



Bachelor of Arts in Applied Psychology - Honours Checklist

Department of Psychology, Faculty of Humanities and Social Sciences

Name: _____ Student ID: _____

General Information

Applications to the [Honours program](#) are only accepted from students currently enrolled in the [BA Applied Psychology program](#). This program is designed for completion in the last year of a student's degree. Students should typically apply for the BA Applied Psychology program once they have completed about 60 credits, then apply for the Honours program going into their last year. Students must submit two applications for the Honours program ([College admissions](#) and [PSYC Department*](#)). Department Application due April 1 then if selected College application by April 30 their Honours year. Use this checklist as a guide to help plan and track progress on your degree. For further information, please visit the Douglas College [Programs page](#) and Blackboard [Psychology Communication Centre*](#), and contact the [Coordinator](#).

**This link only works once you are logged into Blackboard.*

Upper-Level Requirements

To be **admitted** to this program, students must have a program GPA of 3.33 or higher and must complete:

- ☐ A Psychology Department [Honours Application](#)
- ☐ An Application to the BA Applied Psychology Honours degree through [College admissions](#)

To **graduate** with this degree, students must complete the following:

- ☐ PSYC 3309 or PSYC 3308 ☐ PSYC 3330 ☐ PSYC 3390* ☐ PSYC 3300**

Plus **one** of:

- PSYC 3320
- PSYC 3321 ☐ _____
- PSYC 3322

Fifteen Credits within one of the applied areas of Concentration or Crim Minor (if these are not all Psychology courses [DABA, Forensic, L&M], then other upper-level Psychology courses must be taken as part of the last row to fulfill the total of 45 credits Upper-Level PSYC requirement):

- ☐ _____ ☐ _____ ☐ _____ ☐ _____ ☐ _____

Fifteen Credits Upper-Level Psychology Courses:

- ☐ PSYC 4390* (Fall) ☐ PSYC 4400*** (Fall) ☐ PSYC 4410*** (Winter) ☐ PSYC 3301 ☐ _____

Fifteen Upper- OR Lower-Level University Transferrable (UT)* Credits:

- ☐ _____ ☐ _____ ☐ _____ ☐ _____ ☐ _____

* Course restricted to students accepted into BA Applied Psychology / Honours program

** Minimum grade of B; must be completed before registering in PSYC 4410 (Winter)

*** minimum grade of B+; Course restricted BA Applied Psychology Honours program students

* University Transferrable (UT) credits are those that qualify for transfer to one of the Research Universities (SFU, UBCV, UBCO, UNBC, or UVIC).

Additional Graduation Requirements

To **graduate** with this degree, students must also meet the following:

- ☐ **Have a program GPA of 3.33 or higher**
- ☐ **Have at least 60 Arts credits and 45 credits of Upper-Level Psychology coursework**
- ☐ **Completed at least 48 total credits (including 30 Upper-Level Psychology credits) at Douglas College**
- ☐ **3 credits Humanities** ☐ **6 credits English** ☐ **3 credits non-Psyc Social Science**

NOTE: Many courses offered at Douglas College have prerequisites – these must be met prior to registering in them. To see whether a course you are interested in has any pre-requisites, consult the Douglas College Program and Course Catalogue.

This document is accurate as of April 2025. You are ultimately responsible for ensuring that any courses chosen will fulfill the requirements for your degree; therefore, carefully review the Douglas College Program and Course Catalogue and discuss your intended courses with the BA Psychology Coordinator.

<u>Pre-Counselling (15 credits)</u> Required: - Theories of Counselling and Psychotherapy (PSYC 3375) - Psychological Assessment (PSYC 4360) - Counselling Skills Fundamentals (PSYC 4370) Two (2) electives from the following list: - Adolescent Psychology (PSYC 3321) - Adulthood and Aging (PSYC 3322) - Cultural Competency and Counselling with Canada's Indigenous Peoples (PSYC 3333) - Drugs and Behavior (PSYC 3341) - Developmental Psychopathology (PSYC 3342) - Psychology of Learning (PSYC 3365) - The Psychology of Memory (PSYC 3370) - Group Counselling: Theory and Practice (PSYC 4371) - Vocational Assessment and Counselling (PSYC 4373) - Clinical Psychology (PSYC 4375)	<u>Leadership and Management (15 credits)</u> A Leadership and Management Concentration requires a minimum of 15 UT credits from Commerce and Business Administration or Social Sciences, with a minimum of 6 credits at the upper-level (3000-4000) in Commerce and Business Administration.. Please see the Commerce & Business Faculty advisor or the BA Applied Psychology Coordinator for advice on particular groups of courses and how they can be tailored to your interests. Strongly Recommended lower-level courses (will fulfill many 3000-4000 level course pre-requisites): - Management Essentials (BUSN 1210) - Introductory Marketing (MARK 1120)
<u>Psychosocial Rehabilitation (15 credits) – Partially ONLINE</u> You must indicate your interest in this Concentration by filling out the Departmental form (online) by April 30 before the start of the Fall semester. (Fall start). Prerequisite: - Abnormal Psychology (PSYC 2341) Strongly Recommended: - Drugs and Behavior (PSYC 3341) Required: - Mental Health Services and Systems: History and Trends (PSYC 5001) (Fall) - Psychosocial Rehabilitation Practitioner Competencies (PSYC 5003) (Fall) - Psychosocial Rehabilitation and Recovery (PSYC 5002) (Winter) - Psychosocial Rehabilitation: Best and Promising Practices (PSYC 5004) (Winter) - Seminar and Practicum in Psychosocial Rehabilitation (PSYC 5005) (Summer)	<u>Disability and Applied Behavior Analysis (18 credits) – Partially ONLINE</u> You must indicate your interest in this Concentration by filling out the Departmental form (online) by April 30 before the start of the Fall semester. (Fall start). Required: - Functional Behaviour Assessment and Clinical Applications (DACS 4114) (Fall) - Foundational Principles and Empirical Basis of Behaviour Analysis (DACS 4122) (Fall) - Disability in Context (DACS 4111) (Fall) or - Autism Spectrum Disorder Across the Lifespan (DACS 3430) (Winter) - Applied Behaviour Analysis: Research And Applications (DACS 4123) (Winter) - Ethics in Applied Behaviour Analysis (DACS 4115) (Summer) - Advanced Topics in Applied Behaviour Analysis: Intervention (DACS 4116) (Summer) NOTE: Scheduling of specific courses in particular semesters may vary.
<u>Forensic Psychology (15 credits- 12 credits from Crim with a min 6 UL credits)</u> It is recommended to take and 1000-2000 level CRIM pre-requisites in your first 2 years. If not, two of them can be taken as part of your concentration. If lower-level credits are taken as part of your concentration then additional upper-level credits must be taken within the 15 LL or UL University Transferable section. Required: - Psychology and Law (PSYC 3314) Electives: - Any four (4) UT courses from Criminology, with at least 6 credits at the 3000-4000 level.	<u>Applied Theory and Research (15 credits)</u> At least 1 course from 4 of the following 5 categories. Plus one additional course: - Personality/Social/Forensic/Health Psychology (PSYC 3304, 3314, 3331, 3340, 3361, 3906) - Developmental/Gender Psychology (PSYC 3120, 3320, 3321, 3322, 3342, 3905) - Cognition/Biological Psychology (PSYC 3305, 3315, 3341, 3365, 3370, 3385, 3902, 3904) - Clinical/Counselling Psychology (PSYC 3333, 3375, 3903, 4370, 4371, 4373, 4375) - Quantitative/Analytical/Critical (PSYC 3301, 3901, 3339, 4360)