



**EFFECTIVE: SEPTEMBER 2011**  
**CURRICULUM GUIDELINES**

**A. Division:** Academic Effective Date: **September 2011**

**B. Department / Program Area:** **Health Sciences**  
**Psychiatric Nursing**  
**Diploma/BSPN Degree**

Revision  New Course

If Revision, Section(s) Revised: **A, N**  
 Date of Previous Revision: **October 2010**  
 Date of Current Revision: **June 2011**

**C: PNUR 2301** **D: Psychiatric Nursing Concepts III: Living with Episodic Health Challenges I** **E: 4.5**

Subject & Course No.	Descriptive Title	Semester Credits
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**F:** Calendar Description:

This course examines a person’s experience with episodic variances in wellness throughout the life cycle and their impact on client system stability and harmony. Health care trends related to primary prevention are built upon from semester II. The Douglas College Department of Psychiatric Nursing conceptual framework is expanded upon and applied to the health assessment of the individual client. Human pathophysiology and pharmacological management related to selected exemplars will be integrated within this course. The course will provide opportunities for the ongoing development of professional relationships and for the understanding of legal and ethical issues of psychiatric nursing practice.

<p><b>G:</b> Allocation of Contact Hours to Type of Instruction / Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Lecture</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p>6.0</p> <p>Number of Weeks per Semester:</p> <p>15</p>	<p><b>H:</b> Course Prerequisites:</p> <p>PNUR 1201 and PNUR 1221 and PNUR 1230 and PNUR 1250 and PNUR 1261 and (BIOL 1103, BIOL 1203 *Diploma)</p>
	<p><b>I:</b> Course Corequisites:</p> <p>PNUR 2321 and PNUR 2330 and PNUR 2351 and PNUR 2361</p>
	<p><b>J:</b> Course for which this Course is a Prerequisite:</p> <p>PNUR 2401, PNUR 2421, PNUR 2430, PNUR 2461</p>
	<p><b>K:</b> Maximum Class Size:</p> <p>40</p>

**L: PLEASE INDICATE:**

<input type="checkbox"/>	Non-Credit
<input checked="" type="checkbox"/>	College Credit Non-Transfer
<input type="checkbox"/>	College Credit Transfer:

SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS ([www.bctransferguide.ca](http://www.bctransferguide.ca))

**M:** Course Objectives / Learning Outcomes:

Students will continue to develop their understanding and application of the Douglas College Department of Psychiatric Nursing conceptual framework and the Psychiatric Nursing curricular threads (wellness-illness continuum, professional values, professional caring & health care delivery system), and within the context of the environmental, health and psychiatric nursing domains, to integrate the care of the person domain (client system, psychological, physiological, sociocultural, spiritual & developmental variables) for clients experiencing acute variances in wellness. Students will acquire and begin to apply knowledge pertaining to pathophysiology and pharmacology concepts related to selected illness exemplars.

**N:** Course Content:

In this course, within the context of the Douglas College Department of Psychiatric Nursing's philosophy and conceptual framework, students will focus on developing the psychiatric nursing role and promoting health in clients through an understanding, acquisition and utilization of psychiatric nursing theory. Specific concepts that will be addressed are:

I. VARIABLES

Physiological Variable

- Metabolism                      \*Variances in endocrine function
- Oxygenation                    \*Variances in respiratory function
  
- Circulation                      \*Variances in circulatory functioning
  
- Cellular Dynamics            \*Variances in responses: Cancer, Sexually Transmitted Diseases
- Elimination                    \*Variances in bladder and bowel functioning
  
- Mobility                         \*Variances in mobility
- \*Variances in responses
  
- Reproduction                 \*Variances in reproductive
- Neuro-sensory                 \*Variances in neuro-sensory functioning: CNS and peripheral
  
- Protection                      \*Variances in Protection: bone and tissue repair

Psychological Variable

- Integration: as an organizer for the assessment of self-concept, emotions & cognition
- Problem-solving in psychiatric nursing
- Patterns of communication
- Crisis theory and intervention
- DSM-IVR (as a tool for assessment)
- Exemplars: Variances in responses: anxiety, bipolar disorders,*
- Variances in self integration: self-destructive behaviours*

Sociocultural Variable

- Relationships; significant others
- Continued awareness of diversity issues

Spiritual Variable

- Purpose & meaning
- Interconnectedness
- Faith
- Forgiveness
- Religion
- Creativity
- Transcendence

Developmental Variable

- Growth
- Lifespan
- Transition

II. CURRICULAR THREADS

Wellness-Illness Continuum

- Holism
- Primary Prevention
- Variance from Wellness
- Prevention as Intervention:  
Health Promotion:  
Preventative health practices to various episodic health challenges  
Promoting health practices to enable the person to increase control over and improve their own health  
Health promotion to allow the person to make informed choices
- Universal experiences: Crisis, Hope, Comfort, Loss, Power, Integrity, Resiliency, revisited

Professional Values & Professional Caring

- DCPN & College policies
- Professional attributes: Compassion, Comportment, Commitment, Conscience, Competence, Confidence, Collegiality
- Legal & Ethical issues, Client rights & guidelines
- Change theory
- Professional Role, professional nurse-client relationships
- Cultural Competence
- Advocacy

Health Care Delivery System

III. RELATED PHARMACOLOGY

Application of pharmacological principles to exemplars

IV. NEUMAN SYSTEMS MODEL

Application of the Neuman Systems Model to episodic health challenges to Variables

Client system

Basic structure, process, function

Environment

Lines of Defence & Lines of Resistance

Health, Wellness-Illness continuum

Prevention as Intervention

Stressors, stability

Reconstitution

**O:** Methods of Instruction:

It is the intent of faculty to facilitate student learning, foster ways of knowing and promote critical thinking through a variety of teaching/learning methods including lecture, audio-visual aids, group discussion, case study analysis, computer assisted learning programs and group and/or individual research and presentations.

**P:** Textbooks and Materials to be Purchased by Students:

A list of required and optional textbooks and materials is provided for students at the beginning of each semester.

**Q:** Means of Assessment:

The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course.

**R:** Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Not eligible for PLAR

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Course Designer(s)

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Education Council / Curriculum Committee Representative

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Dean / Director

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Registrar

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