



DOUGLAS COLLEGE

BA APPLIED PSYCHOLOGY

SERVICE LEARNING STUDENT: ANDREW SANGALANG

Andrew Sangalang, Pre-Counselling student completed their Service-Learning placement at Place Maillardville Society in the After-School Program and the YMCA Childcare Resource and Referral Centre - Early Years Program.

Responsibilities included supervising and engaging with youth in activities and games (Video Games, Foosball, Ping Pong, Chess, and board games) and setting up and facilitating morning play time with toddlers. This opportunity of working with multiple age groups helped Andrew adapt and adjust to the diverse environments.

From these experiences, Andrew reflected on the importance of connection and fostering a positive environment for children. A highlight for Andrew was receiving feedback from one of the participants: "I have never had so much fun playing Super Smash Brothers with Andrew."

As a result, Andrew's career aspirations were solidified to pursue a career in this field as a "Geek Therapist" that utilizes elements of popular culture (comic books, movies, toys, and video games) in therapy to increase social connections and improve mental or physical health within clients.