



DOUGLAS COLLEGE

BA APPLIED PSYCHOLOGY

**SERVICE LEARNING STUDENT:
GRACE GILMORE**

Name: Grace Gilmore

Program: Bachelor of Arts Applied Psychology

Concentration: Pre-Counselling

Career Goal: To become a Registered Clinical Counsellor (RCC)

SL Placement: Last Door Addiction Recovery Treatment Centre: Adult Program

Duties: To assist the clinical team with the daily tasks of their job. This consisted of attending group sessions, performing assessments, clerical work, building rapport with clients, engaging in therapeutic conversations, helping with chores, offering support, and being involved in the recovery community.

Opportunities for Learning: Applying psychology theories (ie. Social Learning Theory, Biopsychosocial Model, Person-Centred Therapy) and research to everyday tasks, gaining experience and knowledge relevant to psychology, building important skills, and offering opportunities for self-reflection, insight and growth.