

NSU#7 - Student spaces on campus



New Student Update #7 – September 17, 2026

Hello,

Congratulations on making it through the first couple weeks of classes! By now you've probably figured out your routine for getting to campus, the fastest route to your classes and where to buy food.

There are many great student spaces on campus where you can meet up with friends, study or have a quiet moment. Check out the list below for some student spaces we've highlighted for you:

Douglas Students' Union (DSU) Lounges and Study Rooms

In Coquitlam, the DSU student lounge is located in room A1190. The lounge includes lounging chairs, a group study space, and microwaves and computers for you to use.

In New Westminster, student lounges and bookable study rooms are available in the DSU Building. The 3rd floor lounge includes study tables, pool tables, foosball, microwaves and more. There are also bookable study rooms on the 2nd and 3rd floors. To book these study rooms, stop by the DSU front desk on the 2nd floor or email roombookings@thedsu.ca.

The DSU Building and all of these spaces are open between 8:30am–6:30pm, Monday to Friday in the Fall Semester.

The Library

The Library offers comfortable collaborative study spaces, quiet areas, and equipment and materials to support your course work. The lower level of the New Westminster Library and the upper level of the Coquitlam Library are also great places to hang out and connect with peers.

Quiet study areas (upper level at New Westminster and lower level at Coquitlam) include tables and individual study carrels wired for power so you can charge your phone or laptop while you're studying. Plus, the natural light and calm environment will help you ace those courses! Both campuses are also equipped with bookable soundproof private booths and group study rooms. There is also a podcasting and content creation studio available in the New Westminster Library. To learn more, check out the [study spaces](#) on the Library website.

Enrolment Services Student Lounge

In New Westminster, Enrolment Services provides a front lounge area for you to study, hangout with peers or relax on campus. The lounge includes tables and soft seating for your comfort. This area is open to all students to use even when the Enrolment Services Office is closed.

Student Life Front Lounge

Student Life is located off of the New Westminster concourse in room N2300, between the Cafeteria and the Career Centre. The front lounge is open to students to come in and check out resources, promotions of upcoming events and programs, or just have a quiet space to hang out while waiting for your next class.

Wellness Room

The Wellness Rooms – S2680 in New Westminster and A1050 in Coquitlam – is a first come first serve short-term space where students can decompress, reset, or take a brief break in a low-stimulus, semi private environment. The space is intended to be welcoming and inclusive of a range of regulation needs and styles. This space can also be used for infant feeding or pumping as needed. You can request access to these rooms on a drop-in basis via the front desk at Student Affairs and Services. The room in New Westminster is accessible between 8:30am–4:30pm on Monday, Tuesday, Thursday, Friday and 10am–4:30pm on Wednesday. The room in Coquitlam is accessible during the same hours except 12:45–1:45pm.

Interfaith Prayer and Meditation Room

The Interfaith Prayer and Meditation Rooms – N5214 in New Westminster and A1340 in Coquitlam – are designed for students looking for a space for prayer, meditation and religious observances. The rooms include a small shoe rack and prayer mats for use while in the space. To gain access to the rooms, please complete the [sign-up form](#) and access will be provided to you.

Indigenous Gathering Place

The Indigenous Gathering Place (IGP) at the New Westminster Campus is a space that Indigenous Academic Initiatives, Indigenous Student Services, the DSU Indigenous Collective and others at the College use to host events related to our Indigenization priorities. There are often events hosted in the IGP that are open to non-Indigenous folks. For these events, please check out the [Douglas College's News and events webpage](#).

Indigenous Student Services Centres

There are two Indigenous Student Services Centres, one at each campus, in New Westminster (S4830) and Coquitlam (B3131). These are spaces for First Nations, Metis, Inuit and Native American students. The spaces are designed to be a home-away-from-home where Indigenous students can relax and connect with other

community members in a safe space. We are committed to have a space by and for Indigenous students at the College. Indigenous students can request the keypad code to access the rooms when staff are not present by emailing the Indigenous Student Support Navigators:

- [Devon Davis](#) for New Westminster Campus
- [Tanya Joostema](#) for Coquitlam Campus

Cafeterias

Both the New Westminster and Coquitlam Campuses provide food services and seating to students. There are refillable water stations located outside each seating area, microwaves for you to use and washrooms nearby. These areas are great places to grab something to eat, connect with peers or hang out in between classes. The menu at each Cafeteria changes regularly so be sure to check out the [Cafeteria and catering webpage](#) for current offerings and hours.

Fitness Facilities

There are two fitness facilities that students have access to.

The Fitness Centre in New Westminster is equipped with flat screen TV's, cardio equipment and a complete range of free weights, kettle bells and medicine balls. You can be sure to find the right equipment to compliment any type of workout regime.

The Coquitlam fitness facilities are located in the Pinetree Community Centre just steps away from the campus. Information on the facility is available on the [Pinetree Community Centre website](#).

Washrooms

New Westminster, Anvil and Coquitlam Campuses are equipped with gender inclusive and accessible washrooms. To find the location of these facilities, please check out the resources below:

- [Gender Inclusive Washroom Guide](#)

- [Accessible Washroom Guide](#)

Looking for a spot on campus that we haven't highlighted?

Check out the campus guides:

- [New Westminster/Anvil Office Tower Campus Guide](#)
- [Coquitlam Campus Guide](#)



Tell us what you think about orientation!

We encourage you to complete the [New Student Orientation survey](#) by Sept. 30, for a chance to win a \$100 gift certificate to the Bookstore.

Stay informed!

This is the last New Student Update. If you want to revisit previous New Student Updates, please visit the [Orientation webpage](#) and refer to the column on the right.

Stay tuned for the Current Student Newsletters and follow us on Instagram [@studentlifedc](#) to keep up to date with everything happening at Douglas College!

Questions?

Answers to some frequently asked questions are available at the bottom of the [Orientation webpage](#) under the “**Questions**” section.

If you have further questions, please email studentlife@douglascollege.ca. If you are an international student, please submit your questions through the [Douglas College International contact form](#).