

EFFECTIVE: SEPTEMBER 2006

CURRICULUM GUIDELINES

Α.	Division:	Instruction		Effective Date:	Septemb	per 1, 2006		
В.	Department / Program Area:	Psychiatric Nursing Diploma/Degree		Revision	New Co	ourse	X	
				If Revision, Section(s)				
				Revised:				
				Date of Previous Revisi	ion:			
				Date of Current Revision	on:			
C:	PNUR 4573 D : Addictions,		s/Chile	d & Adolescents	E :	3		
	Subject & Cou		Des	criptive Title	Semester Credits			
F:	Calendar Description: Students will develop an understanding of current knowledge related to addictions. Students will also examine the historical and cultural contexts of addiction, theory, and principles of identification, screening, assessment, and integrated models of intervention along with attitudes, knowledge and skills required for practice within the context of primary health care delivery systems. In addition, students will explore child and adolescent mental health issues, differentiating from adult mental health disorders. This course examines specific mental health disorders seen in children and adolescents from a systems perspective. It includes development, social and cultural theories, causes and risk factors of selected child and adolescent mental health disorders; and psychiatric nursing and multidisciplinary assessment, and interventions focusing on the levels of prevention and health promotion strategies. The Neuman Systems Model will guide the nursing analysis.							
G:	Allocation of Contact Hours to Type of Instruction / Learning Settings Primary Methods of Instructional Delivery and/or Learning Settings: Lecture Number of Contact Hours: (per week / semester for each descriptor) Lecture: 4 hours Number of Weeks per Semester: 15		н:	Course Prerequisites: PNUR 2401, PNUR 2	2421, PNUR 24	30, PNUR 24	61	
			I:	Course Corequisites:				
				Diploma: PNUR 350 Degree: PNUR 4503 PNUR 4561, PNUR 4	, PNUR 4521, F			
			J:	Course for which this	Course is a Pre	requisite		
				PNUR 4601, PNUR 4	1644			
			K:	Maximum Class Size	:			
L:	PLEASE IN	DICATE:		-				
	Non-Credit							
	X College Credit Non-Transfer							
	College Credit Transfer:							
	SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)							

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Course Objectives / Learning Outcomes

M:

Upon successful completion of the course the learner will be able to:

- assess attitudes, knowledge & skills needed in clinical practice.
- explain the historical and cultural diversity contexts of addiction.
- explain the theory and principles of identification, screening and assessment.
- describe treatment and basic intervention strategies.
- demonstrate use of the system of care.
- describe integrated models of intervention.

Apply Systems Theory to Child and Adolescent Psychiatric Nursing

- analyse key concepts of the Neuman Systems Model in relation to child and adolescent mental health disorders.
- analyse the developmental variable as it relates to children and adolescents through a review of the individual and family systems.
- integrate common theories related to growth and development of children and adolescents into the Neuman Systems Model
- identify theories and causes of child and adolescent mental health disorders.
- identify contributing factors and etiology of selected mental health disorders in children and adolescents.
- formulate nursing diagnosis based on child and adolescent assessment data.

Systematically Assess and Analyse a Child and Adolescent at Risk for Mental Health Disorders

- examine a child and adolescent assessment process based on Neuman Systems Model.
- describe selected standardized tools for child and adolescent assessment.
- describe and define selected mental health disorders in children and adolescents.

Analyse the Psychiatric Nurse's Role in Family Assessment Strategies

- analyse personal characteristics, skills, and readiness for mental health assessment and interventions
 with children and adolescents.
- identify key principles and techniques related to child and adolescent assessment and intervention strategies.
- analyse the role of psychiatric nursing in child and adolescent mental health interventions.

N: Course Content:

Addictions:

- attitudes, knowledge and skills for clinical practice in addictions
- historical and cultural diversity
- theories and principles of Identification, Screening & Assessment
- intervention and treatment strategies
- utilization of the system of care
- clinical approaches for specific populations
- management of substance abuse and dependence problems in families.

Theories of Child and Adolescent Mental Health Disorders

- normal child and adolescent development
- key reasons for children and adolescents to present mental health disorders differently than adults
- mental health risk factors for children and adolescents
- children and adolescents psychiatric nursing theory
- Neuman Systems Model within the context of child and adolescent development.

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Children with Behavioural Disorders

- behavioural disorders in children and adolescents.
 - attention deficit and hyperactivity disorder
 - o conduct disorder
 - o oppositional defiant disorder
- pharmacology
- psychiatric nursing assessment and intervention strategies.

Children with Mood and Anxiety Disorders

- mood disorders
- depressive disorder
- major depressive episode
- manic episode
- mixed episode
- dysthymic disorder
 - o self-harm behaviour
- anxiety disorders
- post-traumatic stress disorder
- tic disorder
- obsessive compulsive disorder
- differentiate mode and anxiety disorders in children and adolescents from adults
 - o pharmacology psychiatric nursing assessment and intervention strategies.

Children with Developmental Disorders

- disorders that interfere with child and adolescent development
 - mental retardation
 - fetal alcohol disorder
 - o maternal substance abuse
 - o learning disabilities
 - o pervasive developmental disorders
- differentiate schizophrenia in children and adolescents from adults
- pharmacology
- psychiatric nursing assessment and intervention strategies

Youth at Risk

- street involved youth
 - o risk factors and characteristics
 - o runaways
 - o push and pull factors
 - o prostitution
- substance involved youth
 - o risk factors and characteristics
 - abuse
 - family
 - community
 - individual
- harm reduction
- withdrawal
- commonly used psychoactive drugs
- differentiate substance use in children and adolescents from adults
- forensic involved youth
 - o forensic psychiatry
 - Youth Criminal Justice Act (YCJA)
 - o Criminal Code of Canada (CCC)
- psychiatric nursing assessment and intervention strategies

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	Children with Health Related Disorders	ervention strategies.				
O:	Methods of Instruction Students will acquire knowledge and skill and learn to apply concepts through a variety of means of instruction and activities, including: lecture, demonstration, audio-visual aids, case studies, debate forums, critical thinking exercises and teamwork.					
P:	Textbooks and Materials to be Purchased by Students A list of required and optional textbooks and materials is provided for students at the beginning of each semester					
Q:	Means of Assessment The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course. This is a graded course.					
R:	Prior Learning Assessment and Recognition: specify whether course is open for PLAR Prior learning will be assessed on an individual basis based on the Douglas College PLAR guidelines.					
Course Designer(s)		Education Council / Curriculum Committee Representative				

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Registrar

Dean / Director