

A: Division: Instruction	Date: 20 May 1999
B: Department: Psychiatric Nursing	New Course: No
Program: Diploma	Revision of Course Information form: 18 January 1999
C: PNUR 541	D: Group Process for Psychiatric Nursing
	E: 3

Subject & Course No.	Descriptive Title	Semester Credit
F: Calendar Description: Students will develop the knowledge and skills to participate in and to lead selected groups within the practice setting and have the opportunity to experience group process. The historical development of groups, selected theoretical bases of group counselling, the basic elements of group structure and process, leadership roles and responsibilities, rights and responsibilities of members, ethical issues and evaluation tools will be addressed.	Summary of Revisions: (Enter date & section) Eg: Section C, E, F Sections N, 5.99	
G: Type of Instruction: Hours per Week <div style="display: flex; justify-content: space-between;"> <div style="width: 60%;"> Lecture: 4 Hrs. Laboratory: Hrs. Seminar: Hrs. Clinical Experience: Hrs. Field Experience: Hrs. Practicum: Hrs. Shop: Hrs. Studio: Hrs. Student Directed Learning: Hrs. Other: Hrs. Total: 4 Hrs. </div> <div style="width: 35%;"> H: Course Prerequisites: PNUR 440, 444 I: Course Corequisites: PNUR 540, PNUR 544 ^C MAS J: Course for which this Course is a Prerequisite: PNUR 640, 644 K: Maximum Class Size: 32 </div> </div>		
L: <div style="display: flex; justify-content: space-between;"> <div style="width: 60%;"> College Credit Transfer <input type="checkbox"/> College Credit Non-Transfer <input checked="" type="checkbox"/> Non-Credit <input type="checkbox"/> </div> <div style="width: 35%;"> M: Transfer Credit: Requested: <input type="checkbox"/> Granted: <input type="checkbox"/> Specify Course Equivalents or Unassigned Credit as appropriate: U.B.C. S.F.U. U. Vic. Other: </div> </div>		

Debra Bullenwood
Course Designer(s)

J. Alwood
Dean of Health Sciences

Vice-President, Instruction

P. H. Dyer
Registrar

N. Textbooks and Materials to be Purchased by Students (Use Bibliographic Form):

Required:

Corey, G. (2000). Theory and practice of group counseling. (5th ed.).
California: Brooks/Cole.

Optional:

Corey, G. (2000). Student manual for theory and practice of group counseling.
(5th ed.). California: Brooks/Cole.

**Complete Form with Entries Under the Following Headings: O. Concepts;
P. Course Content; Q. Method of Instruction; R. Course Evaluation**

O. Key Concepts

1. Therapeutic group process has evolved over time. The history and evolution of group treatment processes assists in the understanding of the use of group process in the mental health field today. Knowledge of other known group processes such as feminist group processes and aboriginal healing circles enhances the understanding of ways that group process might be used today.
2. Examination of the caring philosophy of the Psychiatric Nursing Program assists in selecting a group process most relevant to persons experiencing ongoing or episodic health challenges today.
3. Caring behaviors and therapeutic communication skills along with the knowledge and skills related to group structure and process assist in the development of group skills.
4. Examination of personal attitudes, values and beliefs related to group process assists in understanding the purpose and meaning of the lived experience of persons within groups.
5. Components of group process occur in all groups whether composed of peers, co-workers or clients. Knowledge of group behaviors assists students to collaborate more effectively in any working group, to appreciate the commonalities and diversity, and to integrate the unique lived experience of all the members.
6. A group is a system with structural components related to the leadership, the number and type of members, the environment, the number and length of meetings and the group norms. Understanding how groups are structured assists students to plan and lead or co-lead selected groups in psychiatric nursing practice.
7. A caring group environment provides a safe place for sharing perceptions and meanings of the lived experience and the opportunity to move towards harmony, healing and health.
8. Planned group process involves knowledge and skills related to the phases of group development, the diagnosis of group strengths and weaknesses, leadership styles, legal and ethical issues and evaluation tools for leaders and members.

9. Experiential learning as a member, co-leader and leader facilitates the learning of group process.
10. The goal of group process is to facilitate harmony, healing and health within persons, groups, families and communities. Understanding of the growth and development of a group and the promotion of harmony, healing and health is enhanced by an understanding of persons perception and meaning of experiences with health challenges.
11. Sensitivity to and awareness of the age and stage in the life cycle of the lived experience of persons experiencing ongoing and episodic health challenges enables students to contribute to selection of a group experience most suited to the person.

R. Evidence of Learning

Examples of ways for students to demonstrate;

- (a) application of concepts to self
- (b) application of concepts to field of work, and
- (c) application of concepts to others.

Selection of evaluating and assessment tools for this course will be based on:

1. Adherence to college evaluation policy regarding number and weighting of evaluations, e.g. a course of three credits or more should have at least five separate evaluations.
2. A combination of evaluation instruments that include opportunities for students (individuals or groups) to demonstrate different ways of knowing: oral, written, return demonstration or video of psychomotor skills and/or vignettes of communication skills.
3. A developmental approach to evaluation that is sequenced and progressive.
4. Evaluation being used as a teaching tool for both students and instructors.
5. Commitment to student participation in evaluation through such processes as self and peer evaluation, and program/instructor evaluation.

© Douglas College. All Rights Reserved.