



**EFFECTIVE: SEPTEMBER 2006  
CURRICULUM GUIDELINES**

A. Division: Instruction Effective Date: September 1, 2006  
 B. Department / Program Area: Psychiatric Nursing Diploma/Degree  
 Revision  New Course  X  
 If Revision, Section(s) Revised:

Date of Previous Revision:  
 Date of Current Revision:

C: PNUR 3341 D: Group Theory & Process II E: 1.5

Subject & Course No.	Descriptive Title	Semester Credits
<b>F:</b>	<b>Calendar Description:</b>  This course is intended to add to the students' knowledge of group work. Students expand their knowledge of the history and development of groups. Students further enhance their knowledge and skill related to group structure and functioning. Students revisit the integration of therapeutic relationship skills to group work. Students learn to establish goals and objectives for groups, continue to explore their beliefs and values pertaining to groups, and discover and apply the underpinnings of specific group theories. Phases of group development are taught and applied as well as diagnosing problems in groups and examining ethical issues related to group work. Students further learn how to conduct groups with specific populations; the purpose and focus of selected modalities. Students will conduct, analyze and evaluate groups at a higher level than in Group Theory I.	
<b>G:</b>	<b>H:</b> Course Prerequisites:	PNUR 1141, PNUR 1201, PNUR 1221, PNUR 1230, PNUR 1261
	<b>I:</b> Course Corequisites:	PNUR 2301, PNUR 2321, PNUR 2330, PNUR 2361
	<b>J:</b> Course for which this Course is a Prerequisite	PNUR 2401, PNUR 2421, PNUR 2430, PNUR 2461
	<b>K:</b> Maximum Class Size:	40
<b>L:</b>	<b>PLEASE INDICATE:</b> <input type="checkbox"/> Non-Credit <input checked="" type="checkbox"/> College Credit Non-Transfer <input type="checkbox"/> College Credit Transfer:  SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS ( <a href="http://www.bccat.bc.ca">www.bccat.bc.ca</a> )	

**M:** Course Objectives / Learning Outcomes:

In this course students will continue to use the Douglas College Department of Psychiatric Nursing Curricular Threads (wellness-illness continuum, professional values, professional caring & health care delivery system), and in the context of the environmental, health and psychiatric nursing domains, will integrate the care of the person domain (client system, psychological, physiological, sociocultural, spiritual & developmental variables). Students will expand their knowledge, skills and attitudes related to group structure and process when caring for individuals across the life span who are experiencing episodic or ongoing health challenges.

**N:** Course Content:

In this course, within the context of the Douglas College Department of Psychiatric Nursing's philosophy and conceptual framework, students will focus on developing the psychiatric nursing role and promoting health in clients through an advanced understanding, acquisition and utilization of group skills.

Specific concepts that will be addressed are:

1. An expanded history of the evolution of groups and group theory
2. Knowledge & skill related to group structure & functioning
  - a. Number of groups
  - b. Membership
  - c. Environment
  - d. Number of sessions
  - e. Length of sessions
  - f. Group norms
3. Revisit & update integration of Therapeutic Relationship skills to group
4. Establishing goals and objectives for groups
5. Revisiting and responding to personal beliefs, attitudes and values, working with individuals in group
6. Revisiting and responding to diversity, along with group work across the lifespan issues
7. Leadership: qualification, personal style, co-leadership, team dynamics, integration of theoretical approaches to group work.
8. Conducting groups with specific populations; purposes and focus of selected types of groups (e.g.: women and abuse, medication ed., eating disorders, etc)
9. Phases of group development
  - a. Initial
  - b. Transition
  - c. Working
  - d. Termination
  - e. Post group session(s)
10. Revisiting pitfalls and unpredictability of groups
11. Revisiting trust and safety
12. Diagnosing problems in groups
13. Legal and ethical issues
14. Group Theorists (x10: Psychoanalytical; Adlerian; Psychodrama; Existential; Person-centered; Gestalt; Transactional Analysis; Behavioural; Rational-emotive behaviour; Reality Therapy)
15. Critical thinking in group
16. Group proposal—advanced
17. Conducting/leading/co-leading a group
18. Analyzing and evaluating a group through the use of tools

**O:** Methods of Instruction

Student learning is facilitated through a variety of teaching/learning methods including lecture, demonstration, audio-visual aids, group discussion, group and/or individual research and presentations and experiential learning as a group member with the intent of advancing the development of group skills

<p><b>P:</b> Textbooks and Materials to be Purchased by Students</p> <p>A list of required and optional textbooks and materials is provided for students at the beginning of each semester.</p>	
<p><b>Q:</b> Means of Assessment</p> <p>The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.</p> <p>This is a graded course.</p>	
<p><b>R:</b> Prior Learning Assessment and Recognition: specify whether course is open for PLAR</p> <p>Prior Learning will be assessed on an individual basis based on the Douglas College PLAR guidelines.</p>	
<p>_____</p> <p>Course Designer(s)</p>	<p>_____</p> <p>Education Council / Curriculum Committee Representative</p>
<p>_____</p> <p>Dean / Director</p>	<p>_____</p> <p>Registrar</p>