

Course Objectives / Learning Outcomes

M:

Upon successful completion of the course the learner will be able to:

- assess attitudes, knowledge & skills needed in clinical practice.
- explain the historical and cultural diversity contexts of addiction.
- explain the theory and principles of identification, screening and assessment.
- describe treatment and basic intervention strategies.
- demonstrate use of the system of care.
- describe integrated models of intervention.

Apply Systems Theory to Child and Adolescent Psychiatric Nursing

- analyse key concepts of the Neuman Systems Model in relation to child and adolescent mental health disorders.
- analyse the developmental variable as it relates to children and adolescents through a review of the individual and family systems.
- integrate common theories related to growth and development of children and adolescents into the Neuman Systems Model
- identify theories and causes of child and adolescent mental health disorders.
- identify contributing factors and etiology of selected mental health disorders in children and adolescents.
- formulate nursing diagnosis based on child and adolescent assessment data.

Systematically Assess and Analyse a Child and Adolescent at Risk for Mental Health Disorders

- examine a child and adolescent assessment process based on Neuman Systems Model.
- describe selected standardized tools for child and adolescent assessment.
- describe and define selected mental health disorders in children and adolescents.

Analyse the Psychiatric Nurse's Role in Family Assessment Strategies

- analyse personal characteristics, skills, and readiness for mental health assessment and interventions with children and adolescents.
- identify key principles and techniques related to child and adolescent assessment and intervention strategies.
- analyse the role of psychiatric nursing in child and adolescent mental health interventions.

N: Course Content:

Addictions:

- attitudes, knowledge and skills for clinical practice in addictions
- historical and cultural diversity
- theories and principles of Identification, Screening & Assessment
- intervention and treatment strategies
- utilization of the system of care
- clinical approaches for specific populations
- management of substance abuse and dependence problems in families.

Theories of Child and Adolescent Mental Health Disorders

- normal child and adolescent development
- key reasons for children and adolescents to present mental health disorders differently than adults
- mental health risk factors for children and adolescents
- children and adolescents psychiatric nursing theory
- Neuman Systems Model within the context of child and adolescent development.

Children with Behavioural Disorders

- behavioural disorders in children and adolescents.
 - attention deficit and hyperactivity disorder
 - conduct disorder
 - oppositional defiant disorder
- pharmacology
- psychiatric nursing assessment and intervention strategies.

Children with Mood and Anxiety Disorders

- mood disorders
- depressive disorder
- major depressive episode
- manic episode
- mixed episode
- dysthymic disorder
 - self-harm behaviour
- anxiety disorders
- post-traumatic stress disorder
- tic disorder
- obsessive compulsive disorder
- differentiate mood and anxiety disorders in children and adolescents from adults
 - pharmacology psychiatric nursing assessment and intervention strategies.

Children with Developmental Disorders

- disorders that interfere with child and adolescent development
 - mental retardation
 - fetal alcohol disorder
 - maternal substance abuse
 - learning disabilities
 - pervasive developmental disorders
- differentiate schizophrenia in children and adolescents from adults
- pharmacology
- psychiatric nursing assessment and intervention strategies

Youth at Risk

- street involved youth
 - risk factors and characteristics
 - runaways
 - push and pull factors
 - prostitution
- substance involved youth
 - risk factors and characteristics
 - abuse
 - family
 - community
 - individual
- harm reduction
- withdrawal
- commonly used psychoactive drugs
- differentiate substance use in children and adolescents from adults
- forensic involved youth
 - forensic psychiatry
 - Youth Criminal Justice Act (YCJA)
 - Criminal Code of Canada (CCC)
- psychiatric nursing assessment and intervention strategies

Children with Health Related Disorders

- eating
- sleeping
- elimination
- chronic health disorders
- psychiatric nursing assessment and intervention strategies.

O: Methods of Instruction

Students will acquire knowledge and skill and learn to apply concepts through a variety of means of instruction and activities, including: lecture, demonstration, audio-visual aids, case studies, debate forums, critical thinking exercises and teamwork.

P: Textbooks and Materials to be Purchased by Students

A list of required and optional textbooks and materials is provided for students at the beginning of each semester.

Q: Means of Assessment

The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course.

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Prior learning will be assessed on an individual basis based on the Douglas College PLAR guidelines.

Course Designer(s)

Education Council / Curriculum Committee
Representative

Dean / Director

Registrar