

M: Course Objectives / Learning Outcomes

This course is based on the competencies as outlined in the Provincial Curriculum Guide for Home Support and Resident Care Attendant Programs, 1992.

In this course, students will have opportunities to:

1. Describe the concepts and principles related to human needs, human development, health and healing, from infancy to old age.
2. Explain common challenges to health and healing, with emphasis on the older adult.
3. Recognize aspects of care-giving that promote health and healing.
4. Apply problem-solving process in identifying care-giving strategies that promote health and healing.

N: Course Content:

1. Basic concepts and principles
 - health and healing
 - caring
 - human needs
 - human development
 - families and family systems
 - diversity
 - loss, separation and grieving
2. Common health challenges
 - anatomy and physiology
 - physical health challenges in old age
 - disabilities
 - pain
 - infectious diseases
 - death, dying and grief
 - age-related changes in anatomy and physiology
3. Promotion of health and healing
 - problem-solving
 - medical terminology and abbreviations
 - reporting and recording observations
 - promoting independence
 - resources to assist care-givers (client/consumer groups, special services, support groups and public library)

O: Methods of Instruction

1. Classroom lecture/discussion
2. Group work
3. Guest speakers
4. Audio-visual materials
5. Computer resources

P: Textbooks and Materials to be Purchased by Students

1. A list of reading materials is provided to the students at the beginning of the semester.

Q: Means of Assessment

Course evaluation is consistent with Douglas College course evaluation policy. An evaluation schedule is presented at the beginning of the course.

This is a graded course. A minimum mark of 65% is necessary to be successful in the course.

R: Prior Learning Assessment and Recognition: specify whether course is open for PLAR

Yes

Course Designer(s)

Education Council / Curriculum Committee Representative

Dean / Director

Registrar