

M: Course Objectives / Learning Outcomes:

Students will continue to develop their understanding and application of the Douglas College Department of Psychiatric Nursing conceptual framework and the Psychiatric Nursing curricular threads (wellness-illness continuum, professional values, professional caring & health care delivery system), and within the context of the environmental, health and psychiatric nursing domains, to integrate the care of the person domain (client system, psychological, physiological, sociocultural, spiritual & developmental variables) for clients experiencing acute variances in wellness. Students will acquire and begin to apply knowledge pertaining to pathophysiology and pharmacology concepts related to selected illness exemplars.

N: Course Content:

In this course, within the context of the Douglas College Department of Psychiatric Nursing's philosophy and conceptual framework, students will focus on developing the psychiatric nursing role and promoting health in clients through an understanding, acquisition and utilization of psychiatric nursing theory. Specific concepts that will be addressed are:

I. VARIABLES

Physiological Variable

- Metabolism *alterations in endocrine function
- Oxygenation *alterations in respiratory function
Exemplar: pre/post atelectasis
- Circulation *alterations in circulatory functioning
Exemplar: DVT
- Cellular Dynamics *alterations in fluid/electrolytes, acid /base balances
 *alterations in responses
 *wound healing
 *immune response
 *cellular proliferations
Exemplar: bowel cancer
- Elimination *Variances in urological/bowel functioning
Exemplars: paralytic ileus, urinary output (post-op)
- Mobility *Variances in mobility
 *Variances in responses
Exemplars: fractures, osteoarthritis/osteoporosis, spinal cord injury
- Reproduction *Variances in reproductive functioning
- Neuro-sensory *Variances in neuro-sensory functioning: CNS and peripheral
Exemplar: acute pain
- Protection *Variances in Protection: bone and tissue repair
Exemplars: healing of fractures and wounds

Psychological Variable

- Integration: as an organizer for the assessment of self-concept, emotions & cognition
- Problem-solving in psychiatric nursing
- Patterns of communication
- Crisis theory and intervention
DSM-IVR (as a tool for assessment)
*Exemplars: Variances in responses: anxiety, bipolar disorders,
 Variances in self integration: self-destructive behaviours*

Sociocultural Variable

- Relationships; significant others
- Continued awareness of diversity issues
Exemplars: Variances in response to others: cultural sensitivity, culture of profession, community liaison links, community supports & discharge planning with culturally competent teaching/learning

Spiritual Variable

- Purpose & meaning
- Interconnectedness
- Faith
- Forgiveness
- Religion
- Creativity
- Transcendence

Developmental Variable

- Growth
- Lifespan
- Transition

II. CURRICULAR THREADS

Wellness-Illness Continuum

- Holism
- Primary Prevention
- Variance from Wellness
- Prevention as Intervention:
Health Promotion:
Preventative health practices to various episodic health challenges
Promoting health practices to enable the person to increase control over and improve their own health
Health promotion to allow the person to make informed choices
Exemplar: immunization
- Universal experiences: Crisis, Hope, Comfort, Loss, Power, Integrity, Resiliency, revisited

Professional Values & Professional Caring

- DCPN & College policies
- Professional attributes: Compassion, Comportment, Commitment, Conscience, Competence, Confidence, Collegiality
- Legal & Ethical issues, Client rights & guidelines
- Change theory
- Professional Role, professional nurse-client relationships
- Cultural Competence
- Advocacy

Health Care Delivery System

III. RELATED PHARMACOLOGY

Application of pharmacological principles to exemplars

IV. NEUMAN SYSTEMS MODEL

Application of the Neuman Systems Model to episodic health challenges to Variables

Client system

Basic structure, process, function

Environment

Lines of Defence & Lines of Resistance

Health, Wellness-Illness continuum

Prevention as Intervention

Stressors, stability

Reconstitution

O: Methods of Instruction:

It is the intent of faculty to facilitate student learning, foster ways of knowing and promote critical thinking through a variety of teaching/learning methods including lecture, audio-visual aids, group discussion, case study analysis, computer assisted learning programs and group and/or individual research and presentations.

P: Textbooks and Materials to be Purchased by Students:

A list of required and optional textbooks and materials is provided for students at the beginning of each semester.

Q: Means of Assessment:

The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course.

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Prior Learning will be assessed on an individual basis based on the Douglas College PLAR guidelines

 Course Designer(s)

 Education Council / Curriculum Committee Representative

 Dean / Director

 Registrar