Douglas College

EFFECTIVE: SEPTEMBER 2006
CURRICULUM GUIDELINES

A. Division: Instruction

B. Department / Program Area: Psychiatric Nursing Diploma/Degree

Effective Date: September 1, 2006

Revision [ ] New Course [X]

If Revision, Section(s)

Revised:

Date of Previous Revision:

Date of Current Revision:

C: Subject & Course No.	**D:** Descriptive Title	**E:** Semester Credits
PNUR 2401	Psychiatric Nursing Concepts IV (Living with Episodic Health Challenges II)	4.5

F: Calendar Description:

This course continues an examination of a person's experience with episodic variances in wellness throughout the life cycle and their impact on client system stability and harmony. The Douglas College Department of Psychiatric Nursing conceptual framework is expanded upon and applied to the health assessment of the individual client. Emphasis is on the integration and application of the concepts related to episodic variances in wellness on previous concepts and patterns to broaden the scope of practice. Human pathophysiology and pharmacological management related to selected exemplars of acute variances in wellness will be presented. Professional relationships, ethical and legal issues and trends in health care will be critically examined.

G: Allocation of Contact Hours to Type of Instruction / Learning Settings

Primary Methods of Instructional Delivery and/or Learning Settings:

Lecture

Number of Contact Hours: (per week / semester for each descriptor)

Lecture 6.0

Number of Weeks per Semester: 15

H: Course Prerequisites:

PNUR 2301, PNUR 2321, PNUR 2330, PNUR 3341, PNUR 2351, PNUR 2361

I: Course Corequisites:

PNUR 2421, PNUR 2430, PNUR 2461

J: Course for which this Course is a Prerequisite

Diploma - PNUR 3501, PNUR 4521, PNUR 4561, PNUR 4573
Degree - PNUR 4503, PNUR 4573, PNUR 4521, PNUR 4575, PNUR 4511, PNUR 4561

K: Maximum Class Size:

40

L: PLEASE INDICATE:

[ ] Non-Credit

[X] College Credit Non-Transfer

[ ] College Credit Transfer:

SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)

M: Course Objectives / Learning Outcomes

Students will continue to develop their understanding and application of the Douglas College Department of Psychiatric Nursing conceptual framework and the Psychiatric Nursing curricular threads (wellness-illness continuum, professional values, professional caring & health care delivery system), and within the context of the environmental, health and psychiatric nursing domains, to integrate the care of the person domain (client system, psychological, physiological, sociocultural, spiritual & developmental variables) for clients experiencing acute variances in wellness. Students will continue to expand and apply knowledge pertaining to pathophysiology and pharmacology concepts related to selected illness exemplars.

N: Course Content:

In this course, within the context of the Douglas College Department of Psychiatric Nursing's philosophy and conceptual framework, students will focus on developing the psychiatric nursing role and promoting health in clients experiencing episodic variances in wellness through an understanding, acquisition and application of psychiatric nursing theory.

Specific concepts that will be addressed are:

I. VARIABLES

Physiological Variable

- Metabolism — *Variances in metabolism:
  Exemplars: cholecystitis, ulcerative colitis, Crohn's
- Oxygenation — *Variances in respiratory function
  Exemplars: shock, pulmonary embolism
- Circulation — *Variances in circulatory functioning
  Exemplar: Peripheral Vascular Disease
- Cellular Dynamics — *Variances in responses: cancer
  Exemplar: breast cancer
- Elimination — *Variances in urological/bowel functioning
  Exemplars: bowel cancer, Crohn's
- Mobility — *Variances in mobility
  Exemplars: shock, pulmonary embolism
- Reproduction — *Variances in reproductive functioning
  Exemplars: uterine and prostate cancer
- Neuro-sensory — *Variances in neuro-sensory functioning: CNS and peripheral
  Exemplar: brain injury
- Protection

Psychological Variable

- Integration: as an organizer for the assessment of self-concept, emotions & cognition
- Problem-solving in psychiatric nursing
- Patterns of communication
- Crisis theory and intervention
- DSM-IVR (as a tool for assessment)
  Exemplars:
  Variances in responses: suspiciousness, aggressive behaviour, altered eating patterns
  Variances in mood: mania
  Variances in self integration: self-destructive behaviours, altered sexual response

Sociocultural Variable

- Relationships; significant others
- Continued awareness of diversity issues
  Exemplars:
  Variances in relating: personality patterns, abuse, violence

Spiritual Variable
- Purpose & meaning
- Interconnectedness
- Faith
- Forgiveness
- Religion
- Creativity
- Transcendence

Developmental Variable
- Growth
- Lifespan
- Transition

II. CURRICULAR THREADS

Wellness-Illness Continuum
- Holism
- Primary Prevention
- Variance from Wellness
- Prevention as Intervention:
  Health Promotion:
  Preventative health practices to various episodic health challenges
  Promoting health practices to enable the person to increase control over and improve their own health
  Health promotion to allow the person to make informed choices
  Exemplar: immunization
- Universal experiences: Crisis, Hope, Comfort, Loss, Power, Integrity, resiliency, revisited

Professional Values & Professional Caring
- DCPN & College policies
- Professional attributes: Compassion, Comportment, Commitment, Conscience, Competence, Confidence, Collegiality
- Legal & Ethical issues, Clients rights & guidelines
- Change theory
- Professional Role, professional nurse-client relationship
- Cultural Competence
- Advocacy

Health Care Delivery System

III. RELATED PHARMACOLOGY

Application of pharmacological principles to exemplars.

O: Methods of Instruction

It is the intent of faculty to facilitate student learning, foster ways of knowing and promote critical thinking through a variety of teaching/learning methods including lecture, audio-visual aids, group discussion case study analysis, computer-assisted learning programs and group and/or individual research and presentations.

P: Textbooks and Materials to be Purchased by Students

A list of required and optional textbooks and materials is provided for students at the beginning of each semester.

Q: Means of Assessment

The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course.

R:	Prior Learning Assessment and Recognition: specify whether course is open for PLAR Prior learning will be assessed on an individual basis based on the Douglas College PLAR guidelines.

Course Designer(s)	Education Council / Curriculum Committee Representative
Dean / Director	Registrar

© Douglas College. All Rights Reserved.