

A: Division: Educational Services

Date: February 18, 1998

B: Department: Student Development

New Course: X

Program:

Revision of Course  
Information form:

C: HUMD 147

D: Career Planning for a Changing  
Labour Market

E: 3

Subject & Course No.

Descriptive Title

Semester Credit

F: Calendar Description: This course will allow students to explore their suitability for a variety of career options and to increase their knowledge of the labour market. Personal assessments of needs, values, skills, interests, personality style and abilities will be explored. Personal assessment information will be used to research potential work opportunities, and changing labour market trends will be analyzed. Networking, decision making and goal setting skills will be emphasized. Classroom discussions, informational interviewing and other research methods will be used to help students set effective career goals for a changing labour market.

Summary of Revisions: (Enter date & section) Eg: Section C,E,F

G: Type of instruction: Hrs per week / per semester

Lecture:	3	Hrs.
Laboratory:		Hrs.
Seminar:		Hrs.
Clinical Experience:		Hrs.
Field Experience:		Hrs.
Practicum:		Hrs.
Shop:		Hrs.
Studio:		Hrs.
Student Directed Learning:	1	Hrs.
Other (Specify)		Hrs.
		Hrs.
Total:	4	Hrs.

H: Course Prerequisites:  
None

I: Course Corequisites:  
None

J: Course for which this Course is a Prerequisite:

K: Maximum Class Size:  
25

L: College Credit Transfer ☐  
College Credit Non-Transfer ☒  
Non-Credit ☐

M: Transfer Credit: Requested: ☐  
Granted: ☐

Specify Course Equivalents or Unassigned Credit as appropriate:

U.B.C.  
S.F.U.  
U. Vic.  
Other:

Janet Currie, Counsellor

Course Designer(s)

Director/Chairperson

Divisional Dean

Registrar

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Subject and Course Number

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N. Textbooks and Materials to be Purchased by Students (Use Bibliographic Form):

Vocational Testing Assessment Package

Textbook: TBA

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Complete Form with Entries Under the Following Headings: O. Course Objectives; P. Course Content;  
Q. Method of Instruction; R. Course Evaluation

**O. COURSE OBJECTIVE**

Students will:

- a) Develop a clear understanding of their needs, values, skills, interests, personality style and abilities.
- b) Relate their personal qualities to appropriate career options.
- c) Research potential career options using print resources, Internet and informational interviewing.
- d) Develop increased awareness of labour market changes and entrepreneurial skills.
- e) Develop a viable career plan in the context of a changing labour market and economy.

**P. COURSE CONTENT**

- a) Assessment of personal needs, values, skills, interests, personality style and abilities.
- b) Develop a summary of personal qualities
- c) Research career options using a variety of methods, ie., print materials, Internet, community resources and informational interviews.
- d) Explore changes and trends in the economy and labour market which affect career decision making and planning.
- e) Explore entrepreneurship and resources available for entrepreneurs.
- f) Decision making strategies.
- g) Developing positive work attitudes.
- h) Personal goal setting to address the demands of a changing labour market.

**Q. METHOD OF INSTRUCTION**

Some or all of the following methods may be used.

- a) lecture
- b) small group discussions
- c) group testing
- d) structured independent learning assignments
- e) audio-visual materials.

**Subject and Course Number**

**R. COURSE EVALUATION**

Due to the experiential nature of the course, regular attendance is necessary to maximize the students' learning. The specific weighting of the course assignments will be determined by the instructor.

- a) completion of in-class exercises
- b) submission of a weekly journal outlining student's learning in classroom activities and/or discussions
- c) preparation of a personal summary paper
- d) submission of an occupational research assignment
- e) submission of two informational interviews
- f) submission of various written and/or oral assignments on labour market changes, entrepreneurship and goal setting.