

N: TEXTBOOKS AND MATERIALS TO BE PURCHASED BY STUDENTS

Whetten, David A. and Kim S. Cameron. <u>Developing Management Skills</u>, Latest Ed. New York: Harper Collins.

O: COURSE OBJECTIVES

The student will be able to:

- 1. demonstrate an understanding of and apply such personal management skills as developing self awareness, managing stress and solving problems.
- 2. demonstrate an understanding of and apply such interpersonal management skills as communication, both oral and written, gaining power and exerting influence, motivation, and managing conflict.
- 3. demonstrate an understanding of and apply such group management skills as empowerment and delegation and team building.
- 4. practice and integrate the above skills through using case studies and experiential exercises and activities, with an emphasis on interpersonal interaction.

P: <u>COURSE CONTENT</u>

1. Introduction-the critical role of management skills in business.

2. Personal Skills:

- . Developing self awareness—cognitive style, attitude toward change, interpersonal orientation.
- . Managing stress—managing time, major elements of stress, managing stress, eliminating stressors, developing resiliency, stress reduction techniques.
- . Solving problems—creativity, innovation, rational problem solving, impediments to creative problem solving.

3. Interpersonal Skills:

- . Communicating—supportive communication, communication styles, coaching and counselling.
- . Applying communication skills-making oral and written presentations, conducting interviews.
- . Gaining power and influence-definition of power, gaining organizational power, transforming power into influence.
- . Motivating—diagnosing performance problems, enhancing the abilities of others, creating a motivating environment.
- . Managing conflict-diagnosing the sources of conflict, conflict response alternatives,

resolving conflict.

- 4. Group Skills:
 - Empowering and Delegating-definition of empowerment, development of empowerment, delegating work.
 - Team building—definition of teamwork, stages of team development, conducting team meetings.

Q: METHOD OF INSTRUCTION

- 1. Lectures
- 2. Group case studies—analysis and presentation, both written and oral
- 3. Group experiential exercises

R: COURSE EVALUATION

Term exams (2)	40%
Case Studies (2)	30%
Oral presentation	10%
Participation	<u> 20 %</u>

100%