



**EFFECTIVE: MAY, 2008**  
**CURRICULUM GUIDELINES**

**A.** Division: Education Effective Date: May, 2008

**B.** Department / Program Area: Psychiatric Nursing / Diploma/Degree  
 Revision:  New Course   
 If Revision, Section(s) Revised: **D, F, I, J, M, N, R**  
 Date of Previous Revision: September, 2007  
 Date of Current Revision: September, 2007

**C:** PNUR 4573      **D:** Psychiatric Nursing of Children and Adolescents      **E:** 3

Subject & Course No.	Descriptive Title	Semester Credits						
<p><b>F:</b> Calendar Description:            Students will explore child and adolescent mental health issues, differentiating them from adult mental health disorders. This course examines specific mental health disorders seen in children and adolescents from a holistic systems perspective utilizing the Neuman Systems Model of Nursing. The course content will also include developmental, social and cultural theories related to the causes and risk factors of selected child and adolescent mental health disorders. Course content will also include developmental, social and cultural theories that relate to the causes of mental health issues in children; risk factors in children; and adolescent mental health disorders. Psychiatric nursing assessment and interventions will be identified and will be discussed within the context of a multidisciplinary approach and will focus on primary, secondary and tertiary levels of prevention and health promotion strategies. The Neuman Systems Model of Nursing will guide the psychiatric nursing analysis.</p>								
<p><b>G:</b> Allocation of Contact Hours to Type of Instruction / Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p><b>Lecture</b></p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p>Lecture: 4 hours</p> <p>Number of Weeks per Semester:</p> <p>15</p>	<p><b>H:</b> Course Prerequisites:</p> <p>PNUR 2401, PNUR 2421, PNUR 2430, PNUR 2461</p>							
	<p><b>I:</b> Course Corequisites:</p> <p>Diploma: PNUR 3501, PNUR 4521, PNUR 4561            Degree: PNUR 4503, PNUR 4521, PNUR 4561, PNUR 4575,</p>							
	<p><b>J:</b> Course for which this Course is a Prerequisite:</p> <p>PNUR 4601, PNUR 4646</p>							
	<p><b>K:</b> Maximum Class Size:</p> <p style="text-align: center;"><b>40</b></p>							
<p><b>L:</b> PLEASE INDICATE:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 5%; border: 1px solid black; text-align: center;"><input type="checkbox"/></td> <td>Non-Credit</td> </tr> <tr> <td style="border: 1px solid black; text-align: center;"><input checked="" type="checkbox"/></td> <td>College Credit Non-Transfer</td> </tr> <tr> <td style="border: 1px solid black; text-align: center;"><input type="checkbox"/></td> <td>College Credit Transfer:</td> </tr> </table> <p style="text-align: center;">SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (<a href="http://www.bctransferguide.ca">www.bctransferguide.ca</a>)</p>			<input type="checkbox"/>	Non-Credit	<input checked="" type="checkbox"/>	College Credit Non-Transfer	<input type="checkbox"/>	College Credit Transfer:
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**M:** Course Objectives / Learning Outcomes

Upon successful completion of the course the learner will be able to:

- assess attitudes, knowledge & skills needed in clinical psychiatric nursing practice to care for the children and adolescents experiencing mental health challenges and/or disorders
- assess attitudes, knowledge & skills needed in clinical psychiatric nursing practice to care for the children and adolescents experiencing developmental challenges and/or disorders.
- explain the theory and principles related to identification, screening and assessment of challenges specific to children and adolescents utilizing the Neuman Systems Model of Nursing

Apply Systems Theory to Child and Adolescent Psychiatric Nursing

- analyse key concepts of the Neuman Systems Model of Nursing in relation to child and adolescent mental health challenges/disorders.
- analyse the developmental variable as it relates to children and adolescents through a review of the individual and family systems.
- integrate common theories related to growth and development of children and adolescents into the Neuman Systems Model
- identify theories and causes of child and adolescent mental health challenges /disorders.
- identify contributing factors and etiology of selected mental health disorders in children and adolescents.
- identify theories and causes of child and adolescent developmental challenges/disorders.
- identify contributing factors and etiology of selected developmental challenges/disorders in children and adolescents.
- formulate psychiatric nursing diagnoses and goal statements based on nursing analysis
- develop psychiatric nursing interventions focused on primary, secondary and tertiary intervention levels of prevention

Systematically Assess and Analyse a Child and Adolescent at Risk for Mental Health Disorders

- Explore the differences in conducting assessment for children/adolescents in comparison to the adult individual based on the Neuman Systems Model of nursing.
- describe selected standardized tools for child and adolescent assessment.
- describe and define selected mental health and developmental disorders challenges/disorders in children and adolescents.

Analyse the Psychiatric Nurse's Role in Family Assessment Strategies

- analyse personal characteristics, skills, and readiness for providing comprehensive mental health care for children and adolescents experiencing mental health and developmental challenges/disorders.
- identify key principles and techniques related to child and adolescent assessment and intervention strategies.
- analyse the role of psychiatric nursing in child and adolescent mental health interventions.

**N:** Course Content:

Neuman Systems Model of Nursing

- attitudes, knowledge and skills for clinical practice with children and adolescents
- intervention and treatment strategies
- clinical approaches for children and adolescents
- utilizing the variables within the NSM of nursing to conduct holistic assessment of children and adolescents.

Theories of Child and Adolescent Mental Health Disorders

- normal child and adolescent development
- key reasons for children and adolescents to present mental health disorders differently than adults
- mental health risk factors for children and adolescents
- children and adolescents psychiatric nursing theory
- Neuman Systems Model within the context of child and adolescent development.

#### Children with Behavioural Disorders

- behavioural disorders in children and adolescents.
  - attention deficit and hyperactivity disorder
  - conduct disorder
  - oppositional defiant disorder
- pharmacology
- psychiatric nursing assessment and intervention strategies.

#### Children with Mood and Anxiety Disorders

- mood disorders
- depressive disorder
- major depressive episode
- manic episode
- mixed episode
- dysthymic disorder
  - self-harm behaviour
- anxiety disorders
- post-traumatic stress disorder
- tic disorder
- obsessive compulsive disorder
- differentiate mood and anxiety disorders in children and adolescents from adults
  - pharmacology psychiatric nursing assessment and intervention strategies.

#### Children with Developmental Disorders

- disorders that interfere with child and adolescent development
  - mental retardation
  - fetal alcohol disorder
  - maternal substance abuse
  - learning disabilities
  - pervasive developmental disorders
- differentiate schizophrenia in children and adolescents from adults
- pharmacology
- psychiatric nursing assessment and intervention strategies

#### Youth at Risk

- street involved youth
  - risk factors and characteristics
  - runaways
  - push and pull factors
  - prostitution
- substance involved youth
  - risk factors and characteristics
    - abuse
    - family
    - community
    - individual
- differentiate substance use in children and adolescents from adults
- forensic involved youth
  - forensic psychiatry
  - Youth Criminal Justice Act (YCJA)
  - Criminal Code of Canada (CCC)
- psychiatric nursing assessment and intervention strategies

#### Children with Health Related Disorders

- eating
- sleeping
- elimination
- chronic health disorders
- psychiatric nursing assessment and intervention strategies.

**O:** Methods of Instruction

Students will acquire knowledge and skill and learn to apply concepts through a variety of means of instruction and activities, including: lecture, demonstration, audio-visual aids, case studies, debate forums, critical thinking exercises and teamwork.

**P:** Textbooks and Materials to be Purchased by Students

A list of required and optional textbooks and materials is provided for students at the beginning of each semester.

**Q:** Means of Assessment

The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course.

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Course is not eligible for PLAR

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 Course Designer(s)

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 Education Council / Curriculum Committee Representative

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 Dean / Director

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 Registrar