



## Adapted Adventure Program Buddy Role Description

**Reports To:** Adaptive Recreation Program Coordinator/PFA Executive Director

Power For All is a charity that operates in the Fraser Valley. The purpose of our organization is to relieve conditions associated with disability by providing specially adapted recreational programs to support the physical, mental, and emotional well being of children, youth, and adults living with disability.

**Website:** <http://powerforalladventuretherapysociety.com>



<http://powerforallats.com>  
Email: [powerforallats@gmail.com](mailto:powerforallats@gmail.com)



**Adaptive Recreation Programs:** Power For All provides occupational therapy services through adaptive kayaking and paddle boarding out of the Bedford Channel in Fort Langley and Elgin Park in Surrey in partnership with the City of Surrey Parks and Recreation division. Throughout the winter we have adaptive aquatic programs taking place at local pools. Also throughout the year we have clinic programs that use sensory enhanced movement activities, games, etc.

**Key Volunteer responsibilities include:**

- ❑ Assisting the Program Manager with equipment preparation for clients
- ❑ Assisting the Program Manager with welcoming and orientating participants to program
- ❑ Understanding and working with each individual's level of ability, skill, and knowledge of kayaking as a "paddling buddy"
- ❑ Working as a team member to have a successful program for participants, volunteers, and staff
- ❑ Assisting the Program Manager with return and/or packing up of equipment, gear, and program materials

**Experience:**

- ❑ Love for the outdoors, desire to paddle throughout the summer.
- ❑ Love for working with children and youth in different indoor and outdoor settings.
- ❑ Work or volunteer experience with populations relating to people with disabilities is preferred.
- ❑ Understanding of being active in the outdoors and risks associated with it

**Requirements:**

- ❑ Criminal Record Check
- ❑ Complete Training Session with Power for All Adventure Therapy Society
- ❑ Excellent communication and facilitation skills

**Volunteer commitment required: Days/hours/duration.**

**Duration:** Seasonal Commitment Fall, Winter, Spring, Summer

**Estimated:** Minimum 4 sessions per season, at least 3 hours per session.

**Days:** Fall, Winter and Spring: Wednesdays and Thursdays 1 to 7pm shifts available Sept to June, Paddling programs Summer: Tuesdays, Wed, Thurs 9am to 4pm, July and August. Aquatic Winter Programs: Sundays 11am to 7pm, Jan to April.

All volunteers are required to attend a mandatory training. These trainings are scheduled at the beginning of each season, and they require a combination of virtual and in-person trainings. When the season has started, training takes place as we go through sessions and before or after as needed for each individual.

**Hours:** a minimum of 3 hours per shift to include set up and take down.