

M: Course Objectives / Learning Outcomes:

1. discriminate among selected therapeutic approaches
 - 1.1 identify therapeutic approaches most suited to client populations
 - 1.2 identify the level of intervention required
 - 1.3 identify the degree of complexity required in the therapeutic situation
2. describe selected self-growth techniques which are used to effect changes in individuals or groups
 - 2.1 relaxation techniques
 - 2.2 exercise regimens
 - 2.3 biofeedback
 - 2.4 imaging
3. analyze the use of traditional therapeutic approaches to effect change in individuals or groups
 - 3.1 psychotropic agents
 - 3.2 electroconvulsive therapy
 - 3.3 milieu therapy
 - 3.4 crisis intervention
4. identify components of a health care system which affect health care delivery
5. review psychotropic agents - indications for use, actions, dosages, side effects and contraindications
6. relate the general principles and underlying mechanisms of action of psychotropic agents
7. describe mechanisms that give rise to drug interactions
8. analyze effects of psychotropic agents on client populations across the lifespan
9. analyze the concept of therapeutic environment and its use in all client settings
10. describe ways to assist the client to establish networks within the community and health care system
11. describe roles of the psychiatric nurse and team members in establishing a therapeutic environment
12. identify formal and informal communication patterns between and among clients, nurses, team members and families
13. analyze the essential internal and external environmental factors which contribute to a therapeutic environment in all settings
14. identify decision-makers in the health care system
15. analyze the basis for treatment decisions in the health care system
16. describe selected health care models and their effects on decision-making
17. apply principles of effective decision-making in independent and interdependent situations
18. describe the impact of decision-making strategies in selected client and staff situations
19. analyze uses and abuses of physical restraint, seclusion and use of medications
20. analyze patients rights regarding treatment, informed consent
21. analyze the role of patient advocate

N: Course Content:

1. common therapeutic approaches
 - 1.1 most suited client populations
 - 1.2 most suitable level (c) or intervention
 - 1.3 selecting degree of complexity
2. self-growth techniques and target groups
3. indicators used to analyze traditional therapeutic approaches
4. client populations, their characteristics and needs
5. components of a health care system
6. psychotropic agents - review
7. general principles and mechanisms of psychotropic drug action
8. drug interaction effects
9. psychotropic agents and the life span variances
10. therapeutic environment review
11. networking
12. team roles in a therapeutic environment
13. systems use of communication patterns
14. essential elements of a therapeutic environment in all settings
15. health care system decision-makers
16. decision-making in treatment situations
17. health care models
18. principles of effective decision-making

<p>O: Methods of Instruction:</p> <p>Students will acquire knowledge and skill and learn to apply concepts through a variety of means of instruction and activities, including: lecture, demonstration, audio-visual aids, case studies, debate forums, critical thinking exercises and teamwork.</p>
<p>P: Textbooks and Materials to be Purchased by Students:</p> <p>A list of required and optional textbooks and materials is provided for students at the beginning of each semester.</p>
<p>Q: Means of Assessment:</p> <p>The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.</p> <p>This is a graded course.</p>
<p>R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR</p> <p>Not eligible for PLAR</p>

 Course Designer(s)

 Education Council / Curriculum Committee Representative

 Dean / Director

 Registrar