



**EFFECTIVE: SEPTEMBER 2006
CURRICULUM GUIDELINES**

A. Division: Instruction
B. Department / Program Area: Psychiatric Nursing Degree Program

Effective Date: September 1, 2006

Revision New Course

If Revision, Section(s)

Revised:

Date of Previous Revision:

Date of Current Revision:

C: PNUR 3171

D: Family Health Promotion for Psychiatric Nursing Practice

E: 3

Subject & Course No.	Descriptive Title	Semester Credits
<p>F: Calendar Description:</p> <p>In this course learners will be introduced to theoretical frameworks used to guide family health promotion in the context of primary health care delivery systems. Learners will examine family development, structure, and process concepts and review their historical underpinnings from family theory. Learners will have opportunities to apply the Neuman Systems Model assessment tool for families to a selected family and develop strategies to promote optimal family system stability and wellness.</p>		
<p>G: Allocation of Contact Hours to Type of Instruction / Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Lecture</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p>4 Hours</p> <p>Number of Weeks per Semester: 15</p>	<p>H: Course Prerequisites:</p> <p>All Year 1 Associate Studies Courses</p>	
	<p>I: Course Corequisites:</p> <p>PNUR 1101, PNUR 1121, PNUR 1130, PNUR 1141</p>	
	<p>J: Course for which this Course is a Prerequisite</p> <p>PNUR 1201, PNUR 1221, PNUR 1230, PNUR 1261</p>	
	<p>K: Maximum Class Size:</p> <p>40</p>	
<p>L: PLEASE INDICATE:</p> <p><input type="checkbox"/> Non-Credit</p> <p><input checked="" type="checkbox"/> College Credit Non-Transfer</p> <p><input type="checkbox"/> College Credit Transfer:</p> <p>SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)</p>		

M: Course Objectives/Learning Outcomes

In this course, learners will have opportunities to:

- Develop their theoretical knowledge of family theory and family nursing theory
- Discuss theoretical foundations associated with family theory and family nursing
- Examine four nursing frameworks to guide family nursing assessment and practice
- Demonstrate application of the Neuman Systems Model of nursing to guide family health promotion in the context of psychiatric nursing practice.

N. Course Content

The focus of this course is to introduce the learner to family nursing frameworks that are based upon family development, structural, and process concepts. Learners will be introduced to theoretical foundations associated with family theory and family nursing theory. The Neuman Systems Model assessment tool for families will be applied to a selected family. Course content includes:

Unit 1: Overview of Family Theory and Family Nursing Theory

- Introduction to Family Health Nursing
- Overview of 21st Century Families

Unit 2: Theoretical Foundations associated with Family Theory and Family Health Nursing

- Developmental
- Structural
- Structural-Functional
- Friedman

Unit 3: Theoretical foundations associated with Family Theory and Family Health Nursing

- Systems & Communication
- Strategic/Interactional
- Friedman

Unit 4: Theoretical foundations associated with Family Theory and Family Health Nursing

- Bowen's Family Systems
- Calgary Family Assessment

Unit 5: Neuman Systems Model for Family Health Assessment, Promotion and related concepts

- Neuman Systems Model
- Family Roles
- Family Social Support
- Family Spirituality & Religion
- Family Stress Management

Unit 6: Nursing Process and the Neuman Systems Model

- Using the Nursing Process with Families
- Nursing Diagnosis, Nursing Goals, Nursing Outcomes

Unit 7: The Psychiatric Nurse and Family Assessment & Intervention

- Family Communication
- Neutrality, Hypothesizing, Circularity

Unit 8: Family Health Promotion: Prevention as Intervention with Family Systems

- Family Health Promotion & Protection
- Sociocultural Influences on Family Health
- Family Health Protection
- Family Health Promotion During Transitions
- Family Health Promotion During Life-Threatening Illness
- Family Environmental Health
- Health Promotion of Families in Rural Settings

<p>Unit 9: The Future of Family Health Nursing</p> <ul style="list-style-type: none"> • Social, Health Policy on Family Health • Family Nursing in the New Millennium 	
<p>O: Methods of Instruction</p> <p>Students will acquire knowledge and skill and learn to apply concepts through a variety of means of instruction and activities, including: lecture, demonstration, audio-visual aids, case studies, debate forums, critical thinking exercises and teamwork.</p>	
<p>P: Textbooks and Materials to be Purchased by Students</p> <p>A list of required and optional textbooks and materials is provided for students at the beginning of each semester.</p>	
<p>Q: Means of Assessment</p> <p>The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.</p> <p>This is a graded course.</p>	
<p>R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR</p> <p>Prior learning will be assessed on an individual basis based on the Douglas College PLAR guidelines.</p>	
<hr/>	
<p>Course Designer(s)</p>	<p>Education Council / Curriculum Committee Representative</p>
<hr/> <p>Dean / Director</p>	<hr/> <p>Registrar</p>