



# Strong Start Mentorship Program

ACADEMICS

**COMMUNITY**

CAREER

HEALTH & WELLNESS

IMMIGRATION

Your guides today: Fernanda Amaro, Richard Derksen, Nate Batara  
April 23rd, 2021

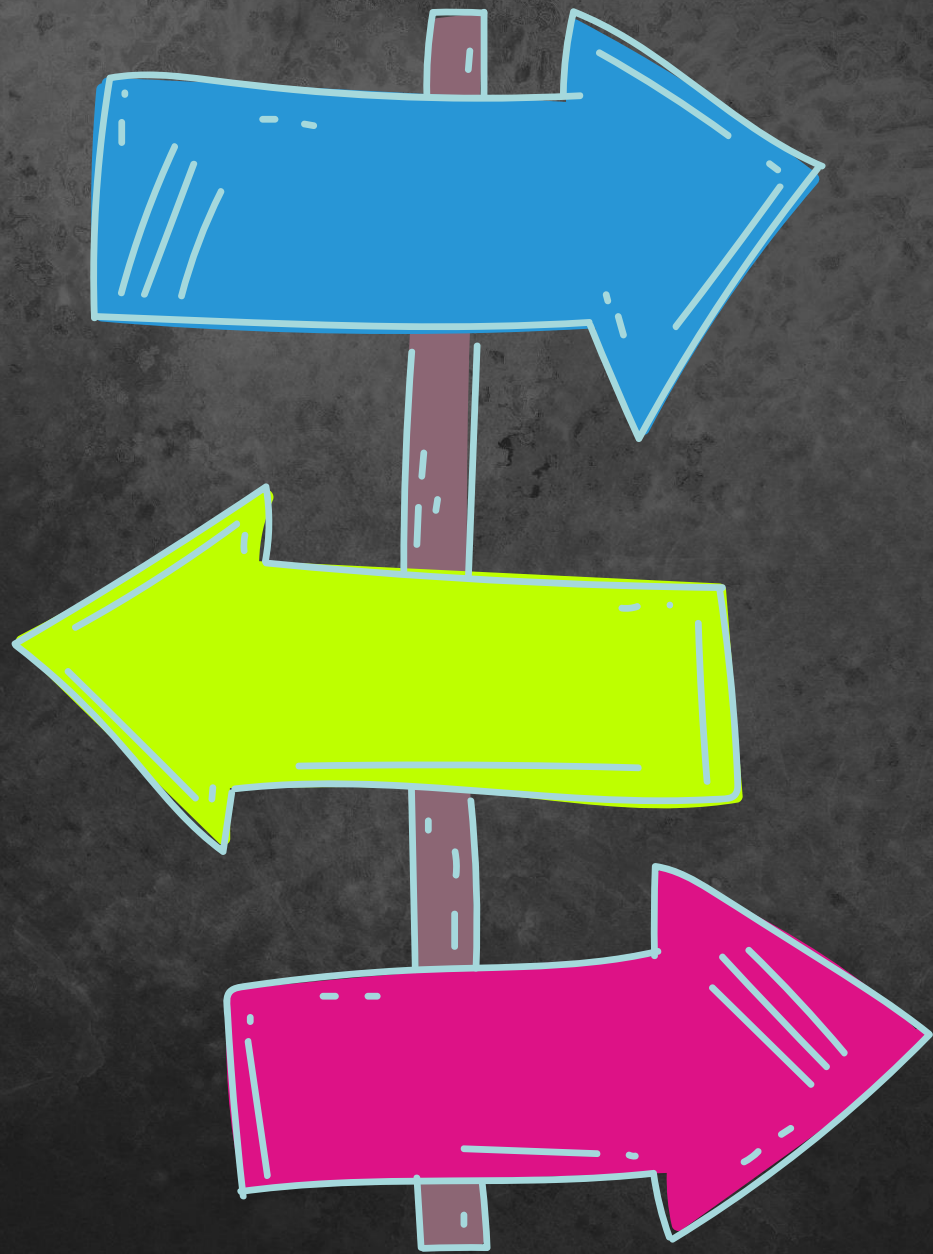


**DOUGLAS COLLEGE**  
**INTERNATIONAL**



Douglas College acknowledges that our campuses, where we live, learn, work and play, are located on the unceded traditional territories of the Coast Salish Peoples of the QayQayt and Kwikwetlem First Nations.

# Agenda



- Icebreaker
- Strong Start Mentorship Program
- What does the program involve
- Q&A



Icebreaker

# What is the Strong Start Mentorship Program?

- The Mentorship Program helps to welcome and orient new international students to Douglas College. New international students will have the opportunity to be paired up and connect with returning senior students called Student Mentors. Student Mentors will help guide mentees by sharing experiences, providing social connection and important student life information.

## Objectives

- Help orient students to Douglas College services.
- Support a peer-to-peer network between new students.
- Reduce the feelings of loneliness and isolation among new students.
- Increase intercultural communication skills and competency for all participants.

# Benefits of having a Mentor?



- Make connections that will last throughout your time at Douglas and beyond
- Get familiar faster and stay informed
- Smooth(er) transition
- Community building
- Common interests & goals

# What to expect from your Mentor

- 1 on 1 questions (email, social media, text message etc.)
  - They can either answer your question or refer you to the appropriate service
  - New international student essentials including medical insurance, how to navigate the website, how to find textbooks and tips on preparing for a virtual education.
- Connect with them anytime
  - They will respond within 48 hours (except weekends)
- Virtual activities
  - 2 times this semester
- Connect anywhere in the world
  - Not in Canada? No problem!
- Reminder: they are not tutors - they won't be able to give you feedback on your homework, instead if you are lost, they can guide you to the resources!
- To be eligible for the program, Summer 2021 should be your first semester that you are fully registered.
- This semester long program ends on August 19th.



# Your role as a Mentee

- Sign up for the program.
- Attend to the events
- Reach out to Mentors with any questions you may have about your new life at Douglas College and Vancouver area. (where to buy groceries?)
- Shared interests both academically and personally
- Be mindful of your Mentor's time
- Feedback survey





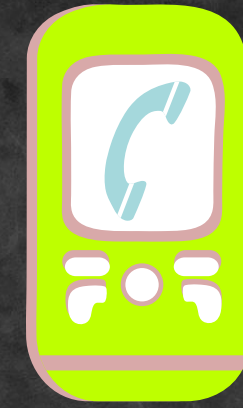
# How do I sign up?



- Program designed to help you with your daily life and Douglas experience.
- Find the link on the Douglas College website or in the upcoming newsletter!
- Matching will begin May 3rd, but you can sign up now.  
<https://douglascollege.mentorcollective.org/register/dci/mentee>
- Last day to register will be June 11th.



# Mentor Collective



- Mentor Management Software
- Matching System
- Common interest and goals
- SMS text message relay system
- Notification within Mentor Collective when a match has been made



**MENTOR  
COLLECTIVE**

As part of Mentor Collective, there is an SMS text messaging relay for participating in this program. This includes communications with Mentor Collective directly and a text message service to connect in your mentor/mentee relationship. SMS charges may occur when participating in this program depending upon your phone provider. You do have the ability to opt out of this service by emailing: [help@mentorcollective.org](mailto:help@mentorcollective.org).

Type your name here to agree:

Your Name

# Testimonial

Maya Moalla

- Senior Mentor (4th Semester)
- Bachelor in Criminology

# Check out our Social Media!

- New student information
- Video tutorials
  - Study tips
  - Introduction to services at Douglas
  - How to get involved (clubs, events etc.)
- Contests



# Recap: Steps to the Program

- Follow our social media accounts
  - @douglasinternational
  - @strong.start.mentors.summer.21
- Sign up for the the Strong Start Mentorship Program
  - <https://www.douglascollege.ca/international-students/new-students/strong-start-mentorship-program>
- Take the matching survey
- Get connected (Matching begins May 3rd)
- Have fun and find success!

# Douglas International

- [dc@douglascollege.ca](mailto:dc@douglascollege.ca)
- Advising services available for international services

## Drop-in via Zoom (Meeting ID **615-5605-1455**)

Step 1: Log into Zoom using the Meeting ID 615-5605-1455

Step 2: Wait in the waiting room and fill out the drop-in form while you wait

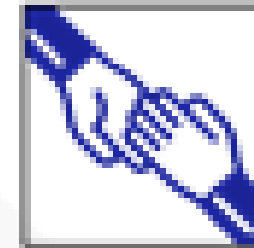
Step 3: If needed, your advisor will send you a link to book an online/in-person appointment

Monday	Tuesday	Wednesday	Thursday	Friday
Not Available	Not Available	Not Available	Not Available	Not Available
1 PM - 4 PM	1 PM - 4 PM	1 PM - 4 PM	1 PM - 4 PM	Not Available

Session length: 15-20 minutes. You can sign in 10 minutes before each drop-in session.

Appointments are also available by request via email.

Q&A?



**STRONG START**

DOUGLAS COLLEGE

Thank you!

See you at the next workshop.