Therapeutic Recreation

Therapeutic recreation typically focuses on using planned and purposeful leisure activities as interventions to assist people with disabilities and illnesses to break down barriers which impede their leisure lifestyle. Focus on:

- Improvement in functional skills
- Education on the importance and role of leisure
- Opportunities for practice, application and expression of leisure interests

What does a TR Practitioner do?

Assess, plan, implement, and evaluate clients, programs and services. Clients include children, adolescents, adults, and older adults who experience a barrier to a healthy leisure lifestyle.

TR practitioners work with individuals and groups in community, residential, agency or institutional settings

Douglas College TR Programs

At Douglas College, we offer two TR credentials:

- **Bachelor in Therapeutic Recreation**—four years full-time (121 credits)
- **Diploma in Therapeutic Recreation**—two years full-time (61 credits)

**Entry pathways**

- Full time and Part time
- 3rd Year entry into BTR with a related credential

- Academic eligibility for the National Council for Therapeutic Recreation Certification (NCTRC) professional designation.
Admission Requirements

- Douglas College general admission requirements
- English 12 with a “C” or higher (or an approved substitution)
- 45 hours of volunteer or paid experience in a TR setting
- Letter of intent
- Resume and Eligibility form
- Medical Suitability Self-Declaration
- A criminal record check (only once a seat offer is made)

Attend an INFORMATION SESSION to learn more
To register go to:
www.douglascollege.ca/info

Douglas College
had a 100% pass rate at the last certification exam update -
January 2017
The international average—84%

Please contact us at:
604-777-6318
or
TR@douglascollege.ca