# **DOUGLAS**COLLEGE

#### FALL YOUTH PROGRAMS

Sundays, September 29<sup>th</sup> —December 8<sup>th</sup>

**NEW WESTMINSTER CAMPUS** 

No classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>

#### BADMINTON

Ages 8-15

Kids will learn a variety of Badminton drills, skills, and fun games for all skill levels and for singles and doubles play. Whether you want to improve the techniques and strategies of the game, or just want to get more practice, this is the perfect program.

9:00am-11:00am CRN: 31262 COST: \$110 (before September 12<sup>th</sup> \$90) \*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

# PROGRAMMING w/ PYTHON Ages 10-15

Python is a powerful, expressive programming language that's easy to learn and fun to use. Start by getting set up in the environment and going through the basics and finish by tackling even more Python programming.

10:00am-11:45am CRN: 31261 COST: \$120 (before September 12<sup>th</sup> \$100)

\*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

#### **VOLLEYBALL**

Ages 10-16

This volleyball camp is designed to introduce and/or refine the fundamentals of volleyball. In addition to team play, skills focused on include: passing, setting, hitting, blocking, serving and digging.

11:15am-1:15pm CRN: 31263 COST: \$110 (before September 12<sup>th</sup> \$90) \*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

#### **INDOOR TENNIS**

Ages 9-15

This weekly program is suitable for beginners & intermediate players. Participants will learn the fundamentals that allow them to serve rally, play at the net, and score. Portable indoor nets and indoor foam balls will be used.

11:15am-1:15pm CRN: 31264 COST: \$110 (before September 12<sup>th</sup> \$90) \*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

#### BUILDING ANDROID APPS Ages 10-15

Learn how to build and create basic apps from scratch. Students will require minimal coding knowledge, but will also learn the necessary Java language to use Android Studio. This program will give exposure to students regarding coding and building apps.

12:00pm-1:45pm CRN: 31265

COST: \$120 (before September 12<sup>th</sup> \$100)

\*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

#### **TABLE TENNIS**

Ages 8-15

This 2-hour camp will combine fun games and skills to improve your game. No previous experience necessary. Equipment is provided.

2:00pm-4:00pm CRN: 31266

COST: \$110 (before September 12<sup>th</sup> \$90)

\*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

#### **BASKETBALL**

**Ages 9-15** 

This program teaches all phases of the game from passing, dribbling and shooting, to defense, rebounding and 1 on 1 moves. Take your game to the next level and get ready for the upcoming season. Players will be divided by age and skill level.

1:30pm-3:30pm CRN: 31267

COST: \$110 (before September 12<sup>th</sup> \$90)

\*no classes Oct 13<sup>th</sup> & Nov 10<sup>h</sup>\*

# COMPUTER GAME DESIGN Ages 10-15

This exciting camp will let children who enjoy playing online games, discover how to make their own basic game using various design software and programs. Campers will get a chance to brainstorm, create, and ultimately learn how to build a fun and interactive game for them and other campers to try.

2:00pm-3:45pm CRN: 31268

COST: \$120 (before September 12<sup>th</sup> \$100)

\*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

# DANCE: Hip Hop & Jazz

Ages 5-11

Stay active & meet new friends while learning the basics of hip hop and jazz. Students will be led through warm-up and stretch, basic hip hop movements and choreography, as well as dance games in a fun and safe environment.

12:00pm-2:00pm CRN: 31269

COST: \$120 (before September 12th \$100)

\*no classes Oct 13th & Nov 10th\*

## **INDOOR SOCCER**

Stay warm & dry this fall with this indoor soccer program. It provides developmental training, focusing on individually improving their skill, endurance, agility and teamwork.

Ages 5-9 4:00pm-5:00pm CRN: 31277

COST: \$99 (before September 12th \$79

Ages 9-15 4:30pm-6:00pm CRN: 31271

COST: \$110 (before September 12<sup>th</sup> \$90)

\*no classes Oct 13<sup>th</sup> & Nov 10<sup>th</sup>\*

#### **REGISTRATION FORM**

# **DOUGLAS** COLLEGE

# **SPORTS INSTITUTE**

# FALL 2019 YOUTH PROGRAMS (NEW WESTMINSTER)

City:	Unit #: Province: Postal C	Code:
Home phone:		Code:
	Cell:	
Email:		
	Male	☐ Female
DOB: DD / M	M / YYYY	
☐ Register	ed in past Douglas Camps : Student ID	
New Westminster  Sundays September 29 <sup>th</sup> thru December 8 <sup>th</sup> MO CLASSES Oct 13 <sup>th</sup> & Nov 10 <sup>th</sup> I Co	dminton	ore Sept 12th just \$100) - 31267 ore Sept 12th just \$90) - 31263 ore Sept 12th just \$90) - 31264 fore Sept 12th just \$100) - 31266 ore Sept 12th just \$90) - 31267 ore Sept 12th just \$100) - 31266 ore Sept 12th just \$100) - 31266 ore Sept 12th just \$100) - 31266 ore Sept 12th just \$100) - 31266
Method of Payment: plea	se tick one box	
<ul><li>□ Cheque enclosed,</li><li>□ VISA</li></ul>	payable to <b>Douglas College</b>	
Card #:	Expiry Date & CVV# (3 digits on back):	
Name on Card:	Signature:	

David Munro, Sports Institute CCLA, Douglas College PO Box 2503 New Westminster, BC V3L 5B2 Fax to: 604-527-5696
Tel: 604-527-5472

Walk-in: Room 2700 Douglas College 700 Royal Ave New Westminster