

# PSYCHOLOGY DEPARTMENT STUDENT HANDBOOK 2024

**DOUGLAS**

**DOUGLAS COLLEGE**



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## IMPORTANT

This document is accurate as of Jan 2024.

While every effort is made to ensure that the information is kept up to date, changes may occur in the program that may not be immediately reflected in the Psychology Department Handbook.

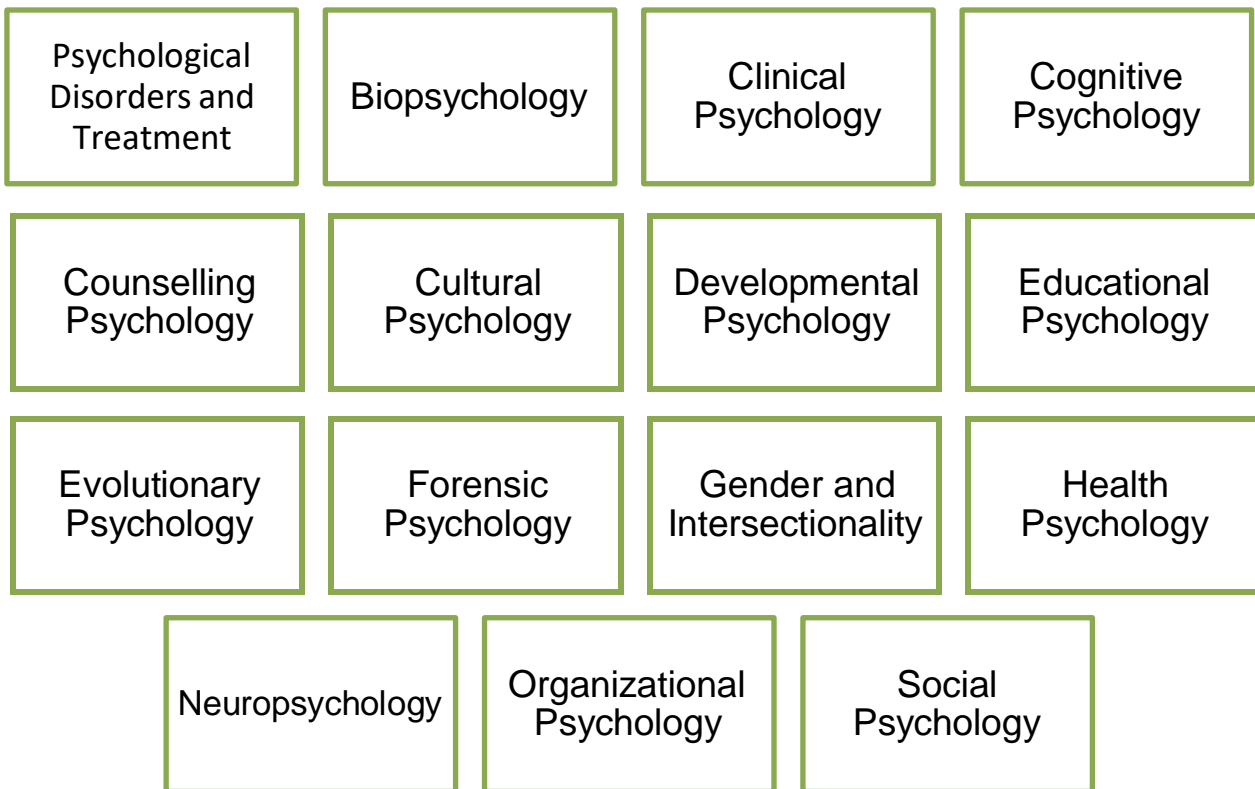
Students are encouraged to confirm information with an Enrolment Services Advisor by checking the website: [Contact Enrolment Services](#)

## WELCOME to the PSYCHOLOGY DEPARTMENT

Psychology strives to describe, predict, understand, and influence behavior and mental processes. Psychology is divided into two areas: experimental (basic or applied research) and clinical/counselling (assessment and therapy). Psychological scientists use experiments, surveys, naturalistic observations, case studies, and clinical studies to develop theories and investigate the nature of behavior, thought and emotion.

### ***Who are we?***

At Douglas College we have one of the largest academic departments, with over 25 full-time faculty, all of whom hold doctoral degrees, and many of whom are registered clinicians or counselors. Our faculty members have diverse expertise in areas that include:



### ***What do we offer?***

Our department offers a 2-year Associate of Arts Degree, a 4-year Bachelor of Arts Degree in Applied Psychology, a 4-year Bachelor of Arts Honours Degree in Applied Psychology, a Minor in Psychology and a Post Graduate Diploma in Psychosocial Rehabilitation.

The Bachelor of Arts Applied Psychology Degree was created to expose students to a variety of occupations where psychology is applied and to equip students with skills necessary to succeed in the workforce. The Bachelor of Arts Honours Degree has a higher GPA entrance requirement, but it supplements the Bachelor of Arts in Applied Psychology Degree, with additional training in psychology, and experience conducting self-directed research for those who may want to pursue graduate school.

In all cases the intention is to create lifelong, psychologically literate learners. A *psychologically literate* graduate not only leaves with basic psychological knowledge but also:

- 1) values, recognizes and understands diversity;
- 2) solves problems with creativity and skepticism;
- 3) is competent in the use of technology and accessing information;
- 4) can apply psychological knowledge throughout his/her life, within organizations, and to his/her communities;
- 5) acts ethically;
- 6) can communicate effectively to different audiences; and
- 7) can reflect on his/her own and other's behaviors to gain insights and affect change.<sup>1</sup>

### ***Where are we located?***

We have two campuses, [New Westminster and Coquitlam](#) Campus. While a majority of the upper-level courses are taught in New Westminster, several 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year courses are taught in Coquitlam, and some are taught on-line.

Visit us at [Bachelor of Arts, Applied Psychology](#) for further information.

## PSYCHOLOGY PROGRAM COORDINATORS



**Chair** Joseph Thompson, BA, MA, PhD Honours (SFU)  
**Psychology and** Cognitive and Developmental Psychology, Research  
**Social Sciences** Methods and Statistics

[Contact and Research Information](#)

**Coordinator** Karyn Audet, BA, MA, PhD (SFU)  
**Service Learning** Educational, Developmental and Counselling Psychology

[Contact and Research Information](#)

**Coordinator** Regina Casey Dip OT (Dublin), MA (Royal Roads University), PhD (UBC)  
**Psychosocial Rehabilitation** Psychosocial Rehabilitation

Contact and Research Information [Contact and Research Information](#)

**Coordinator** Laura Dane, BA Honours, MA (SFU), PhD (U of New Mexico)  
**BA Applied Psychology /** Evolutionary Psychology, Social Psychology, Research Methods and Statistics  
**Honours** [Contact and Research Information](#)

**Coordinator** Stephen Rochefort, BA (U of C), MA (SFU), PhD (SFU)  
**Pathways in Psychology** Forensic and Clinical Psychology

[Contact and Research Information](#)





## PSYCHOLOGY PROGRAM FACULTY

New Westminster faculty offices are in the 3400 area. Coquitlam faculty offices are in building B. Office hours and teaching schedules are listed on their office doors or in your course outlines. For more details, please refer to: <https://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/humanities-and-social-sciences/psychology/faculty>

Sandeep Atwal, BA (SFU), MA, PsyD (Pepperdine University)  
Clinical Psychology and Cross Cultural Psychology  
[Contact and Research Information](#)

Jim Barton, BA (Wilfrid Laurier), BEd (Western Ontario), MSc, PhD (Alberta)  
Clinical Health, Sport and Exercise Psychology  
[Contact and Research Information](#)

Arnold Cera, BA (Manitoba), BEd (Brandon), MA (Saskatchewan), PhD (Wisconsin)  
Counselling Psychology and Social Psychology  
[Contact and Research Information](#)

Raquel Faria Chapdelaine, BA (PUC, Brazil), MA, PhD (Saskatchewan)  
Social Psychology and Cross Cultural Psychology  
[Contact and Research Information](#)

Valerie Dare, BA (Carlton), MA, PhD (Concordia)  
Clinical Psychology and Developmental Psychology  
[Contact and Research Information](#)

Teresa Howell, BSc, MA, PhD (UBC)  
Counselling, Community, Aboriginal Health, Forensic Psychology and Cross-Cultural Psychology  
[Contact and Research Information](#)

Gabriella Ionita, BA, MA (SFU), PhD (McGill)  
Counselling Psychology  
[Contact and Research Information](#)

Jeremy Jackson, BA Hons, MA, PhD (SFU)  
Experimental Psychology, Statistics  
[Contact and Research Information](#)

Maria Janicki, BSc (Brock), MA, PhD (SFU)  
Social Psychology and Evolutionary Psychology  
[Contact and Research Information](#)

Bryan Jones, BA (UFV), MA, PhD (SFU)  
Biopsychology, Neuroscience, Behavioural Neuroendocrinology  
[Contact and Research Information](#)

Anne MacGregor, BA Hons (Carlton), MS (Peabody), EdD (UBC)  
Clinical Psychology and Developmental Psychology  
[Contact and Research Information](#)

Wilma Marshall, BEd, MEd, PhD (C Psyc) (Alberta)  
Biopsychology, Behavioural Medicine  
[Contact and Research Information](#)

Stelian Medianu, BA (UBC), MSc, PhD, Postdoc (Western Ontario)  
Organizational Behavior, Research Methods and Statistics, Migration and Ethnic Relations  
[Contact and Research Information](#)

Donald Meen, BA, MEd (Alberta), PhD (Manitoba)  
Clinical Psychology  
[Contact and Research Information](#)

Shelley Moore, BA (Windsor), MA (Laurentian), PhD (UBC)  
Psychology of Women, Developmental Psychology  
[Contact and Research Information](#)

Bryan Nadeau, MA (Concordia), PhD (SFU)  
Neuroscience, Pharmacology  
[Contact and Research Information](#)

Karen Parhar, BA Hons (British Columbia), MA, PhD (Saskatchewan)  
Forensic Psychology, Applied Social Psychology  
[Contact and Research Information](#)

David Prime, BA (SFU), MA, PhD (UBC)  
Cognitive Neuroscience  
[Contact and Research Information](#)

Stephen Rochefort, BA (Calgary), MA, PhD (SFU)  
Forensic Psychology, Clinical Psychology  
[Contact and Research Information](#)

Graham Rodwell, BA (Cambridge), MA (Manchester), MBA (Open University), PhD (Manchester)  
Applied Social Sciences  
[Contact and Research Information](#)

Joachim Sehrbrock, BA (Naropa), MA, PhD (Sofia)  
Clinical Psychology and Developmental Psychology  
[Contact and Research Information](#)

Roger Tweed, BA (SFU), MA, PhD (UBC)  
Social Psychology, Positive Psychology  
[Contact and Research Information](#)

Clare van Norden, BA (UBC), MS, PhD (Lehigh)  
Developmental Psychology  
[Contact and Research Information](#)

Kristin Wagner, BA (Buffalo), MA, PhD (Alliant International)  
Forensic Psychology, Research Methods and Statistics  
[Contact and Research Information](#)

Steven Welch, BA, MA, PhD (Manitoba)  
Clinical Psychology and Post-Secondary Teaching  
[Contact and Research Information](#)

Shahnaz Winer, BA, MA, PhD (Waterloo)  
Cognitive Neuroscience  
[Contact Information](#)



## **PROGRAM GOALS AND STUDENT OBJECTIVES**

### ***Program Goals***

1. To produce “psychologically literate” citizens.
2. Blend a solid academic foundation with a practical skills application;
3. To promote breadth and cross-discipline integration of skills to enhance employability in the workforce;
4. Provide a flexible degree program that can be tailored and specialized to prepare for entry into a variety of psychology-related careers;
5. To expand the diversity of existing upper-level courses in psychology;
6. Endow the capacity for professional, independent intellectual work;
7. To prepare students to design, implement, and report organizational research;
8. To offer the necessary prerequisites for students who wish to pursue graduate work in education or counselling psychology.
9. To provide ladder opportunities with the Disability and Applied Behavior Analysis (DABA) program;
10. To prepare students to write the Certified Psychiatric Rehabilitation Practitioners (CPRP) exam.
11. To prepare students to apply for graduate work in psychology or other professional programs through the BA Applied Psychology Honours program;
12. To integrate students’ application of psychological and criminological theory and practice;
13. Collaborate with community organizations in order to provide enriched learning opportunities for our students;
14. Promote the life-long learner perspective; and
15. Espouse the Douglas College Mission Statement, Goals and Values<sup>2</sup>

### ***Student Objectives***

Develop and hone core competencies and requisite knowledge for work in psychology, including:

1. Write effectively in modes and formats required within psychology;
2. Read, comprehend and use written materials including numerical data, academic papers, and psychological tests and measures.
3. Speak with clarity, proficiency, and confidence;
4. Think critically and creatively;
5. Recognize and respect diversity and individual difference;
6. Discern ethical consequences of decisions and actions;
7. Develop and practice skills such as interviewing, problem solving, ethical decision making, and information seeking and sequencing;
8. Recognize and manage change positively;
9. Employ quantitative and qualitative analysis to solve problems;
10. Transform information into judgment and action; and
11. Identify, prepare for, and pursue career pathways in psychology-related fields.

## JOIN THE BLACKBOARD COMMUNITY PAGE!



Please take a moment to join the Psychology Communication Centre, which is part of our Blackboard Community page. Within this community, you will be able to:

- Communicate with faculty and other students.

- Keep current about announcements, events, workshops, volunteer, and job opportunities.

- Discuss related topics.

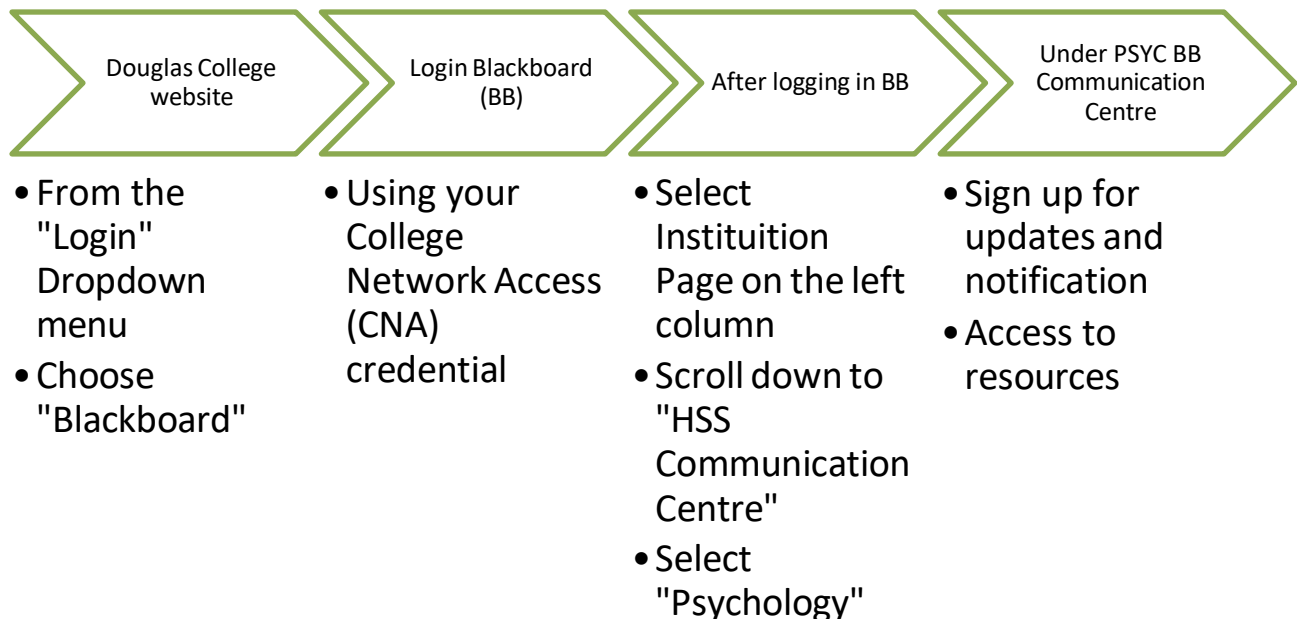
- Join groups you may be interested in.

- Complete fillable internal application forms (BA Honours Program).

- Complete program checklists and concentration declaration forms.

- Find information about graduate school applications and planning tools.

**TO JOIN** the Psychology Blackboard Community, please follow these steps:



## QUESTIONS

### **Psychology Program FAQs:**

Log in to Blackboard <https://douglascollege.blackboard.com/>

### **Scheduling Inquiries:**

Please contact Dr. Joseph Thompson - Chair Psychology and Social Science

Email: [thompsonj14@douglascollege.ca](mailto:thompsonj14@douglascollege.ca)

### **BA Applied PSYC Program Inquiries:**

Please contact Dr. Laura Dane, Coordinator BA Applied Psychology

Email: [danel@douglascollege.ca](mailto:danel@douglascollege.ca)

### **AA Psychology and Pathway to Psychology Inquiries:**

Please contact Dr. Stephen Rochefort, Coordinator Psychology Pathways

Email: [rocheforts@douglascollege.ca](mailto:rocheforts@douglascollege.ca)

### **General Inquiries: Please contact:**

Email: [psyc-coordinator@douglascollege.ca](mailto:psyc-coordinator@douglascollege.ca)

## SCHOLARSHIPS AND BURSARIES

There are several scholarship and bursary awards available for psychology students to apply for. The following are examples of the financial awards and some of the selection criteria information. Please contact the **Financial Aid Office** for more detailed information on eligibility requirements and deadlines for applications here: [Awards, Bursaries and Scholarships](#)

### Amanda Todd Legacy Award of Distinction

Carol Todd established this award in December 2015 to pay tribute to, and honour, her daughter Amanda Todd who has been described as "a transformative angel". Amanda died by suicide at the age of 15 in October 2012. Eligible recipients must be enrolled in any program that focuses on mental health. This includes, but is not limited to, programs within the Faculty of Child, Family and Community Studies, the Faculty of Health Sciences and the Faculty of Humanities & Social Sciences: [List of Awards, Bursaries, Scholarships](#)

### Caroline Chan Memorial Bursary

The Frank Wing Memorial Bursary was established by Caroline and Adrienne Chan, in 1989, to honour their uncle, Frank Wing. The bursary was created to support students in need who are enrolled in programs relating to social services and social sciences at Douglas College with preference given to students of Aboriginal, Asian or South Asian descent. In 2013, Caroline Chan passed away and the bursary was renamed in her memory: [Caroline Chan Memorial Endowment Bursary](#)

### Brodie Osborne-Campbell Memorial Scholarship

This endowment fund was established in 2007 to honour the life of Brodie Osborne-Campbell, a 15-year-old Grade 10 student at Charles Best Secondary in Coquitlam, who passed away of a bacterial meningitis infection. Brodie was the beloved son, and only child, of Colin Campbell, an instructor in the Douglas College Criminology Department, and Judith Osborne. The purpose of this fund is to recognize the academic achievements of students enrolled in Criminology at Douglas College: [Brodie Osborne-Campbell Memorial Scholarship](#)

### Jack Ferguson Memorial Scholarship

This fund was created by the Douglas College Criminology Department and the friends and family of Jack Ferguson in memory of Jack, a long time faculty member who was instrumental in establishing the Criminology program at the College. The recipient is preferably a Criminology student: [Jack Ferguson Memorial Scholarship](#)

### Arlene Clay Memorial Bursary

In 2012, Douglas College Foundation hosted the first ever Bursary Draw at A Class Act. Proceeds from the tickets sold, plus a generous donation from winning guest Mike Clay, went directly to students in need. Mike named the bursary in memory of his mother, Arlene Clay, a retired School District 43 teacher, who initiated what became a district-wide public speaking program. The Arlene Clay Memorial Bursary provides support to Port Moody residents with a preference to those enrolled in the Future Teachers – Associate of Arts Degree program or Early Childhood Education programs (diploma & certificate) at Douglas College: [Arlene Clay Memorial Bursary](#)

## RESEARCH OPPORTUNITIES

There are several opportunities for students to get involved with research at Douglas College, including: conducting your own research projects within classes or as an honours thesis, volunteering as a research assistant or as a research participant. Students producing outstanding research often present their work at one of our local undergraduate research conferences. Feel free to ask your instructors about ongoing research they might be involved in.

**Douglas College Student Research Day:** students from across the college showcase their research to the Douglas College community.

**Connecting Minds:** undergraduate research conference hosted annually by Kwantlen Polytechnic University: [Connecting Minds](#)



The psychology program offers a wide range of courses. **Not all courses are offered each semester, and the number of course sections offered each semester is limited.** Students may complete psychology courses on a part-time or full-time basis providing the specific course prerequisites are met. Most courses with 2000, 3000 and 4000 numbers have a prerequisite (they require that you have taken a previous course).

**IMPORTANT:** There is a high demand for psychology classes and students should anticipate this when they register for classes. Also, if psychology classes are full, students should attempt to register in other university transfer course requirements for the Associate of Arts (Psychology), or the BA in Applied Psychology degree.

## STUDYING PSYCHOLOGY

Students may complete Psychology courses on a part-time or full-time basis providing the specific course prerequisites are met. If Psychology classes are full, students should attempt to register in other university transfer course requirements for their specific credential. **All 2000, 3000 and 4000 courses have a prerequisite.** Please note not all courses are offered each semester, and the number of course selections offered each semester is limited.

### PSYCHOLOGY COURSES OFFERED

<a href="#">PSYC 1100</a>	An Introduction to Psychology I
<a href="#">PSYC 1110</a>	Psychology of Women
<a href="#">PSYC 1130</a>	Lifespan Human Development
<a href="#">PSYC 1200</a>	An Introduction to Psychology II
<a href="#">PSYC 2150</a>	Academic and Professional Development in Psychology
<a href="#">PSYC 2207</a>	An Introduction to Educational Psychology
<a href="#">PSYC 2300</a>	Data Analysis in Psychology
<a href="#">PSYC 2301</a>	Research Methods in Psychology
<a href="#">PSYC 2315</a>	Biological Bases of Behavior
<a href="#">PSYC 2341</a>	Psychological Disorders and Treatment
<a href="#">PSYC 2360</a>	Cognitive Psychology
<a href="#">PSYC 2901</a>	Special Topics in Psychology
<a href="#">PSYC 3120</a>	Gender Relations
<a href="#">PSYC 3300</a>	Applied Intermediate Research Methods & Data Analysis
<a href="#">PSYC 3301</a>	Applied Data Analysis in Psychology
<a href="#">PSYC 3304</a>	Health Psychology
<a href="#">PSYC 3305</a>	Hormones and Behaviour
<a href="#">PSYC 3308</a>	History & Philosophy of Modern Psychology
<a href="#">PSYC 3309</a>	Critical Issues in Psychology
<a href="#">PSYC 3314</a>	Psychology & Law
<a href="#">PSYC 3315</a>	Human Neuropsychology
<a href="#">PSYC 3320</a>	Child Behaviour and Development
<a href="#">PSYC 3321</a>	Developmental Psychology: Adolescence and Emerging Adulthood
<a href="#">PSYC 3322</a>	Developmental Psychology: Adulthood & Aging
<a href="#">PSYC 3330</a>	An Introduction to Social Psychology
<a href="#">PSYC 3331</a>	Introduction to Personality
<a href="#">PSYC 3333</a>	Cultural Competency and Counselling with Canada's Indigenous Peoples



<a href="#"><u>PSYC 3339</u></a>	Sociopolitical and Critical Psychology
<a href="#"><u>PSYC 3340</u></a>	Cultural Psychology
<a href="#"><u>PSYC 3341</u></a>	Drugs and Behaviour
<a href="#"><u>PSYC 3342</u></a>	Developmental Psychopathology
<a href="#"><u>PSYC 3361</u></a>	Social Cognition
<a href="#"><u>PSYC 3365</u></a>	The Psychology of Learning
<a href="#"><u>PSYC 3370</u></a>	The Psychology of Memory
<a href="#"><u>PSYC 3375</u></a>	Theories of Counselling & Psychotherapy
<a href="#"><u>PSYC 3385</u></a>	Evolutionary Psychology
<a href="#"><u>PSYC 3390</u></a>	Applications of Psychological Knowledge (Service Learning & Research)
<a href="#"><u>PSYC 3901</u></a>	Special Topics in Applied Psychology / Social Sciences
<a href="#"><u>PSYC 3902</u></a>	Special Topics in Biological Psychology
<a href="#"><u>PSYC 3903</u></a>	Special Topics in Clinical / Counselling Psychology
<a href="#"><u>PSYC 3904</u></a>	Special Topics in Cognitive Psychology
<a href="#"><u>PSYC 3905</u></a>	Special Topics in Developmental Psychology
<a href="#"><u>PSYC 3906</u></a>	Special Topics in Psychology / Social Sciences
<a href="#"><u>PSYC 4360</u></a>	Psychological Assessment
<a href="#"><u>PSYC 4370</u></a>	Counselling Skills Fundamentals
<a href="#"><u>PSYC 4371</u></a>	Group Counselling: Theory and Practice
<a href="#"><u>PSYC 4373</u></a>	Vocational Assessment and Counselling
<a href="#"><u>PSYC 4375</u></a>	Clinical Psychology
<a href="#"><u>PSYC 4390</u></a>	Honours Seminar
<a href="#"><u>PSYC 4400</u></a>	Honours Thesis I
<a href="#"><u>PSYC 4410</u></a>	Honours Thesis II
<a href="#"><u>PSYC 5001</u></a>	Mental Health Services & Systems: History and Trends
<a href="#"><u>PSYC 5002</u></a>	Psychosocial Rehabilitation & Recovery
<a href="#"><u>PSYC 5003</u></a>	Psychosocial Rehabilitation Practitioner Competencies
<a href="#"><u>PSYC 5004</u></a>	Psychosocial Rehabilitation: Best & Promising Practices
<a href="#"><u>PSYC 5005</u></a>	Seminar & Practicum in Psychosocial Rehabilitation

**Visit the Psychology Course Catalogue for the most up-to-date course information**



## PSYCHOLOGY LABORATORY



The Psychology Department has Laboratories at both our New Westminster and David Lam Campus. These rooms are used for:

**Laboratory Demonstrations:** Many classes offer hands-on and fun ways to learn about psychology topics.

**Computer Use:** Computers are available for students to use for psychology course work.

**Experiments:** The lab technicians are available to help when you choose participants, collect your data, analyze, interpret and write up your results. You are also welcomed to borrow the equipment you need to run your experiments from the lab.

**Research Papers & Assignments:** The lab technicians can help you with information about APA writing style and using library resources to find articles.

**Tutoring:** If you have questions concerning any of the topics covered in psychology, please drop by the lab to receive extra help on the concepts in question. Please be advised that the lab is not a substitute for reading the textbook or attending class.

For more information about the Psychology Lab visit: <https://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/humanities-and-social-sciences/psychology-lab>



## PSYCHOLOGY PROGRAM LAB TECHNICIANS

---

Cydney Cocking  
(on call)

BA (Hons) (Kwantlen Polytechnic University)

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Tel: 604-527-5508 (New Westminster Campus)

---

Email: [cockingc@douglascollege.ca](mailto:cockingc@douglascollege.ca)

---

Taylor Cork

BA (Hons) (Simon Fraser University), MA Student (Simon Fraser University)

---

Tel: 604-527-5508 (New Westminster Campus)

---

Email: [corkt@douglascollege.ca](mailto:corkt@douglascollege.ca)

---

Gerry Gramozis

BA (Double Major) (Trinity Western), Dip. Addiction Medicine (UBC), Cert. Addiction Care and Treatment (UBC), Cert. Substance Use and Addiction Nursing (UBC), Cert. Substance Use (JIBC), Ex. Cert. Addiction Studies (Mount Royal)

---

Tel: 604-777-6157 (Coquitlam Campus)

---

Email: [gramozisg@douglascollege.ca](mailto:gramozisg@douglascollege.ca)

---

Melissa Mack

BSc (Alberta)

---

Tel: 604-527-5631 (New Westminster Campus)

---

Email: [mackm@douglascollege.ca](mailto:mackm@douglascollege.ca)

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### Contacting the Psychology Lab

Students wishing to contact the Psychology Lab with questions regarding their assignments and coursework should email [psychlab@douglascollege.ca](mailto:psychlab@douglascollege.ca). In the subject heading of your email message, indicate the name of your course along with the name of your instructor - this is needed to help ensure a proper reply.

For additional information about the Psychology Laboratory visit our website: [Psychology Laboratory](#)

## DOUGLAS COLLEGE PSYCHOLOGY SOCIETY

Students, professors, and alumni interested in sharing, mentoring, raising awareness, and building a community around the field of Psychology at Douglas College.

The Douglas College Psychology Society is a faculty-sponsored group of Douglas College students who share a common interest in psychology. The Psych Society meets regularly to plan events such as "meet and greets" and information nights about careers in psychology. Occasionally, they get together and just talk about cool psychology related topics. They are primarily self-funded, raising money through various means: perhaps you've seen them selling tasty baked goods on campus. Current students involved in this association have shown initiative, teamwork and collaborative skills while organizing fundraisers, social events, special topic lectures, as well as faculty seminars for students.

The Psychology Society is open to all students with an interest in the field. Whether you are a first year or fourth year, psych major or general studies, if you want to get involved, feel free to contact us or show up to a meeting.



*Some of the past DC Psychology Society events have been:*

- Movie nights (including Q & A sessions with Faculty or special guests).
- Meet and greet nights (Faculty and Guest Speakers present and answer questions about what you can do with a psychology degree).
- Volunteering at Depression Screening Day.

Learn more and visit our website: [The Psychology Society](https://www.douglascollege.ca/psychology-society/)

Like us on Facebook: <https://www.facebook.com/DCpsychsociety/>

Follow us on Instagram: <https://www.instagram.com/dcpsychsociety/>

Follow us on Twitter: <https://twitter.com/DCPsychSociety>



## RESOURCES FOR WRITING TERM PAPERS AND ESSAYS

As a student, you will be required to write research papers and/or essays. This learning objective is essential to develop research, organizational and communication skills. Some important preliminary steps include planning and gathering information for the assignment. Make sure that you fully understand the assignment and the instructors' expectations. Ask for clarification, when needed to ensure you are confident you know what the assignment entails.

The library offers many valuable services for students, including writing help and online tutoring. There are also numerous guides and online tutorials for study skills and grammar skills. For information on the Learning Centre and its writing services please see:

[The Learning Centre, Writing Resources](#)

## Researching Your Paper and Choosing the Right Sources

Many of your papers in post-secondary education will require you to research a topic and present other authors' work. In addition to ensuring you know how to cite the research you refer to in your paper, you also need to know what sources are reliable and which are not. In general, most formal research essays will require references to **academic, peer-reviewed journal articles** and scholarly works. The reason behind this distinction is research that is published in a peer-reviewed journal has gone through a rigorous review process by several academics in the specific field of study. When done properly this process helps ensure that the research that is published is free of major flaws. Other publications, most notably websites such as Wikipedia, often will contain information that may be biased, incomplete, or based on conjecture, stereotypes or incorrect assumptions. Always consult with your instructor as to what type of research she/he requires for an assignment, and if you are ever in doubt as to the reliability of a particular piece of work, ask that instructor or the librarian.

## Citing Your Research Sources

Most assignments will require you to cite your sources when referencing authors' ideas, even if you paraphrase. You will need to become comfortable with the correct ways to cite your research within your assignments. Our psychology department uses the style and citation guide published by the American Psychological Association (APA Style).

Please use the Douglas College Psychology Department's An Introduction to APA Style

Our Douglas College librarians are extremely knowledgeable about the proper use of citations and are there to help should you need some guidance.

## **PSYCHOLOGY DEPARTMENT POLICY ON ACADEMIC INTEGRITY AND STANDARDS OF STUDENT CONDUCT**

Douglas College, Psychology Department considers cheating on exams, plagiarism, and submission of the work of others as one's own, as serious violations of Douglas College policy.

Please see the following link for information on the Douglas College's [Academic Integrity Policy](#).

Plagiarism avoidance guides can be found on the library and learning centre website:

[Plagiarism: How to avoid it](#)

There is also this Douglas College [Plagiarism Tutorial](#)

For more information, please visit the following links:

[Academic Integrity Resources for Students](#)

[Academic Integrity Policy](#)

[Standards of Student Conduct](#)

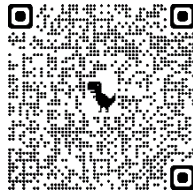
**If you have further questions please contact:**

[psyc-coordinator@douglascollege.ca](mailto:psyc-coordinator@douglascollege.ca)



## CREDENTIALS OFFERED

1. [Associate of Arts Degree, Psychology](#) [60 credits]
2. [Associate of Arts Degree, Pre-Bachelors Psychology](#) [60 credits]
3. [Minor in Psychology](#) [30 credits]
4. [Bachelor of Arts, Applied Psychology](#) [120 credits]
5. [Bachelor of Arts, Applied Psychology - Honours](#) [120 credits]
6. [Psychosocial Rehabilitation Graduate Diploma](#) [15 credits]

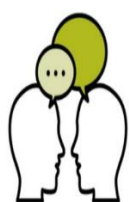
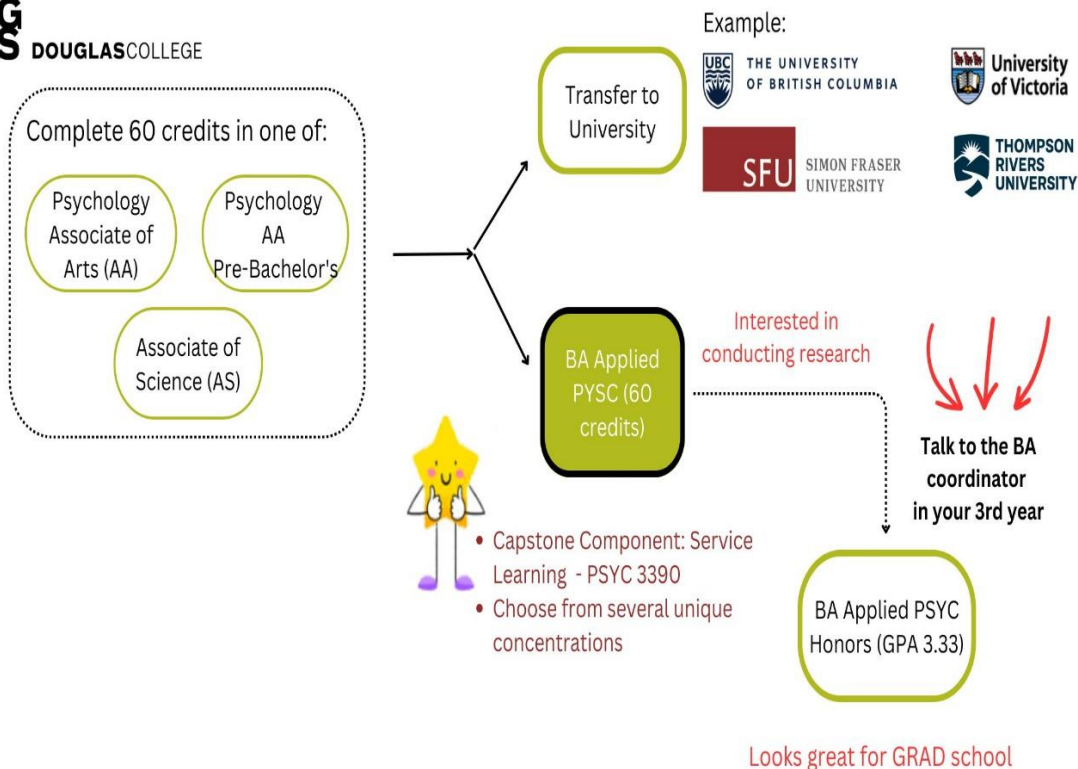


To determine your eligibility for graduation and how to apply for graduation  
please go to the following Enrolment Services link:



<https://www.douglascollege.ca/current-students/enrolment-services/graduation#How-to-apply>

## PATHWAYS IN PSYCHOLOGY



Don't have an AA or AS?

Don't fit into the these pathways?

Book a meeting with the program coordinator

SCAN

**Dr. Stephen Rochefort** **Dr. Laura Dane**  
Pathway Coordinator BA Coordinator



## **ASSOCIATE OF ARTS DEGREE – PSYCHOLOGY**

An Associate of Arts (AA) degree is a **combination of 60 credits** which include: English, Humanities, Social Sciences, and Lab Science/Math/Science courses.

The Associate of Arts Degree specializing in Psychology is a two-year (60 credits) credential designed to ensure students can transition into the Douglas College Bachelor of Arts in Applied Psychology, Bachelor of Arts in Applied Psychology – Honours, or to transfer into the third year of any BC post-secondary institution BA in Psychology.

The following information is from the Douglas College website [Psychology, Associate of Arts](#)

### **Requirements:**

- Successful completion of 60 University Transfer (UT) credits as listed below
- A minimum cumulative GPA of 2.00 (average overall grade of C)
- All courses must be University Transferable to at least one of the Research Universities (SFU, UBC, UBCO, UNBC, UVIC) - according to the BC Transfer Guide
- 50% (30 credits) of all coursework must be completed at Douglas College (unless you continue at Douglas College to complete the Bachelor of Arts, Applied Psychology program you will have met the residency requirement)

### **Required Courses:**

To complete an Associate of Arts Degree with a Specialization in Psychology, students must complete:

- 18 or more credits (of the 60 credits required for their associate degree) in Psychology
- 9 of those 18 credits must be considered second-year courses.

The following Psychology courses are required for Admission into the Bachelor of Arts in Applied Psychology:

### **Required (Mandatory) Psychology Courses:**

<a href="#">PSYC 1100</a>	An Introduction to Psychology I	3 credits
<a href="#">PSYC 1200</a>	An Introduction to Psychology II	3 credits
<a href="#">PSYC 2300</a>	Data Analysis in Psychology	3 credits
<a href="#">PSYC 2301</a>	Research Methods in Psychology	3 credits

### **Choice of two (2) of the following:**

<a href="#">PSYC 2315</a>	Biological Bases of Behaviour	3 credits
<a href="#">PSYC 2341</a>	Psychological Disorders and Treatment	3 credits
<a href="#">PSYC 2360</a>	Cognitive Psychology	3 credits

**The following are the general requirements for an Associate of Arts Degree at any BC college:**

Two (2) first year English electives (ENGL 1130 <i>recommended</i> )	6 credits
Two (2) Humanities electives (PHIL 1101 <i>recommended</i> )	6 credits
Two (2) Social Sciences electives	6 credits
Two (2) Arts electives (outside of Psychology)	6 credits
Six (6) second year Arts electives (in 2 or more subject areas)	18 credits
One (1) Lab Science elective	3 credits
One (1) Math, Statistics or Computing Science elective	3 credits
One (1) Math, Statistics or Science elective	3 credits
Three (3) other University Transfer electives	9 credits

**TOTAL of 60 credits minimum**

**Note: Please ensure you are clear on the BA requirements and plan ahead!**

See [Associate of Arts Degree, Psychology Checklist](#)

**For more information contact the Psychology Coordinator,**

**Dr. Stephen Rochefort: [rocheforts@douglascollege.ca](mailto:rocheforts@douglascollege.ca)**

**Book an online advising appointment:**



## **ASSOCIATE OF ARTS DEGREE, PRE-BACHELOR PSYCHOLOGY**

An Associate of Arts (AA) degree is a **combination of 60 credits** which include: English, Humanities, Social Sciences, and Lab Science/Math/Science courses.

This combination of courses is typically required for entry into most Bachelor of Arts programs across BC (but you should check with individual Universities/Colleges for requirements).

The AA is the preferred mix of courses **needed for entry into our Douglas College Bachelor of Applied Psychology program**. This serves as the first 2 years of your 4 year Bachelor of Arts degree.

In addition, you need to take some **specific Psychology courses** including [PSYC 2300](#) Data Analysis in Psychology. To take this course you need a C or better in Foundations of Math 11 or Precalculus 11 (or equivalent).

For students who have Math 11 with a C (or equivalent upgrading), we have created a special AA program called the **AA Pre-Bachelors Psychology**. This degree is the same as the Associate of Arts, Psychology but includes the Psychology courses you need to get into our BA program AND it gives you **PRIORITY REGISTRATION**.

### **Required (Mandatory) Psychology Courses:**

<a href="#">PSYC 1100</a>	An Introduction to Psychology I	3 credits
<a href="#">PSYC 1200</a>	An Introduction to Psychology II	3 credits
<a href="#">PSYC 2300</a>	Data Analysis in Psychology (Math 11 prerequisite)	3 credits
<a href="#">PSYC 2301</a>	Research Methods in Psychology	3 credits

### **Choice of two (2) of the following:**

<a href="#">PSYC 2315</a>	Biological Bases of Behaviour	3 credits
<a href="#">PSYC 2341</a>	Psychological Disorders and Treatment	3 credits
<a href="#">PSYC 2360</a>	Cognitive Psychology	3 credits

**For more information contact the Psychology Coordinator,**

**Dr. Stephen Rochefort:** [rocheforts@douglascollege.ca](mailto:rocheforts@douglascollege.ca)

**Book an online advising appointment:**



## **MINOR IN PSYCHOLOGY**

Students majoring in other Douglas College bachelor's degree programs can choose to earn a Minor in psychology. Psychological theory, research and practice complement many other disciplines including business administration, marketing, nursing, criminology, child and youth care, community rehabilitation, therapeutic recreation, and physical education and coaching. The structure of the minor in psychology is thirty (30) credits that include:

<a href="#">PSYC 1100</a>	An Introduction to Psychology I	3 credits
<a href="#">PSYC 1200</a>	An Introduction to Psychology II	3 credits
<a href="#">PSYC 2301</a>	Research Methods in Psychology (or equivalent)	3 credits

### **Choice of two (2) of the following:**

1000 or 2000 level	Psychology courses	6 credits
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### **Choice of five (5) of the following:**

3000 or 4000 level	Psychology courses	15 credits
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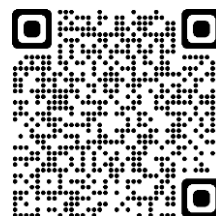
See [Minor in Psychology Checklist](#)

**If you have questions about Minor in Psychology, please contact:**

**Dr. Laura Dane, Coordinator BA Applied Psychology**

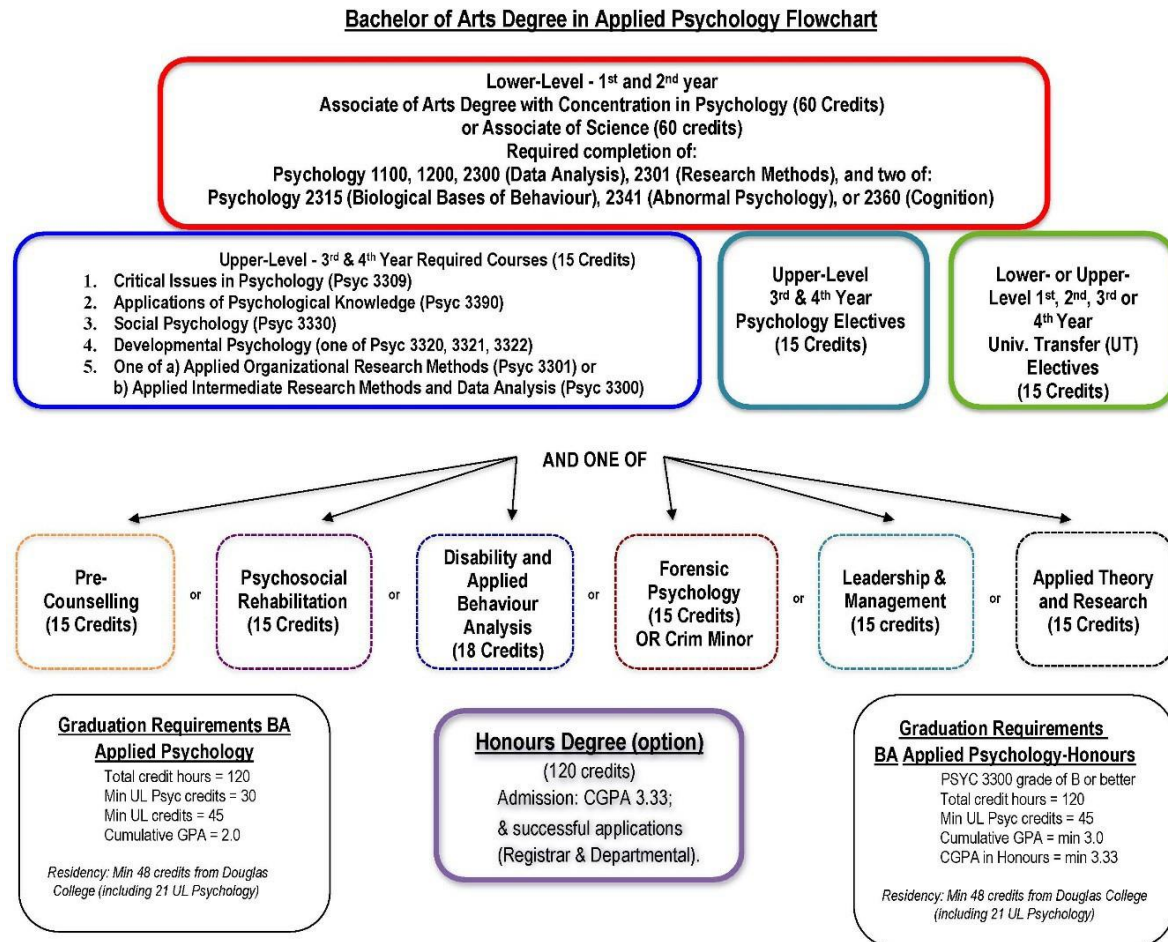
[danel@douglascollege.ca](mailto:danel@douglascollege.ca)

**BOOK an online advising appointment:**





# BA DEGREE IN APPLIED PSYCHOLOGY FLOWCHART



See [Bachelor of Arts Degree in Applied Psychology flowchart](#)

For more information:

Contact the AA Psychology Coordinator, Dr. Stephen Rochefort: [rocheforts@douglascollege.ca](mailto:rocheforts@douglascollege.ca)

OR

Contact the BA Psychology / Honours Coordinator, Dr. Laura Dane [danel@douglascollege.ca](mailto:danel@douglascollege.ca)

## **BACHELOR OF ARTS IN APPLIED PSYCHOLOGY**

The Bachelor of Arts in Applied Psychology is a third-year entry program that provides you with a core background in psychological theory and research while integrating courses from areas in the workplace where psychology is typically applied. As with traditional psychology degrees, you will complete at least 30 upper-level credits in psychology courses.

If you intend to apply to this program, please contact **the Coordinator, Dr. Dane at:** [danel@douglascollege.ca](mailto:danel@douglascollege.ca) within your first two years at Douglas for advisement on course selection, concentrations, career paths etc. Please note that you can only apply to the program after you have completed 60 credits of undergraduate coursework (typically an Associate of Arts or Associate of Science). See the Admissions Requirement tab on the website: [BA Applied Psychology](#) for courses you need to complete before applying to the program. Acceptance into the BA Applied Psychology Program will provide you with priority registration. During your third and fourth years, you will focus on at least one 15 or 18 credit concentration in the following areas where psychology is typically applied in the workplace:

- Applied Theory and Research
- Disability and Applied Behaviour Analysis (18 credits)
- Forensic/Criminology
- Leadership and Management
- Pre-Counselling
- Psychosocial Rehabilitation (PSR)

### **Required (Mandatory) Courses:**

<a href="#">PSYC 3309</a>	Critical Issues in Psychology	3 credits
<a href="#">PSYC 3330</a>	An Introduction to Social Psychology	3 credits
<a href="#">PSYC 3390</a>	Applications of Psychological Knowledge (Service Learning & Research)	3 credits

### **Choice of one (1) of the following:**

<a href="#">PSYC 3320</a>	Child Behavior and Development	3 credits
<a href="#">PSYC 3321</a>	Developmental Psychology: Adolescence and Emerging Adulthood	3 credits
<a href="#">PSYC 3322</a>	Developmental Psychology: Adulthood and Aging	3 credits

**Choice of one (1) of the following:**

[PSYC 3300](#) Applied Intermediate Research Methods & Data Analysis 3 credits

[PSYC 3301](#) Applied Data Analysis in Psychology 3 credits

**Choice of five (5) Elective Courses:**

3000-4000 Psychology courses 15 credits

1000-4000 University transfer courses from any discipline 15 credits

**Choice of five (5) courses from one of the Applied Areas of Concentration: 15 credits**

**TOTAL of 120 credits minimum**

See [BA in Applied Psychology Checklist](#)

For more information contact the BA Psychology Coordinator,

Dr. Laura Dane [danel@douglascollege.ca](mailto:danel@douglascollege.ca)

**BOOK an online advising appointment:**



## Applied Areas of Concentration:

Students will choose ONE of the following Applied Areas of Concentration 15-18 credits.

### 1 [Applied Theory and Research](#)

This flexible concentration allows students to work on breadth and to be well prepared for graduate studies in experimental psychology.

### 2 [Disability and Applied Behaviour Analysis](#)

Disability and Applied Behavioural Analysis is an 18 credit package of courses that prepare students to write exams for the Behaviour Analyst Certification Board and Teacher Qualification Service. Many of our student and alumni work in the area of behavior intervention, supporting children with a developmental disability to regulate their behaviours in home and school settings.

The DABA concentration requires special admissions. Courses run as a cohort and are only offered in the specified semesters. The courses must be completed in one academic year.

### 3 [Forensic Criminology](#)

We have teamed up with our amazing criminology department to offer a strong package of courses for those interested in working in the justice system. See also [Applied Criminology Minor](#)

### 4 [Leadership and Management](#)

Leadership and Management concentration is a great option for students who would like to work in human resources or who plan to start their own business.

### 5 [Pre-Counselling](#)

Pre-Counselling concentration is designed to provide students courses typically required as pre-requisites for application to a graduate program in Counselling Psychology.

### 6 [Psychosocial Rehabilitation](#)

Psychosocial Rehabilitation (PSR) transcends disciplinary training and brings people from variety of training to learn an evidence-based set of models of practice, values, tools and techniques. This enables workers, regardless of their area of discipline, to support people with serious mental health and addiction to achieve full social inclusion. This is a credential and skill set sought after by employers as they seek to transform mental health systems and services for the better. Upon completion of this concentration, you will be eligible to write the Certified Psychiatric Rehabilitation Practitioners (CPRP) exam, which is recognized throughout Canada and the US.

PSR concentration requires special admissions. The courses run as a cohort and are only offered in specified semesters (Fall, Winter and Summer).

## **BACHELOR OF ARTS IN APPLIED PSYCHOLOGY-HONOURS**

The Bachelor of Arts in Applied Psychology - Honours degree will benefit students interested in pursuing graduate work in areas such as Psychology, Criminology, and Education by providing them with an opportunity to develop and carry out supervised, independent research. This program has the same basic structure as the Bachelor of Arts in Applied Psychology; however, it requires a higher CGPA (3.33) for admission, a minimum of 45 credits in 3000-4000 level psychology courses and students will complete one (3 credit) seminar course and two semesters of supervised research (3 credits each) culminating in a thesis paper.

Admission into the Honours program will typically occur in a students' third year of study. Applications must be submitted to both the registrar and the department by May 1 before you wish to begin your Honours year (starts in Fall semester).

### **Admission Requirements: BA in Applied Psychology – Honours:**

1. An Associate of Arts degree in Psychology (or equivalent).
2. A minimum cumulative GPA of 3.33.
3. Completion of [PSYC 3300](#) Applied Intermediate Research Methods and Data Analysis with a minimum grade of B+; *and*
4. A completed application form from the Psychology Department, including agreement from a Psychology faculty member to supervise the Honours thesis.

### **Graduation Requirements: BA in Applied Psychology – Honours:**

1. Completion of 120 credits total;
2. Completion of at least 45 credits in upper-level psychology including the Honours seminar and Honours thesis courses;
3. Cumulative GPA of 3.0; and
4. Cumulative GPA for [PSYC 4400](#) (Honours Thesis I) and [PSYC 4410](#) (Honours Thesis II) of 3.33.

### **Required (Mandatory) Courses:**

<a href="#">PSYC 3300</a>	Applied Intermediate Research Methods and Data Analysis	3 credits
<a href="#">PSYC 3309</a>	Critical Issues in Psychology	3 credits
<a href="#">PSYC 3330</a>	An Introduction to Social Psychology	3 credits
<a href="#">PSYC 3390</a>	Applications of Psychological Knowledge	3 credits
<a href="#">PSYC 4390</a>	Honours Seminar	3 credits
<a href="#">PSYC 4400</a>	Honours Thesis I	3 credits
<a href="#">PSYC 4410</a>	Honours Thesis II	3 credits

**Choice of One (1):**

<a href="#">PSYC 3320</a>	Child Behavior and Development	3 credits
<a href="#">PSYC 3321</a>	Adolescent Psychology	3 credits
<a href="#">PSYC 3322</a>	Developmental Psychology: Adulthood and Aging	3 credits

**Choice of two (2) Elective Courses:**

3000-4000	Psychology courses	6 credits
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**Choice of Five (5) Courses:**

1000-4000	University transfer courses from any discipline	15 credits
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<b>Choice of five (5) courses in an Applied Area of Concentration:</b>	15 credits
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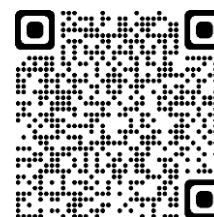
Note: The BA in Applied Psychology – Honours is best suited for students who are interested in applying for graduate school, or who would like more intensive research experience.

See [BA in Applied Psychology Honours Checklist](#)

**For more information contact the BA Psychology Coordinator,**

Dr. Laura Dane [danel@douglascollege.ca](mailto:danel@douglascollege.ca)

**BOOK an online advising appointment:**





## **GRADUATE DIPLOMA IN PSYCHOSOCIAL REHABILITATION**

The Graduate Diploma in Psychosocial Rehabilitation is a one-year, part-time program that will prepare you for the challenging and rewarding field of recovery-based mental health services. This is the only program of its kind in Western Canada. If you are currently employed in this area or a related field, you can complete this diploma while you work. This program is now offered completely online to make it accessible from all regions of Canada. Upon completion of this graduate diploma, you will be eligible to write the Certified Psychiatric Rehabilitation Practitioners (CPRP) exam, which is recognized throughout Canada and the US.

### **Admission Requirements:**

- 1) Bachelor's degree from an accredited post-secondary institution in Canada, or any English speaking country.
- 2) Douglas College English language proficiency requirement of English 12 with a grade of "C" or acceptable substitution.
- 3) Proof of completion of the following undergraduate course - Psychological Disorders and Treatment (Douglas College [PSYC 2341](#))\*.

\* This qualifying course is necessary to assure that bachelor's level entrants to the PSR program have a basic understanding of mental illness and treatments.

**The PSR Graduate Diploma consists of five three-credit courses (15 credits).**

### **Required (Mandatory) Courses:**

<a href="#">PSYC 5001</a>	Mental Health Services and Systems: History and Trends	3 credits
<a href="#">PSYC 5002</a>	Psychosocial Rehabilitation and Recovery	3 credits
<a href="#">PSYC 5003</a>	Psychosocial Rehabilitation Practitioner Competencies	3 credits
<a href="#">PSYC 5004</a>	Psychosocial Rehabilitation: Best and Promising Practices	3 credits
<a href="#">PSYC 5005</a>	Seminar and Practicum in Psychosocial Rehabilitation	3 credits

**If you have questions about the Graduate Diploma in PSR please contact:**

**Dr. Regina Casey, Coordinator Psychosocial Rehabilitation** [caseyr@douglascollege.ca](mailto:caseyr@douglascollege.ca)

## Careers in Psychology Related Fields

*One of the best strategies for educational planning is to search for job postings in areas of interest and find out what level of education or degrees are required. If a graduate degree is required, check out the requirements for graduate programs to see which undergraduate courses you might need to take.*

### Entry-Level Jobs for Diploma Grads:

Administrative Officer / Assistant  
Behaviour Support Worker / Interventionist  
Camp Counsellor  
Caregiver  
Community Activities / Services Coordinator  
Community Liaison Worker  
Correctional Officer  
Education Assistant  
Event Planner / Coordinator  
Family and Community Support Worker  
Group Mentoring Coordinator  
Immigration Case Manager  
Job Developer  
Laboratory / Research Assistant  
Learning Inclusion Support Worker  
Marketing Assistant  
Mental Health and Addictions Support Worker  
Outreach Worker (Housing, Indigenous)  
Peer Support Worker  
Peer Tutor  
Program Assistant  
Settlement and Integration Services Officer  
Youth Worker / Navigator  
Volunteer Coordinator

### Entry-Level Jobs for BA Grads:

Academic / Accessibility Advisor  
Addictions Counsellor  
Advertising Copywriter  
Career Coach / Facilitator  
Case Manager  
Child Protection Worker  
Cognitive Remediation Facilitator  
Community Liaison / Engagement Officer  
Counsellor  
Conflict Mediator  
Data / Research Analyst / Strategist  
Diversity and Inclusion Lead  
Employment Counsellor  
Enrollment Advisor (College, University)  
Family Enhancement Counsellor Fundraiser / Development Officer  
Gender Equality and Social Inclusion Advisor  
Guardianship Social Worker  
Hospice Coordinator  
Housing Manager  
Housing Access and Assessment Coordinator  
Human Resources Advisor  
Immigration / Border Officer

### Entry-Level Jobs for BA Grads cont.:

Laboratory Assistant  
Laboratory / Research Manager  
Learning and Development Specialist  
Market Researcher  
Mental Health Evaluation Coordinator  
Mental Health and Substance Use Intake Screener  
Military Personnel  
Neurological Scale Administrator  
Out of Care Worker, BC Public Service  
Outreach Case Manager / Counsellor  
Probation / Parole Officer  
Project Coordinator  
Program Coordinator / Evaluator  
Psychiatric Rehabilitation Worker  
Psychologist Assistant  
Psychology Lab Technician  
Psychometrist Psychological Testing Asst.  
Public Relations Specialist  
Remediation Facilitator  
Research Assistant  
Research Grants / Projects Coordinator  
Restorative Action Teacher  
Settlement Wellness Case Manager  
Social Program Officer  
Student Engagement Coordinator  
Student Success Advisor  
Supportive Child Development Consultant  
Technical Writer  
Vocational Rehabilitation Counsellor  
Youth Worker (Development, Engagement, Family Support, Prevention, Protection, Shelter)

### Careers with Additional Credentials:

Behaviour Analyst / Consultant  
Clinical Supervisor  
Human Resources Advisor / Manager  
Lawyer  
Mental Health and Wellness Consultant  
Nurse (Psychiatric, Registered)  
Physician (Psychiatrist, etc.)  
Post-Secondary Instructor  
Psychometrist  
Psychotherapist  
Recreation Therapist  
Registered Psychologist  
Social Behaviour Scientist  
Social Worker  
Speech and Language Pathologist  
Teacher

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