



HYDE CREEK RECREATION CENTRE 1379 Laurier Avenue Port Coquitlam BC V3B 2B9 604.927.7946

PORT COQUITLAM REC. COMPLEX 2150 Wilson Avenue Port Coquitlam BC V3C 6J5 604.927.7970 THE OUTLET @ LEIGH SQUARE 2253 Leigh Square Port Coquitlam BC V3B 3B8 604.927.8400

Diversity

INCLUSION

is a fact

is an act

CONTACT INFORMATION

ACCESS & INCLUSION SERVICES 604.927.7975 or accessinclusion@portcoquitlam.ca VOLUNTEER SERVICES 604.927.7953 or volunteer@portcoquitlam.ca

CITY OF PØRT COQUITLAM



PORT COQUITLAM

RECREATION

portcoquitlam.ca/volunteer

CITY OF PØRT COQUITLAM



VOLUNTEER AS A LEISURE BUDDY



PORT COQUITLAM

MORE INFORMATION: portcoquitlam.ca/volunteer



WHAT IS A LEISURE BUDDY

The goal of a Leisure Buddy is to provide 1:1 support to a program participant in effort to create an inclusive recreation environment. This can include, but is not limited to participants living with physical, cognitive, behavioural or developmental barriers.

THE APPLICATION PROCESS

- Visit portcoquitlam.ca/volunteer
- Select Leisure Buddy and click "Apply Now!"
- Complete an Application Form
- All volunteers will be required to complete an Interview, Criminal Record Check and Orientation

Leisure Buddy volunteers will be expected to sign up for the **entirety** of a program for consistency purposes. Program lengths vary, however camps are a 35hr week and lessons are 1-2hrs/week for 6-10weeks.

portcoquitlam.ca/volunteer



AS A LEISURE BUDDY YOU WILL:

- Help participants keep focused on the activity or task at hand
- Encourage and provide additional instructions or reminders during activities
- Assist your buddy in making positive connections with their peers and participate in group activities
- Accompany your buddy to take breaks from activities when needed.
- Have fun!

VOLUNTEER REQUIREMENTS:

- Minimum of 16 years of age (or entering/enrolled in Grade 11)
- Previous experience working with children/youth in a Recreation setting
- Previous experience supporting individuals with disabilities an asset

PROGRAMS YOU MAY BE REQUESTED TO SUPPORT A CHILD/YOUTH INCLUDE:

- Day camps
- Skating Lessons
- Swimming Lessons
- Playschool
- Arts Programs
- Bike Lessons



PLEASE NOTE:

Volunteers will never be required to provide personal care such as assistance with toileting, changing or administering medications



portcoquitlam.ca/volunteer

PORT COQUITLAM RECREATION