division: **INSTRUCTIONAL** Date: **FEBRUARY 1998**  
 B: Faculty: **HUMANITIES & SOCIAL SCIENCES** New Course:  
 Department: **PSYCHOLOGY** Revision of Course Information form: **OCTOBER 1992**  
 C: **PSYC 100** D: **AN INTRODUCTION TO PSYCHOLOGY (I)** E: **3**

Subject & Course No.

Descriptive Title

Semester Credit

<p>F: Calendar Description:                  Psychology 100 provides an introduction to selected areas in the field of psychology. Emphasis is placed on psychology as a natural science (theories, methodology and statistics) and the focus is on the investigation of major basic psychological processes such as sensation, perception, learning, memory, consciousness, the biological foundations of behaviour, and life span development.</p>	<p>Summary of Revisions: (Enter date &amp; section) Eg: Section C,E,F                   Sections A, B, N, O, P, R</p>
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G: Type of instruction: Hrs. per week / per semester

Lecture:	4	Hrs.
Laboratory:		Hrs.
Seminar:		Hrs.
Clinical Experience:		Hrs.
Field Experience:		Hrs.
Practicum:		Hrs.
Shop:		Hrs.
Studio:		Hrs.
Student Directed Learning:		Hrs.
Other (Specify):		Hrs.
<b>Total:</b>	<b>4</b>	<b>Hrs.</b>

H: Course Prerequisites:  
**NONE**

I: Course Corequisites:  
**NONE**

J: Course for which this Course is a Prerequisite:  
**PSYC 200**

K: Maximum Class Size:  
**35**

L: College Credit Transfer    
 College Credit Non-Transfer    
 Non-Credit

M: Transfer Credit:	Requested:	
	Granted:	<b>X</b>

Specify Course Equivalents or Unassigned Credit as appropriate: (as per current B.C. Transfer Guide)

SFU **PSYC 100 (3)**  
 UBC **WITH PSYC 200 - UBC PSYC 100 (6)**  
 UNBC **PSYC 101 (3)**  
 UVIC **PSYC 100A (1.5)**  
 Other:

Cornelius P. Rea, Ph.D.  
 Course Designer(s)  
Lathay Gordon, Ph.D.  
 Department Chair

[Signature]  
 Registrar

**Subject and Course Number**

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N. Textbooks and Materials to be Purchased by Students (Use Bibliographic Form):

**Myers, David. 1998. Psychology. (5th ed.) New York: Worth Publishers.**

**(This text is used for both PSYC 100 and 200)**

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Complete Form with Entries Under the Following Headings: O. Course Objectives; P. Course Content;  
Q. Method of Instruction; R. Course Evaluation

**O. COURSE OBJECTIVES**

At the conclusion of the course the student will be able to:

1. Define psychology, and give examples of different kinds of phenomena that psychologists study.
2. Identify areas of specialization and list and describe the major perspectives in psychology.
3. Describe the experimental methodology and statistical approaches used in contemporary psychology.
4. Outline the major divisions and subdivisions of the nervous system and their relation to behavior.
5. Describe the various theories and phenomena involved in sensation and perception.
6. Define learning and memory and describe the various paradigms and procedures used in these areas of research.
7. Identify various states of consciousness including sleep, hypnosis and the effects of various drugs on consciousness.
8. Explain the complex nature of life span development and compare and contrast various theories in developmental psychology.
9. Write a report demonstrating basic knowledge of APA (American Psychological Association) style. ✓

**P. COURSE CONTENT**

1. Foundations of Psychology  
What is psychology?  
Scientific attitudes and theories  
Psychology's methods and aims  
Statistics and everyday life ×

**P. COURSE CONTENT - Cont'd.**

2. **Biological Roots of Behavior**  
Natural selection  
The nervous system  
The brain  
The endocrine system  
Genes and behavior
3. **Development Over the Life Span**  
Developmental issues (e.g. nature or nurture)  
Prenatal development  
Infancy  
Childhood  
Adolescence and adulthood  
Gender differences
4. **Sensation**  
Sensing the world - basic principles  
Seeing  
Hearing  
The other senses
5. **Perception**  
Basic issues in perception (e.g. innate versus learned)  
Perceptual organization  
Perceptual illusions  
E.S.P.
6. **States of Consciousness**  
Methodological issues  
Daydreaming  
Sleep and dreams  
Hypnosis  
Drugs and consciousness
7. **Learning**  
Classical conditioning  
Operant conditioning  
Observational learning  
Cognitive interpretations
8. **Memory**  
Forming memories: theoretical approaches  
Forgetting  
Improving memory

**Q. METHOD OF INSTRUCTION**

The primary method of instruction will be the lecture, but the course may involve various other methods of instruction such as small group activities, discussion groups, seminars, oral presentations, laboratory demonstrations, field trips, computer simulations, video tapes, film, guest lectures, etc.

**R. COURSE EVALUATION**

The course evaluation will be based on the course objectives and in accordance with Douglas College policy and the policies of the Psychology Department. A minimum of 50% of students' grades will be based upon objective multiple choice questions from a text-related test bank. A minimum of 10% of students' grades will be based upon questions requiring written answers at least a paragraph in length. A maximum of 10 % of students' grades may be based on attendance and participation. A report requiring elements of APA style, as outlined in a psychology faculty approved introduction to APA style guide, will be required. Other methods of evaluation may include laboratory projects, oral presentations, computer simulations, etc. The specific evaluation criteria will be provided by the instructor at the beginning of the semester.

One example of an evaluation scheme

Four multiple choice tests at 15% each	60%
One written final exam	20%
Computer simulations	5%
Attendance and participation	5%
Research project and APA report	<u>10%</u>
	100%

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