



**Douglas  
College**

## CURRICULUM GUIDELINES

**A: Division: Instructional**

Date:

**April 26, 2000**

**B: Department/ Home Support / Resident Care  
Program Area: Attendant**

New Course

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Revision

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If Revision, Section(s) Revised: **Q. Means of Assessment**

Date Last Revised:

**December 2, 1997**

**C: HSRC 101**

**D:**

**Health & Healing: Concepts for Practice**

**E:**

**3**

Subject & Course No.

Descriptive Title

Semester Credits

**F: Calendar Description:**

This course provides students with the opportunity to develop a theoretical framework for practice. Students will examine the significant philosophical beliefs and theoretical understandings underlying competent practice as a Home Support / Resident Care Attendant. The course will focus on the concepts and principles related to health and healing across the lifespan, as well as aspects of care-giving that promote individual health and healing.

**G: Allocation of Contact Hours to Types of  
Instruction/Learning Settings**

Primary Methods of Instructional Delivery and/or  
Learning Settings:

**Lecture**

Number of Contact Hours: (per week / semester  
for each descriptor)

**60 hrs. per semester**

Number of Weeks per Semester:

**16**

**H: Course Prerequisites:**

**None**

**I. Course Corequisites: (recommended)**

**HSRC 100 + HSRC 102 + HSRC 110 +  
HSRC 111 + HSRC 112**

**J. Course for which this Course is a Prerequisite:**

**HSRC 113**

**K. Maximum Class Size:**

**35**

**L: PLEASE INDICATE:**

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Non-Credit

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College Credit Non-Transfer

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College Credit Transfer:

Requested

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Granted

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SEE BC TRANSFER GUIDE FOR TRANSFER DETAILS ([www.bccat.bc.ca](http://www.bccat.bc.ca))

**M: Course Objectives/Learning Outcomes**

This course is based on the competencies as outlined in the Provincial Curriculum Guide for Home Support and Resident Care Attendant Programs, 1992.

In this course, students will have opportunities to:

1. Describe the concepts and principles related to human needs, human development, health and healing, from infancy to old age.
2. Explain common challenges to health and healing, with emphasis on the older adult.
3. Recognize aspects of care-giving that promote health and healing.

**N: Course Content**

1. Basic concepts and principles
  - health and healing
  - caring
  - human needs
  - human development
  - families and family systems
  - diversity
2. Common health challenges
  - loss, separation and grieving
  - physical and mental health challenges in childhood and old age
  - disabilities
  - age-related sensory changes
  - pain
  - death, dying and grief
  - common disease processes
  - anatomy and physiology
3. Promotion of health and healing
  - problem-solving
  - medical terminology and abbreviations
  - reporting and recording observations
  - promoting independence
  - resources to assist care-givers (client/consumer groups, special services, support groups and public library)

**O: Methods of Instruction**

1. Classroom lecture/discussion
2. Guest speakers
3. Audio-visual materials
4. Computer resources

**P: Textbooks and Materials to be Purchased by Students**

1. A list of reading materials is provided to the students at the beginning of the semester.

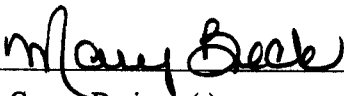
**Q: Means of Assessment**

Course evaluation is consistent with Douglas College course evaluation policy. An evaluation schedule is presented at the beginning of the course.

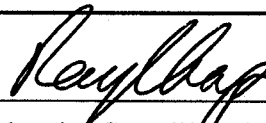
This is a graded course. A minimum mark of 70% is necessary to be successful in the course.

**R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR**

Yes



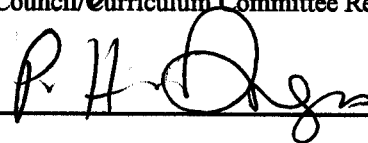
Course Designer(s)



Education Council/ Curriculum Committee Representative



Dean/Director



Registrar

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