



EFFECTIVE: SEPTEMBER 2006
CURRICULUM GUIDELINES

A. Division: Instruction
B. Department / Program Area: Psychiatric Nursing Diploma/Degree

Effective Date: September 1, 2006

Revision New Course

If Revision, Section(s)

Revised:

Date of Previous Revision:

Date of Current Revision:

C: PNUR 1121

D: Therapeutic Relations I

E: 1.5

Subject & Course No.	Descriptive Title	Semester Credits
F: Calendar Description: This course will introduce students to communication within the context of the nurse-client relationship. Therapeutic communication skills will include warmth, respect, genuineness, empathy, concreteness and assertiveness. Students will focus on developing self-awareness and therapeutic use of self. Professional documentation as it relates to therapeutic communication is introduced.		
G: Allocation of Contact Hours to Type of Instruction / Learning Settings Primary Methods of Instructional Delivery and/or Learning Settings: Lecture/practice mode Number of Contact Hours: (per week / semester for each descriptor) 2.0 Number of Weeks per Semester: 15	H: Course Prerequisites: Nil	
	I: Course Corequisites: PNUR 1101, PNUR 1130, PNUR 1141, PNUR 1170	
	J: Course for which this Course is a Prerequisite PNUR 1221, PNUR 1201, PNUR 1230, PNUR 1250, PNUR 1261	
	K: Maximum Class Size: 10	
L: PLEASE INDICATE: <input type="checkbox"/> Non-Credit <input checked="" type="checkbox"/> College Credit Non-Transfer <input type="checkbox"/> College Credit Transfer: SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)		

M: Course Objectives / Learning Outcomes	
Students will learn the core therapeutic conditions of warmth, respect, genuineness, empathy and concreteness with a focus on building self-awareness of their own communication styles, therapeutic use of self and understanding the client experience.	
N: Course Content:	
The communication will be introduced through:	
<ul style="list-style-type: none"> • Understanding the phases of the nurse-client relationship • Understanding and demonstration of core therapeutic conditions of warmth, respect, genuineness and empathy • Understanding concreteness and the strategies of open and closed questions • Understanding and demonstration of assertive and responsible communication • Understanding self-awareness and the relationship to therapeutic communication • Understanding the definition of professional documentation and the relationship to therapeutic communication 	
O: Methods of Instruction	
Experiential communication formats are used; including, interactive communication scenarios, video critiquing and participative self-awareness exercises.	
P: Textbooks and Materials to be Purchased by Students	
A list of required and optional textbooks and materials is provided for students at the beginning of each semester.	
Q: Means of Assessment	
The course evaluation is consistent with Douglas College evaluation policy. An evaluation schedule is presented at the beginning of the course.	
This is a graded course.	
R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR	
Prior learning will be assessed on an individual basis based on the Douglas College PLAR guidelines.	
_____	_____
Course Designer(s)	Education Council / Curriculum Committee Representative
_____	_____
Dean / Director	Registrar