



**Douglas
College**

CURRICULUM GUIDELINES

A: Division: Instructional

Date:

April 26, 2000

**B: Department/ Home Support / Resident Care
Program Area: Attendant**

New Course

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Revision

X

If Revision, Section(s) Revised: Q. Means of Assessment

Date Last Revised:

December 2, 1997

C: HSRC 110

**D: Work role: Introduction to Home Support & Resident
Care Attendant Practice**

E: 2

Subject & Course No.	Descriptive Title	Semester Credits
<p>F: Calendar Description:</p> <p>This course provides students with an introduction to the role of the Home Support Attendant and the Resident Care Attendant in Continuing Care areas. The course builds upon the content of other courses, and further develops the knowledge, attitudes and values required for competent practice as a Home Support/Resident Care Attendant.</p>		
<p>G: Allocation of Contact Hours to Types of Instruction/Learning Settings</p> <p>Primary Methods of Instructional Delivery and/or Learning Settings:</p> <p>Lecture</p> <p>Number of Contact Hours: (per week / semester for each descriptor)</p> <p>42 hrs. per semester</p> <p>Number of Weeks per Semester:</p> <p>10 weeks</p>	<p>H: Course Prerequisites: (recommended)</p> <p>None</p>	
	<p>I. Course Corequisites:</p> <p>HSRC 100 + HSRC 101 + HSRC 102 + HSRC 111 + HSRC 112</p>	
	<p>J. Course for which this Course is a Prerequisite:</p> <p>HSRC 113</p>	
	<p>K. Maximum Class Size:</p> <p>35</p>	
<p>L: PLEASE INDICATE:</p> <div style="display: flex; align-items: flex-start;"> <div style="margin-right: 20px;"> <input type="checkbox"/> Non-Credit <input checked="" type="checkbox"/> College Credit Non-Transfer <input type="checkbox"/> College Credit Transfer: </div> <div style="display: flex; align-items: center;"> Requested <input type="checkbox"/> Granted <input type="checkbox"/> </div> </div> <p>SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS (www.bccat.bc.ca)</p>		

M: Course Objectives/Learning Outcomes

This course is based on the competencies as outlined in the Provincial Curriculum Guide for Home Support and Resident Care Attendant Programs, 1992.

In this course, students will have opportunities to:

1. Describe the role of the Home Support Attendant and the Resident Care Attendant within the context of the Continuing Care System.
2. Identify the essential components of responsible and accountable behaviour as applied to the role of the Home Support/Resident Care Attendant.
3. Apply correct principles and practices of safe home maintenance and cleaning.
4. Apply correct principles and practices in meal planning and preparation.
5. Describe the value of personal growth through continued learning and self-care.

N: Course Content

1. Roles and responsibilities of the Home Support and Resident Care Attendant
 - context of practice
 - lines of communication
 - group processes
 - teamwork
 - values clarification
 - cultural issues
 - reporting and recording
 - work role parameters and limitations
2. Responsible and accountable behaviour
 - policy and procedures
 - standards of care
 - employer and employee relationships
 - accountability, dependability, competence and integrity
 - legal and ethical concerns
 - code of ethics
 - resident/client rights
 - independence
 - advocacy
3. Principles and practices of meal planning, preparation and service in the home
 - meal planning
 - economic considerations
 - care and operation of appliances
 - safe food handling and storage

Course Content Continued

4. Safe practices in relation to home maintenance tasks
 - principles of safety, sanitation and home cleaning
 - body mechanics for work in a home
 - values and standards of cleanliness
5. Personal growth and self-care in the work setting
 - workplace stresses and stress management
 - abuse of residents/clients
 - domestic violence issues
 - personal safety
 - client safety
 - effective job finding skills
 - learning and growth
 - sources of support and assistance
 - strategies for self-care and the prevention of 'burnout'

O: Methods of Instruction

1. Lecture
2. Group discussions
3. Audio-visual materials
4. Role play situations

P: Textbooks and Materials to be Purchased by Students

1. A list of recommended materials is provided to the students at the beginning of the semester.


Q: Means of Assessment

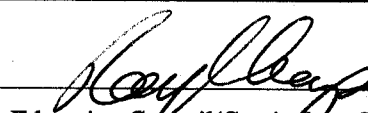
Course evaluation is consistent with Douglas College course evaluation policy. An evaluation schedule is presented at the beginning of the course.

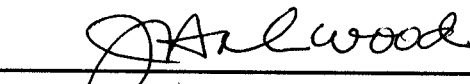
This is a graded course and a minimum requirement for successful completion of the course is 70%. An evaluation schedule will be presented at the beginning of the course.

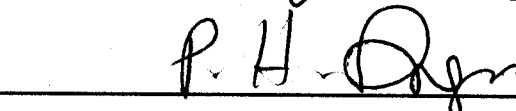
R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Yes


Course Designer(s)


Education Council/Curriculum Committee Representative


Dean/Director


Registrar

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